

Hospice Foundation of America's Program

SUPPORTING TEENS AND YOUNG ADULTS GRIEVING A SUICIDE, HOMICIDE, OR OVERDOSE DEATH

Self-Study ONLINE Course

DESCRIPTION

The type of death can be an important factor that influences the way teens and young adults grieve. This presentation will discuss grief after death due to suicide, homicide, or overdose. We will explore some of the special circumstances and challenges teens and young adults experience, including the impact on family dynamics, societal stigma associated with these types of death, and related intense emotions. We will share ideas for providing support and ideas for how professionals and clinicians can support teens and young adults in coping with these difficult grief reactions.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

RELEASE DATE:	Program originally premiered March 8, 2022
ON DEMAND:	Viewing available to registered individuals for 6 months after purchase.
LENGTH:	90 minutes
CE HOURS:	1.5 hours
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION INFORMATION/FEES

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at www.hospicefoundation.org for current pricing.

MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Explain the special circumstances, challenges, and impact that deaths due to suicide, homicide, or overdose have on grieving teenagers and young adults.
2. Describe how family dynamics, and societal stigma impact the grief experience of teenagers and young adults grieving deaths due to suicide, homicide, or overdose.
3. Describe strategies for providing care and support to teenagers coping with these difficult situations.
4. Identify strategies for providing care and support to young adults coping with these difficult situations.

PROGRAM OUTLINE

I. How Type of Death Affects the Grief Experience of Teens and Young Adults (15 minutes)

- Suicide
- Homicide
- Overdoes

II. Special Circumstances and Challenges of Stigmatized Deaths (25 minutes)

- Experience of grief
- Grief reactions
- Complicating factors
- Stigma/shame/hindsight bias

III. Impact of Family Dynamics on the Grief Experience (15 minutes)

- Role that the family plays

IV. Strategies and Modes of Support (25 minutes)

- Best ways to help
- What to do and say

V. Question and Answer session (10 minutes)

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT SPEAKERS

Pamela Gabbay, EdD, MA, FT, has spent the last 25 years working with grieving families and nationwide bereavement organizations. Currently, she is the Director of Operations and Training for The Compassionate Friends. She is also a co-founder of The Satori Group and a national trainer for The American Foundation for Suicide Prevention (AFSP). Dr. Gabbay is the co-author of *Understanding and Supporting Bereaved Children, A Practical Guide for Professionals*. She also serves on the Advisory Board for the Tragedy Assistance Program for Survivors (TAPS). In her previous role as the Director of the Mourning Star Center for Grieving Children, Pamela worked extensively with local communities and with grieving adults, children, and their families. She also created and served as the Camp Director for Camp Erin - Palm Springs, a bereavement camp for children in Southern California. Previously, Dr. Gabbay was

an adjunct faculty member at Brandman University. She served two terms on the Board of Directors of the National Alliance for Children's Grief (NACG) and was the President of the Southern California Chapter of the Association for Death Education and Counseling. She is currently serving on the Credentialing Council of ADEC. Each year, Dr. Gabbay presents and conducts trainings at multiple national conferences, including the National Alliance for Children's Grief (NACG), The Compassionate Friends (TCF), the TAPS Institute for Hope and Healing, the Association for Death Education and Counseling (ADEC), and Hospice Foundation of America (HFA). She was awarded the Fellow in Thanatology (FT) by the Association for Death Education and Counseling. She earned her Master of Arts degree in Cognitive Psychology from Claremont Graduate University and her Doctorate in Organizational Leadership from Brandman University.

Andy McNeil, MA, LPC, has served in non-profit leadership in a variety of settings throughout his career. He is a co-founder and an executive partner with The Satori Group, LLC, a national education, management, and consulting company, providing education and consultation to non-profit organizations. He has served as the Chief Executive Officer for The National Alliance for Grieving Children, the Executive Director for The Amelia Center at Children's of Alabama, and the Director of Grief Counseling Services and Director of Development for Hospice of Martin and St. Lucie (now Treasure Health) in South Florida. In his current work with The Satori Group, Andy serves as Senior Advisor to Youth Programs for the Tragedy Assistance Program for Survivors (TAPS), Advisor to Programs for HealGrief and Actively Moving Forward, and Consultant and Advisor for The Compassionate Friends. He has strong experience in leadership, fundraising, business development, building key relationships, and providing education and consultation in non-profit management. He is the co-author of *Understanding and Supporting Bereaved Children: A Practical Guide for Professionals*. He has served as a consultant to non-profits across the United States, providing strategic planning, fundraising support, board management, and organizational development. Andy has many years of experience providing counseling and offering support groups to children, teenagers, and adults grieving the death of someone in their life. Andy lectures extensively on support group facilitation, grief and bereavement, non-profit management, and leadership. He is a trainer for the American Foundation for Suicide Prevention and the Boys and Girls Clubs of America. He is on the Board of Directors for the Association for Death Education and Counseling (ADEC) and is a member of the International Workgroup on Death, Dying, and Bereavement. Andy holds a Bachelor of Arts in Religion from Palm Beach Atlantic University and a Master of Arts in Counseling from The University of Alabama at Birmingham.

REVIEWER

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES PLEASE CONTACT

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