



Five Wishes® Presenter Foundations

DESCRIPTION:

This **Five Wishes® Presenter Foundations** course is designed to enhance your knowledge, ability, and confidence in providing Five Wishes advance care planning educational presentations to communities. This course provides an introduction and overview of the definition, benefits, and characteristics of good advance care planning, and explains the importance of community education. In addition, the course describes the Five Wishes approach, and outlines the most important information to cover in delivering a presentation about Five Wishes® in your community.

PROGRAM DETAILS

This educational program is an asynchronous, online learning course. The course consists of self-directed and learner-paced content with interactive features that may include text blocks, flip cards, buttons, process interactions, sorting cards, knowledge checks, and/or short videos.

- AVAILABLE DATES:** Beginning March 19, 2024
You will have continued access to view the course presentation for one year from your purchase date.
- LENGTH:** *approximately* 90 minutes
- CEs:** 1.5 hours for a variety of professional boards (see CE details below)
- TARGET AUDIENCE:** This course is appropriate for professionals and volunteers in any field or profession who want to deliver community education presentations about advance care planning using Five Wishes, including community outreach and education staff or professionals, attorneys, financial planners, faith community leaders or members, civic group leaders, speaker’s bureau members, social workers, community health workers, and others.

TECHNICAL REQUIREMENTS: Computer and screen, reliable internet access, and speakers.

This educational activity is being jointly provided by Hospice Foundation of America and Five Wishes.

REGISTRATION

Registration is \$70 per learner. Register directly online at <https://hospicefoundation.org/HFA-Products/Five-Wishes-Presenter-Foundations>, or contact Hospice Foundation of America at 202-457-5811 or email educate@hospicefoundation.org.

FIVE WISHES ADVANCE CARE PLANNING IN HEALTHCARE

This course is one of the resources offered through the Five Wishes Advance Care Planning in Healthcare program. These resources are designed for professionals who want to increase their effectiveness in the work of advance care planning facilitation and/or community education. Examples include separate conversation guides for clinicians and individuals/families, instructional videos, and community presentation

guides. Some resources are available at no cost, and others have small fees. For information about available resources, visit [FiveWishes.org/healthcare](https://www.fivewishes.org/healthcare).

**Use of additional Five Wishes resources is not required to receive Continuing Education (CE) hours.

COURSE COMPLETION REQUIREMENTS

Participants must complete the course in its entirety. Partial credit is not awarded. Participants must also complete the entire CE process online which includes a required evaluation form and exam.

CONTINUING EDUCATION (CEs)

This program is valid for 1.5 hours of continuing education for the following professional boards. *Continuing Education is available through March 19, 2026, unless otherwise noted.* To receive your CE certificate, first complete the entire program, then complete the online evaluation and exam.

PROFESSIONAL CE BOARD APPROVALS

- **National Association of Social Work Boards (NASW)**
This program is approved by the National Association of Social Workers for 1.5 Social Work continuing education contact hours. **Approval expires 2/28/2025***. Accepted/recognized in all states except NJ, NY, & WV.
**Program and online CE process must be completed prior to expiration for NASW CE hours to be awarded.*
- **Montana Nurses Association (an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation)**
This nursing continuing professional development activity was approved by Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.
**Most states recognize ANCC Accreditation (N08) but please verify with your individual state board*
- **Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling**
- **California Board of Registered Nursing**
- **Florida Board of Nursing**
- **Certificate of Attendance**

*Approval numbers will be provided on CE certificate

LEARNING OBJECTIVES

After this presentation, participants will be able to:

1. Define advance care planning and its main components
2. Summarize and discuss why advance care planning is important and relevant
3. Explain the importance of advance care planning outreach and education
4. Describe the history and unique qualities of the Five Wishes advance directive document
5. Demonstrate understanding of the key messages and information to cover in a Five Wishes advance care planning presentation, and deliver a presentation using an outline and talking points
6. Identify and execute important steps in planning, preparing, and delivering a community presentation
7. Implement various methods to improve and increase skill and confidence as a public speaker

PROGRAM OUTLINE

1. Introduction – 2 minutes
 - a. Course Introduction
 - b. Learning Objectives
 2. Understanding Advance Care Planning – 26 minutes
 - a. Defining Advance Care Planning
 - b. The Advance Care Planning Process
 - c. Benefits of Advance Care Planning
 - d. The Increasing Need for Advance Care Planning
 - e. Engagement in Advance Care Planning
 - f. How Community Education Can Help
 - g. A Call to Action
 3. Presenting Five Wishes Advance Care Planning – 30 minutes
 - a. Your Story
 - b. The Five Wishes Approach
 - c. The Five Wishes Presentation
 - d. FAQs For Presenters
 4. Planning your presentation – 30 minutes
 - a. Identify Your Audience
 - b. Identifying Partner Groups
 - c. Promoting Your Presentations
 - d. Hosting and Event Setup
 - e. Tips for Successful Presentations
 5. Summary and References – 2 minutes
 - a. Summary
 - b. References
 6. Quiz
 - a. Final exam
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COURSE AUTHOR

The content for this course was written by Kathleen Taylor, MA, LMHC

Kathleen Taylor has over 30 years of experience in the healthcare and nonprofit sectors. Her passion is centered in improving the healthcare experience for people who are sick and vulnerable, and helping healthcare professionals master skills in cultivating empathy and communicating compassionately. She operates a healthcare consulting practice focused on advance care planning, palliative care program strategy, and clinical training, and currently serves as the Healthcare Programs Director for Five Wishes, a program of the national nonprofit Aging with Dignity. Previously, she served for a decade as the Director of Community Engagement at the country's largest nonprofit hospice organization where she led their advance care planning education programs and developed their first training program on empathy and compassion in patient care. She also worked for several years as a hospice counselor serving patients and families coping with life-limiting illness, caregiving, and grief.

Kathleen is a Florida Licensed Mental Health Counselor and Qualified Clinical Supervisor. She earned a Bachelor's of Psychology degree at Stetson University, a Master's of Mental Health and Rehabilitation Counseling degree at the University of South Florida, and a Graduate Certificate in Nonprofit Management & Innovation at the University of Tampa's John Sykes College of Business. She is certified to administer, interpret, and provide coaching services on the EQ-I 2.0® Emotional Intelligence Inventory, and has completed training in Basic Professional Hypnosis.

REVIEWER

Angela Novas, MSN, RN, CRNP, Senior Medical Officer, Hospice Foundation of America

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CE Certificates for this program may only be obtained through Hospice Foundation of America.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, contact Hospice Foundation of America via email at educate@hospicefoundation.org or call 202-457-5811.

CONFLICT OF INTEREST

This educational activity is being jointly provided by Hospice Foundation of America and Five Wishes. Program Planners and Review Committee Members disclose no conflict of interest relative to this educational activity. None of the planners or presenters for this educational activity have relevant financial relationships to disclose with ineligible companies.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

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