

Hospice Foundation of America's Program

DISENFRANCHISED GRIEF: HISTORY AND CONTEMPORARY APPLICATIONS

Self-Study ONLINE Course

DESCRIPTION

Dr. Kenneth J. Doka published his seminal book, *Disenfranchised Grief: Recognizing Hidden Sorrow*, 35 years ago. Grief experts are now using Dr. Doka's concept to describe and support the grief experiences of often overlooked populations. Join Dr. Doka as he discusses what led him to identify disenfranchised grief, along with psychotherapist Doneley Meris and Dr. Tangela Sawyerr, who apply Dr. Doka's work to loss in the LGBTQ+ community and adult sibling loss.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features an experienced professional offering his own expertise on the topic. On the screen, you will see the slide presentation and will be able to see and hear the expert presenter.

RELEASE DATE: Program originally premiered September 10, 2024

ON DEMAND: Viewing available to registered individuals for 6 months after purchase.

LENGTH: 90 minutes

CE HOURS: 1.5 hours

CONTENT LEVEL: The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.

TARGET AUDIENCE: The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at www.hospicefoundation.org for current pricing.

MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Define *disenfranchised grief* and describe interventive strategies that are effective with disenfranchised grievers;
2. Summarize the diverse LGBTI-identities and their death-grief, non-death traumas and life-transition/survival requirement needs and give examples of humane clinical frameworks on how to meet the grief, healing and societal re-integration of LGBTI-individuals after loss(es) and traumas; and
3. Explain the importance and impact of sibling loss in adulthood and demonstrate strategies that professionals can utilize to promote equitable service provision to bereaved siblings.

PROGRAM OUTLINE

Disenfranchised Grief: An Overview (37 minutes)

- A. Disenfranchised Grief – Definition (2 min)
- B. Circumstances that Lead to Disenfranchised Grief (5 min)
- C. Complicating Factors (6 minutes)
- D. Disenfranchised Grief Is Likely to Result in Complicated Grief Reactions (5 min)
- E. Interventive Strategies for Disenfranchised Grief (7 min)
- F. Assessing Empathic Failure (4 min)
- G. Countering Empathic Ritual (3 min)
- H. Discuss the heuristic value of disenfranchised grief (5 min)

Disenfranchised Grief in the LGBTI Communities (25 minutes)

- A. Social and Cultural Aspects of Disenfranchised Grief (DG) within the LGBTI- Communities - (2 min)
- B. SUBGROUPS within the LGBTI-Communities and their Death and Non-Death Traumas and Experienced – (8 min)
- C. Barriers to Grief Care within the LGBTI-Communities – (3 min)
- D. LGBTI-Specific Clinical and Humane Interventions – (9 min)
- E. Doneley's Recipe for LGBTI-Care – (3 min)

Sibling Loss in Adulthood: A Disenfranchised Loss (23 minutes)

- A. Purpose/Reason for Research/Data (4 min)
- B. Grief Equity (2 min)
- C. Impact of Sibling Loss (6 min)
- D. Disenfranchised Grief (7 min)
- E. Best Practices (4 min)

Q&A Session (5 minutes)

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE

process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT PANELISTS

Kenneth J. Doka, PhD, MDiv, is Senior Vice President, Grief Programs at Hospice Foundation of America (HFA) and the recipient of the 2019 Lifetime Achievement Award from the Association of Death Education and Counseling (ADEC). A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*[®] book series, its *Journeys* newsletter, and numerous other books and publications. He has been a panelist on HFA's *Living with Grief*[®] program for 30 years. Dr. Doka is a past president of ADEC, a former board member of the International Work Group on Death, Dying and Bereavement, and an Advisory Board member to the Tragedy Assistance Program for Survivors (TAPS). He is the recipient of The International Work Group on Death, Dying, and Bereavement's prestigious Herman Feifel Award and ADEC's Award for Outstanding Contributions in the Field of Death Education. In 2006, he was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. Dr. Doka is an ordained Lutheran minister.

Doneley Meris, MSW, FT, CT, a grief psychotherapist, bereavement counseling mentor and training consultant. Meris is the founder and executive director of HIV Arts Network. He was the director of bereavement services at the New York City LGBT Community Center and chair of both the HIV/AIDS and LGBT Committees at the Association for Death Education and Counseling (ADEC). Over the past four decades, he has trained and mentored graduate psychology and social work students as an adjunct faculty member at New York University and City University of New York's Hunter College.

Tangela C. Sawyerr, DSW, MA, MSW, LSW, is an Assistant Director of Student Affairs and Assistant Professor of Teaching at Rutgers, The State University of New Jersey. With more than two decades of experience in social work, she has practiced in the areas of addiction, homelessness, and child protective services. Dr. Sawyerr's scholarly interests examines the complexities of grief experienced by bereaved adult siblings. She is also committed to advocacy and social justice with underrepresented groups to advance grief equity in bereavement.

MODERATOR

Doneila McIntosh, MDiv, MA, is a 4th year doctoral candidate at the University of Minnesota in Family Social Science with an emphasis in Couple and Family Therapy (CFT). Doneila has a Master of Divinity in Theological Studies and a Master of Arts in Counseling Psychology. Currently, she is completing a doctoral internship at the African American Child Wellness Institute (AACWI) in Minneapolis. A systemic interventionist, Doneila primarily works with couples and families. She specializes in compassionate grief therapy helping clients navigate the intersections of trauma, grief, and loss. Doneila is the recipient of the 2024-25 McAdoo Dissertation Award from the National Council on Family Relations (NCFR). Doneila's research examines the intersections of disenfranchised grief among African American/Black families, particularly in the aftermath of violent death.

REVIEWER

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

PLEASE CONTACT Hospice Foundation of America (HFA)

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