

## Hospice Foundation of America's Program

# PEDIATRIC HOSPICE AND PALLIATIVE CARE OVERVIEW, OPPORTUNITIES, AND CHALLENGES

### Self-Study ONLINE Course

## DESCRIPTION

The presentation provides an overview of pediatric palliative and hospice care, including the history and differences between the two levels of care. It explores the definition and practical application of concurrent care legislation and its impact on children and families, as well as exploring challenges and barriers that influence timing of pediatric concurrent referrals. In addition, this presentation provides recommendations for structural and staffing components to consider when forming a pediatric hospice program, and explore specialty considerations in caring pediatric patients, such as those related to medications and special family, ethical, legal, and grief issues.

## PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

- RELEASE DATE:** Program originally premiered November 12, 2020
- ON DEMAND:** Viewing available to registered individuals for 6 months after purchase.
- LENGTH:** 90 minutes
- CE HOURS:** 1.5 hours
- CONTENT LEVEL:** The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
- TARGET AUDIENCE:** The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

## HOW THE ONLINE SELF-STUDY PROGRAM WORKS

**Step 1** - Register/purchase the course

**Step 2** - View the course online through the link in your confirmation email or in your account.

**Step 3** - Follow the instructions provided to receive your CE certificate\*.

\*An evaluation and a short exam are a part of this process.

## TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

## REGISTRATION INFORMATION/FEES

Register directly online, on HFA's website: [www.hospicefoundation.org](http://www.hospicefoundation.org).

**There are no refunds on registration.** \*Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

## REGISTRATION POLICY

### INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org) for current pricing.

## **MATERIALS AREA**

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

## **LEARNING OBJECTIVES**

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Identify the key components of pediatric palliative and hospice care
2. Describe challenges and barriers influencing timing of pediatric referrals/start of care
3. Explain the benefits of complex care coordination across multiple healthcare systems for children with advanced illness
4. Give recommendations for Pediatric Hospice Program structure, including specialty skills/knowledge of IDG team members
5. Evaluate medication-related and other specialty considerations for pediatric patients
6. Consider special family, ethical, and legal grief issues related to care for children.

## **PROGRAM OUTLINE**

- I. Introduction to pediatric hospice and palliative care
  - A. History of care for children with serious illness in the US
  - B. Key components and differences between the two levels of care
  - C. Key differences from adult care end of life care
  - D. Concurrent care legislation
- II. Challenges and Barriers
  - A. Barriers to referrals to palliative and hospice care
  - B. Barriers to access to pediatric palliative and hospice care
  - C. Benefits of coordinated care for children with advanced illness
  - D. Capital Caring Kids care coordination process and tools
- III. Recommendations for Pediatric Hospice Programs
  - A. Capital Caring Kids IDG Structure
  - B. Pediatric IDG Team Knowledge and Skills
  - C. Medication and other specialty considerations in caring this population
- IV. Grief Considerations
  - A. Discuss children and teens' developmental understanding of serious illness and death
  - B. Examine ways in which the 8 issues of chronic illness are experienced by all members of the family
  - C. Practical/logistical issues providing grief support for children and the effect on pediatric team
- V. Question and Answer Session (5 minutes)

## **CONTINUING EDUCATION**

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org), located on the program's registration page.

## **COURSE COMPLETION REQUIREMENTS:**

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

## **EXPERT SPEAKERS**

### **David Steinhorn, MD, FAAP, Pediatric Hospice**

Dr. Steinhorn is a graduate of the University of Minnesota Medical School with residency in pediatrics and fellowship training in pediatric hepatology and critical care medicine. He completed post-doctoral training in

1997 in hospice and palliative medicine at Hospice Buffalo in New York and has been continuously board-certified in those specialties. Dr. Steinhorn has served on the faculty at University Hospital and Clinics in Minneapolis, SUNY-Buffalo, rising to full professor at Northwestern University, UC Davis Medical Center, and most recently George Washington University. After 35 years as a PICU attending and 25 years developing hospice and palliative programs in three major children's hospitals and serving as medical director at George Mark Children's House near Oakland. Dr. Steinhorn has additional training in energy medicine, yoga, meditation, and shamanism, studying with teachers from the Foundation for Shamanic Studies, the Four Winds Society, and Dr. Carl Greer. He was recognized in 2019 by the American Academy of Pediatrics as a pioneer in integrative medicine. Dr. Steinhorn currently serves as a pediatric palliative care consultant developing programs for Capital Caring Kids in the Washington region.

#### **Amy Calligan, RNCM, Pediatric Hospice**

Currently, Amy Calligan is a regional pediatric registered nurse case manager for Capital Caring Health. For almost 20 years, Amy has been a passionate advocate for her patients and sees her work with pediatric hospice patients as a way to enhance the quality of the child's life during what she feels are their most vital moments.

#### **Monica Delaney, ATR-BC, LPC, Hospice Child Life Specialist**

Monica Delaney, ATR-BC, LPC, is an art therapist and licensed professional counselor. She has worked in pediatric hospice and children's grief counseling since 2018. Prior to that, she has had experience with children and adults receiving organ transplants, in outpatient oncology/hematology, and in private practice, as well as with children and teens with emotional and behavioral disabilities. She is an adjunct faculty member of The George Washington University Art Therapy Program.

#### **Allison Kuchar, MBA, MHA, Manager, Capital Caring Kids Program**

Allison is the Manager of Capital Caring Kid's hospice and palliative care program, where she provides primary administrative, operational, and logistical support for all pediatric-directed programs, including those related to complex care coordination, access to care, business development, and provider/family education within the scope of concurrent hospice and palliative care for children. Allison is a graduate of the University of Maryland, University College (UMUC) where she completed master's degrees, in Business Administration (MBA) and Healthcare Administration (MSHCA). She earned a bachelor's degree in Behavioral and Community Health from the University of Maryland (UMD) and she is credentialed as a practicing Certified Health Education Specialist (CHES) and Certified End of Life Specialist (CEOLS) concentrating on community outreach, advocacy, and health education planning and promotion within the hospice, palliative care, end-of-life, and greater healthcare continuum fields.

#### **REVIEWER**

**Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, Mercy College**

#### **BIBLIOGRAPHY/REFERENCES:**

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[https://www.nhpco.org/wp-content/uploads/2019/04/Pediatric\\_Facts-Figures.pdf](https://www.nhpco.org/wp-content/uploads/2019/04/Pediatric_Facts-Figures.pdf)

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\*See all references located in Slide Presentation

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**CE Certificates for this program may only be obtained through HFA.**

## **SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)**

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

## **CONFLICT OF INTEREST**

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

## **FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES PLEASE CONTACT**

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