

Hospice Foundation of America's Program

SPIRITUALITY AS A FOUNDATION FOR ADVANCE CARE PLANNING

Self-Study ONLINE Course

DESCRIPTION

Making medical decisions for oneself requires understanding the medical realities and treatment options available. But it also requires a safe space to think about one's true preferences and values. Unfortunately, most healthcare professionals are either uncomfortable or not equipped to address what may be the most important part of a person's value system, their spiritual life. In this webinar, Pastor Corey Kennard and Dr. Jessica Zitter discuss the importance of spirituality in advance care planning discussions.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

- RELEASE DATE:** Program originally premiered May 4, 2021
ON DEMAND: Viewing available to registered individuals for 6 months after purchase.
LENGTH: 90 minutes
CE HOURS: 1.5 hours
CONTENT LEVEL: The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE: The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at www.hospicefoundation.org for current pricing.

MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Define and Discuss Important Concepts in Advance Care Planning.
2. Examine Spiritual/Cultural Beliefs and Preferences that may Influence People of Faith in their Willingness to Participate in Advance Care Planning.
3. Describe Components of Advance Care Planning and the Spiritual/Cultural Benefits Provided.
4. Demonstrate How Passages of Scripture Support Advance Care Planning as a part of Spiritual Life as a Whole.

PROGRAM OUTLINE

1. What constitutes Advance Care Planning? (8 min)
2. What is an AD? (8 min)
3. What is Spirituality? (10 min)
4. Spiritual Concepts in Advance Care Planning (15 min)
5. Spiritual support (or lack thereof) for Advance Care Planning (15 min)
6. Spiritual/Cultural Beliefs and Preferences that Influence Advance Care Planning (12 min)
7. ACP Spiritual/Cultural Benefits (12 min)
8. Question and Answers (10 min)

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT SPEAKERS

Corey L. Kennard, MACM, is Pastor of Amplify Christian Church, manager of Patient Experience at Ascension St. John Hospital in Detroit, Michigan, and also serves as an activist in the field of healthcare. His holistic approach (body, mind, and spirit) serves as the foundation for his desire to see all human beings treated with dignity, honor, and respect in all facets of life. Corey has been involved in the field of healthcare for over 20 years with over a decade of experience in the areas of Palliative Care and Hospice. He currently seeks to enhance the patient/family experience in healthcare settings. His work has also included leading a spiritual care team at one of Detroit's largest hospitals, and formerly serving as a Faculty Lead for Duke University's Institute on Care at the End Of Life (ICEOL) national training program called, "APPEAL." He had also served as a National Advisory Board Member for the Hospice Foundation of America, and as a Co-Director of a Community Faith "Advance Care Planning" Project for the University of Virginia. Corey earned a Masters Degree from Ashland Theological Seminary and carries out his passion for people as a daring and devoted agent of change.

Jessica Zitter, MD, MPH, specializes in Critical Care and Palliative Care medicine, and practices at the public hospital in Oakland, California. She is the author of [*Extreme Measures: Finding a Better Path to the End of Life*](#). Her essays and articles have appeared in the *New York Times*, *The Atlantic*, the Huffington Post, the *Journal of the American Medical Association*, and other publications. Her work is featured in the Oscar and

Emmy-nominated short documentary, [Extremis](#), and her forthcoming film, [Caregiver: A Love Story](#). She is a nationally recognized speaker on the topic of dying in America.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, Mercy College

BIBLIOGRAPHY/REFERENCES:

Spiritual Care Association - www.spiritualcareassociation.org

de Vries K, Banister E, Dening KH, Ochieng B. Advance care planning for older people: The influence of ethnicity, religiosity, spirituality and health literacy. *Nursing Ethics*. 2019;26(7-8):1946-1954. doi:[10.1177/0969733019833130](https://doi.org/10.1177/0969733019833130)

Hong, M., Yi, EH., Johnson, K.J. *et al.* Facilitators and Barriers for Advance Care Planning Among Ethnic and Racial Minorities in the U.S.: A Systematic Review of the Current Literature. *J Immigrant Minority Health* **20**, 1277–1287 (2018). <https://doi.org/10.1007/s10903-017-0670-9>

Lutz K, Rowniak SR, Sandhu P. A Contemporary Paradigm: Integrating Spirituality in Advance Care Planning. *J Relig Health*. 2018 Apr;57(2):662-671. doi: 10.1007/s10943-017-0541-7. PMID: 29288287.

Doka, K.J. and Tucci, A.S. (2011). *Spirituality and End-of-Life Care*. Washington, DC: Hospice Foundation of America.

COPYRIGHT NOTICE

HFA's program is copyrighted. Its use and dissemination is restricted and unauthorized duplication is strictly prohibited. HFA strictly prohibits any other dissemination of this program by any method, including internal WAN or LAN computer networks or telemedicine networks.

CE Certificates for this program may only be obtained through HFA.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

PLEASE CONTACT

Hospice Foundation of America (HFA)

1707 L Street NW, Suite 220

Washington, DC 20036

educate@hospicefoundation.org

1-800-854-3402 toll-free / (202) 457-5811 phone / (202) 457-5815 fax

PRODUCED BY

Hospice Foundation of America

End-of-life Care Resources for Professionals and the Communities they Serve

www.hospicefoundation.org

