

Hospice Foundation of America's Program

TRAUMA-INFORMED HOSPICE CARE

Self-Study ONLINE Course

DESCRIPTION

This presentation will discuss what trauma-informed care means, how it started, and what it looks like in end-of-life care. Trauma sources, symptoms, principles, and treatments are unique within hospice care, and how they can be addressed using a trauma and end-of-life framework is multi-disciplinary and agency-wide.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features an experienced professional offering his own expertise on the topic. On the screen, you will see the slide presentation and will be able to see and hear the expert presenter.

- RELEASE DATE:** Program originally premiered June 13, 2023
- ON DEMAND:** Viewing available to registered individuals for 6 months after purchase.
- LENGTH:** 90 minutes
- CE HOURS:** 1.5 hours
- CONTENT LEVEL:** The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
- TARGET AUDIENCE:** The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at www.hospicefoundation.org for current pricing.

MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Identify key terms related to trauma-informed care in hospice and palliative care
2. Explain the prevalence and impact of trauma in the general population
3. Identify patients with underlying post-traumatic stress and ways to meet their needs
4. Identify improved patient outcomes when incorporating trauma-informed care in your organization

PROGRAM OUTLINE

- I. Intro-3 minutes
 - a. Introductions
 - b. Objectives
- II. What is trauma and trauma-informed care (TIC)-7 minutes
 - a. Definitions/statistics
 - b. TIC principles and key assumptions
 - c. TIC history
 - d. TIC impact
- III. Sources of trauma-15 minutes
 - a. Populations
 - b. Medical
 - c. Grief
 - d. Racial/intergenerational
- IV. Trauma in the brain and body-10 minutes
 - a. Symptoms
 - b. Triggers
- V. Interventions-10 minutes
 - a. Stepwise
 - b. Barriers to treatment
- VI. Hospice of the Western Reserve TIC-5 minutes
 - a. History
 - b. Practices
 - c. Education
- VII. Q&A-5 minutes
 - a. Questions
 - b. Closing
- VIII. Conclusion/Question and Answer Session (10 minutes)

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT SPEAKERS

Amber Ash, LISW-S, LMSW, is a pediatric hospice and palliative care social worker and co-chair of the Trauma Informed Care Committee at Hospice of the Western Reserve in Cleveland, Ohio. She also has experience providing end-of-life care to adults and has served as a clinical supervisor. Amber has served as a field educator for social work students at Case Western Reserve's Mandel School of Applied Social Sciences and Cleveland State University. Additionally, she was a field educator for the Department of Counseling,

School and Educational Psychology at The State University of New York at Buffalo, as well as the School of Nursing at The State University of New York at Buffalo. Amber earned her Bachelor of Science degree in social work from Niagara University and her Master of social work degree with a concentration in health, mental health and disabilities from The State University of New York at Buffalo.

Christina Axelrod, MT-BC, CT, has been a Music Therapist for Hospice of the Western Reserve for 12 years and stepped into the role of Internship Director in 2015. Christina graduated from State University of New Paltz in 2007 and is currently enrolled in the Clinical Mental Health program at Cleveland State for her counseling license. In 2021, Christina became co-chair of the Trauma-Informed Care Committee and has a focus on trauma at end-of-life in her current role and her studies.

REVIEWER

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

BIBLIOGRAPHY/REFERENCES:

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CE Certificates for this program may only be obtained through HFA.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES
PLEASE CONTACT**

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