

Hospice Foundation of America's Program

THE ETHICS OF SELF-DISCLOSURE

Online CE Course

DESCRIPTION

Professional boundaries involving self-disclosure may blur when providing hospice and bereavement care, causing clinicians to struggle with whether to share their own experiences with patients, clients, and families. Using case examples, Dr. Clemons and Dr. Hoy will examine how the challenges of clinician self-disclosure can be properly navigated in everyday practice by using an ethical decision-making model and trauma-informed care principles.

PROGRAM DETAILS

The online presentation features an experienced professional offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to see and hear the expert presenters.

RELEASE DATE:	Program originally premiered March 10, 2026
ON DEMAND:	Viewing available to registered individuals for 6 months after purchase.
LENGTH:	90 minutes
CE HOURS:	1.5 hours
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE COURSE WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 – Complete the online exam and evaluation

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION AND COURSE MATERIALS

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

Course materials include the online program video, slides, and viewer guide. All course materials are accessible online immediately after registering.

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Understand the use of an ethical decision-making model and its applications in the context of clinician self-disclosure in end-of-life and bereavement care
2. Identify core principles of trauma-informed care in end-of-life and bereavement counseling, especially as it relates to clinician self-disclosure

PROGRAM OUTLINE

- Introduction of speakers, disclosures, learning objectives 5 min
- Defining self-disclosure and problems of self-disclosure 15 min
 - Voluntary vs involuntary
- Case Example 10 min
- Five P Model 10 min
- Case Example 10 min
- Trauma Informed Care 10 min
- Case Example 10 min
- Applications and Summary 5 min
- Questions and Answer Session 15 min

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT SPEAKERS

Mary Katherine Clemons, PsyD

Mary Katherine Clemons is a clinical psychologist at Baylor Scott & White Health in Temple, Texas. With a specialty in health psychology, she operates in three departments (Psychiatry & Behavioral Sciences, Supportive & Palliative Care, and Obstetrics and Gynecology). She also serves as the Associate Program Director for the Postdoctoral Fellowship in Health Service Psychology.

William G. Hoy, DMin, FT

For the last 40 years, William Hoy has been walking alongside the dying, the bereaved, and the professionals who care for them. Following more than 17 years directing the bereavement program for a southern California community hospice program, Hoy became clinical professor of medical humanities at Baylor University where he served from 2012 to 2024. In his semi-retirement, he dedicates his time to clinical education for colleagues in health care. He is the author of more than 250 journal articles and book chapters as well as seven books including his most recent, *Creating Meaning in Funerals: How Families and Communities Make Sense of Death*.

REVIEWER

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

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CE Certificates for this program may only be obtained through HFA.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES, please contact:

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