

ANTICIPATORY GRIEF: HELPING PATIENTS AND FAMILIES UNDERSTAND AND COPE



DESCRIPTION:

Learn more about what anticipatory grief is and isn't, and the research that has led to this important concept. Presenters Dr. Kenneth J. Doka and Dr. Laura Bradbury will discuss how anticipatory grief is often seen in "real-life" scenarios with patients, families, and end-of-life care professionals and share effective clinical interventions to support this specific type of grief.

PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts' questions that they will discuss and answer during the program's Q & A session.

LIVE DATE:	January 13, 2026
TIME:	Noon to 1:30pm ET
ON DEMAND:	Available for 6 months; until July 13, 2026
LENGTH:	90 minutes
CEs:	1.5 hours
CONTENT LEVEL:	The program is mainly for professionals already working in the field but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home, or faith community environments

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS

To view the program, you will need a computer and screen, reliable internet access, and speakers.

TEST LINK for live program Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us/> and click "support"

PROGRAM FEES/REGISTRATION:

Registration includes continuing education and on-demand viewing for 6 months from live date. Register directly online, on HFA's website: <https://www.hospicefoundation.org>

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Registration Options

- Individual: Live and on-demand viewing for one person.
- Organization/company: Unlimited viewing for employees within a single location.
- Organization + community license: Unlimited viewing for employees and community members at up to 3 locations.

ADVANCE PURCHASE

- Individual Viewer — Member: FREE | Non-member: \$29.95
- Organizational Viewing — Member: FREE for up to 25 staff
- Organizational Viewing — Non-member: 1-12 staff – \$79.95 | 13-25 staff – \$135
- Organization + Community Access License: \$390

SAME DAY and ON-DEMAND PURCHASE

- Individual Viewer — Member: FREE | Non-member: \$39.95
 - Organizational Viewing — Member: FREE for up to 25 staff
 - Organizational Viewing — Non-member: 1-12 staff – \$89.95 | 13-25 staff – \$160.00
 - Organization + Community Access License: \$400
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LEARNING OBJECTIVES:

TBA

PROGRAM OUTLINE:

TBA

CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 continuing education contact hours. CE hours are available for 6 months, until July 13, 2026.

A complete list of board approvals for this program is posted to HFA's website at www.hospicefoundation.org on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online which includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT PANELISTS:

Kenneth J. Doka, PhD, MDiv

Kenneth Doka is Senior Vice President of Grief Programs at Hospice Foundation of America (HFA) and the recipient of the 2019 Lifetime Achievement Award from the Association of Death Education and Counseling (ADEC). He is professor emeritus, the Graduate School of The College of New Rochelle. A prolific author and editor, Doka serves as editor of HFA's *Living with Grief*[®] book series, its *Journeys* newsletter, and numerous other books and publications. He has been a panelist on HFA's *Living with Grief*[®] program for 30 years. Doka is a past president of ADEC, a former board member of the International Work Group on Death, Dying and Bereavement, and an Advisory Board member to the Tragedy Assistance Program for Survivors (TAPS). He is the recipient of The International Work Group on Death, Dying, and Bereavement's prestigious Herman Feifel Award and ADEC's Award for Outstanding Contributions in the Field of Death Education. In 2006, he was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. Doka is an ordained Lutheran minister.

Laura Bradbury, PhD, LCSW, is a grief counselor and assistant professor in the College of Nursing at the University of Utah. She is the director of Caring Connections: A Hope and Comfort in Grief Program at the University of Utah. She researches issues related to end of life care and grief and loss, suicide grief care, and suicide prevention. Laura is passionate about improving outcomes for bereaved persons and increasing grief literacy among helping professionals.

REVIEWER:

Angela Novas, MSN, RN, CRNP, ACHPN, *Senior Medical Officer*, Hospice Foundation of America

BIBLIOGRAPHY/REFERENCES:

TBA

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity. None of the planners or presenters for this educational activity have relevant financial relationships to disclose with ineligible companies.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

1707 L Street NW, Suite 220, Washington, DC 20036

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