

Hospice Foundation of America's Program

THE TASKS OF MOURNING AFTER 35 YEARS WHY THEY ARE STILL CLINICALLY RELEVANT

Self-Study ONLINE Course

DESCRIPTION

Dr. William Worden's *Four Tasks of Mourning* model was a significant addition to the field of grief and bereavement. Join Dr. Worden, a pioneering researcher and clinician, in conversation with Dr. Kenneth Doka to discuss how this model has evolved over time and how professionals can utilize the model in a wide range of bereavement situations.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

RELEASE DATE:	Program originally premiered November 19, 2019
ON DEMAND:	Viewing available to registered individuals for 6 months after purchase.
LENGTH:	90 minutes
CE HOURS:	1.5 hours
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at www.hospicefoundation.org for current pricing.

MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Understand the origin of the Task Model and its evolution over 35 years
2. Compare the Task Model with other current models
3. Understand the Mediators of Mourning and how they supplement the Task Model to make it more clinically useful

PROGRAM OUTLINE

1. What is the origin of the Task Model of mourning? (30 minutes)
 - a. How has it evolved over the past 35 years?
 - b. Is the model still clinically relevant?
 - c. Are more tasks needed?
2. Comparison with other current models (25 minutes)
3. What are the Mediators of Mourning and how do they relate to the Task Model (25 minutes)
4. Question/Answer Session (10 minutes)

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT PRESENTER

J. William Worden, PhD, ABPP, is a Fellow of the American Psychological Association and holds academic appointments at the Harvard Medical School and at the Rosemead Graduate School of Psychology in California. He is also Co-Principal Investigator of the Harvard Child Bereavement Study, based at the Massachusetts General Hospital. Recipient of five major National Institutes of Health grants, his research and clinical work over 40 years has centered on issues of life-threatening illness and life-threatening behavior. His professional interests led him to become a founding member of the Association of Death Education and Counseling and the International Work Group on Death, Dying, and Bereavement. Worden is the author of *Personal Death Awareness and Children & Grief: When a Parent Dies*, and is coauthor of *Helping Cancer Patients Cope*. His book *Grief Counseling & Grief Therapy: A Handbook for the Mental Health Practitioner*, now in its fourth edition, has been translated into 14 foreign languages and is widely used around the world as the standard reference on the subject.

MODERATOR

Kenneth J. Doka, PhD, MDiv, is Senior Bereavement Consultant to HFA and recipient of the 2019 Lifetime Achievement Award from the Association for Death Education and Counseling. He serves as editor of HFA's *Living with Grief*[®] book series and its *Journeys* bereavement newsletter. He is a prolific author, editor, and lecturer; past president of the Association for Death Education and Counseling (ADEC); and a member and past chair of the International Work Group on Death, Dying, and Bereavement (IWG). In 2018, the IWG presented Doka with the Herman Feifel Award for outstanding achievement in thanatology. He received an award for Outstanding Contributions in the Field of Death

Education from ADEC in 1998. Doka is an ordained Lutheran minister and a licensed mental health counselor in the state of New York.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, Mercy College

BIBLIOGRAPHY/REFERENCES:

Other Organization's Websites:

Association for Death Education and Counseling www.adec.org

Peer-reviewed Journal/resource:

Stroebe, M., Schut, H., and Boerner, K. (2017). "Cautioning Health-Care Professionals: Bereaved Persons are Misguided Through the Stages of Grief." In *Omega*, 74(4): 455-473.

Moon, P.J. (2016). Anticipatory Grief: A Mere Concept? In *American Journal of Hospice and Palliative Medicine*, Vol. 33, Issue 5.

Expert resources:

Our program Speaker and Moderator are expert resources (see attached bios)

Textbook references:

Worden, J.W. (2018). *Grief counseling & grief therapy: A handbook for the mental health practitioner*, 5th edition. NY: Springer.

Worden, J.W. (2017). Forms of complicated grief. In K. Doka & A. Tucci, (Eds.), *When grief is complicated*. Washington, DC: Hospice Foundation of America.

Worden, J.W. (2015) Theoretical perspectives on loss and grief. In J. Stillion & T. Attig, (Eds.), *Death, dying and bereavement: Contemporary perspectives, institutions, and practices*. New York: Springer.

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CE Certificates for this program may only be obtained through HFA.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES PLEASE CONTACT

Hospice Foundation of America (HFA)

1707 L Street NW, Suite 220, Washington, DC 20036

educate@hospicefoundation.org

1-800-854-3402 toll-free / (202) 457-5811 phone / (202) 457-5815 fax

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