

## Hospice Foundation of America's Program

# THE EVOLVING ROLE OF THE TRAINED DEATH DOULA IN END-OF-LIFE CARE

### Self-Study ONLINE Course

## DESCRIPTION

Death doulas, individuals who provide non-medical care and support, are playing an increasingly important role in helping dying persons and their families. Alua Arthur, founder of Going with Grace, examines this growing field and how trained death doulas can complement the care that hospice and end-of-life professionals provide, including the challenges and opportunities brought about by the COVID-19 pandemic.

## PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

<b>RELEASE DATE:</b>	Program originally premiered June 16, 2020
<b>ON DEMAND:</b>	Viewing available to registered individuals for 6 months after purchase.
<b>LENGTH:</b>	90 minutes
<b>CE HOURS:</b>	1.5 hours
<b>CONTENT LEVEL:</b>	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
<b>TARGET AUDIENCE:</b>	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

## HOW THE ONLINE SELF-STUDY PROGRAM WORKS

**Step 1** - Register/purchase the course

**Step 2** - View the course online through the link in your confirmation email or in your account.

**Step 3** - Follow the instructions provided to receive your CE certificate\*.

\*An evaluation and a short exam are a part of this process.

## TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

## REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: [www.hospicefoundation.org](http://www.hospicefoundation.org).

**There are no refunds on registration.** \*Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

## REGISTRATION POLICY

### INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org) for current pricing.

## **MATERIALS AREA**

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

## **LEARNING OBJECTIVES**

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Identify key elements of the role of the end-of-life doula.
2. Differentiate between the end-of-life doula and other end-of-life professionals.
3. Assess the need for and end-of-life doula in their programs.

## **PROGRAM OUTLINE**

1. Genesis of the Death Doula Movement (20 minutes)
  - a. Death Positivity Rise
  - b. Training Programs
  - c. Credentialing
2. Services of the Death Doula at Various Stages (20 minutes)
  - a. Healthy Individuals and End of Life Planning
  - b. Nearing the End of Life
  - c. After Death Care
3. Differentiation from other End of Life Service Providers (20 minutes)
  - a. Hospice Team Members
  - b. Grief Services
  - c. Funeral Industry
4. Death Doulas in the Current Pandemic (20 minutes)
  - a. Doula-ing at a Distance
  - b. Virtual Funerals
5. Question and Answer Session (10 minutes)

## **CONTINUING EDUCATION**

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org), located on the program's registration page.

## **COURSE COMPLETION REQUIREMENTS:**

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

## **EXPERT SPEAKERS**

**Alua Arthur, JD**, is a death doula, attorney, and the founder of Going with Grace, an end of life planning organization that exists to support people as they answer the question 'What must I do to be at peace with myself so that I may live presently and die peacefully?' From private end of life consultations to online coursework to train death doulas, she is tirelessly committed to bringing awareness to death and dying and passionately believes considering death can inspire the way we live.

## **REVIEWER**

**Lynda Shand, CHPN, CNE, RN, PhD**, *Associate Professor*, Mercy College

## **BIBLIOGRAPHY/REFERENCES:**

Other organization's websites:

International End of Life Doula Association [www.inelda.org](http://www.inelda.org)

**Peer-reviewed journal/resource:**

Rawlings, D., Tieman, J., Miller-Lewis, L., & Swetenham, K. (2018). What role do Death Doulas play in end-of-life care? A systematic review. *Health & Social Care in the Community*, 27(3). doi: 10.1111/hsc.12660

Rawlings, D., Litster, C., Miller-Lewis, L., Tieman, J., and Swetenham, K. (2019). The Voices of Death Doulas about Their Role in End-Of-Life Care. In *Health and Social Care in the Community*, 28(1).

Baldwin, P.K. (2017). Death Cafes: Death Doulas and Family Communication. In *Behavioral Sciences*, 7(2).

**Textbook references:**

MILLER, B. J. (2020). *Beginners Guide To The End: practical advice for living life and facing death*. New York, NY: SIMON & SCHUSTER.

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**CE Certificates for this program may only be obtained through HFA.**

**SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)**

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

**CONFLICT OF INTEREST**

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES  
PLEASE CONTACT**

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*End-of-life Care Resources for Professionals and the Communities they Serve*

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