

Hospice Foundation of America's Program

SPIRITUAL NEEDS OF THE DYING

Self-Study ONLINE Course

DESCRIPTION

Understanding a dying person's spirituality is a critical step in helping clinicians to empower clients in utilizing their spiritual strengths in coping. The webinar defines three spiritual needs of the dying person and offers a hands-on approach to techniques such as spiritual autobiography, planning and developing rituals, life review, and assisting clients to utilize other spiritual practices such as prayer or meditation. Yet effectively meeting the spiritual needs of the dying greatly depends on the wellbeing of clinicians. Compassion fatigue can create a barrier between clinician and patient, preventing both from finding meaning in the death and dying experience. Self-reflection and awareness when caring for the dying can empower clinicians to restore themselves and fulfill the spiritual needs of those being cared for.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self- study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to see and hear the experts presenters.

- RELEASE DATE:** Program originally premiered November 9, 2021
- ON DEMAND:** Viewing available to registered individuals for 6 months after purchase.
- LENGTH:** 90 minutes
- CE HOURS:** 1.5 hours
- CONTENT LEVEL:** The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
- TARGET AUDIENCE:** The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION INFORMATION/FEES

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at www.hospicefoundation.org for current pricing.

MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Define spirituality and differentiate it from religion
2. Describe the ways that spirituality can complicate and facilitate reactions to illness and dying
3. Describe three spiritual needs of individuals who are dying
4. Describe four types of rituals and three principles for therapeutic ritual that can be used to assist dying patients
5. Explore the relationship between clinician wellbeing, including issues of compassion fatigue, and meeting spiritual needs of the dying
6. Define tools that can be used by clinicians for self-reflection and education

PROGRAM OUTLINE

- a. Defining and Assessing Spirituality (10 min)
 - i. Spirituality differentiated from religion
 - ii. The role of assessment and use of tools, such as spiritual autobiography
 - iii. Spirituality in Children
- b. Spiritual Needs of the Dying (15 min)
 - i. Spiritual Needs
 1. To live a meaningful life
 2. To die an appropriate death
 3. To find hope beyond the grave
 - ii. How spirituality may both complicate and facilitate reactions to illness and end of life
- c. Empowering Spirituality in the Dying utilizing Spiritual Strengths (15 min)
 1. Beliefs
 2. Practices
 3. Ritual
 4. The Faith Community
- d. Importance of clinician wellbeing in address spiritual needs of the dying (10 min)
 - i. Threat of compassion fatigue
 - ii. Barriers between clinician and patient
- e. Clinician Response (15 min)
 - i. Self-reflection
 - ii. Decrease emotional labor and mitigate compassion fatigue
 - iii. Patient relationship beyond death
- f. Tools to Support Clinicians in Meeting Spiritual Needs (15 min)
 - i. Make spiritual support more accessible for non-spiritual care providers
 - ii. Helping clinicians
 1. Ongoing spiritual distress education
 2. Learn dynamics and benefits provider fulfillment
 3. Standardized assessments
 4. Goal of achieving Peace of Mind, Body, and Spirit for patient and clinician
- g. Question and Answer Session (10 min)

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT SPEAKERS

Kenneth J. Doka, PhD, MDiv, is Senior Vice President, Grief Programs at HFA and recipient of the 2019 Lifetime Achievement Award from the Association for Death Education and Counseling. He serves as editor of HFA's *Living with Grief*[®] book series and its *Journeys* bereavement newsletter. He is a prolific author, editor, and lecturer; past president of the Association for Death Education and Counseling (ADEC); and a member and past chair of the International Work Group on Death, Dying, and Bereavement (IWG). In 2018, the IWG presented Doka with the Herman Feifel Award for outstanding achievement in thanatology. He received an award for Outstanding Contributions in the Field of Death Education from ADEC in 1998. Doka is an ordained Lutheran minister and a licensed mental health counselor in the state of New York.

Arion Lillard-Green, MTS, BCCC, BCPC, is a Spiritual Counselor with Goodwin House Palliative Care and Hospice in Falls Church, VA. In addition to her work as spiritual counselor, Arion is an advocate for making health education and health literacy accessible to all people through inclusion. She is also dedicated to making an impact on chronic illness within the African American community through outreach. Arion believes providers must build relationships earlier in the health continuum to truly meet the spiritual and medical needs of the dying. Most recently, Arion has served as a contributor to the development of provider resources and tools aimed to assist hospice and palliative care organizations with diversifying patient populations. She serves as a member of the National Hospice and Palliative Care Organization's Diversity Advisory Council, a commissioner on the City of Alexandria's Commission on HIV/AIDS, and consultant to organizations building programs to expand their reach to underserved communities. Prior to embarking on her hospice and palliative care career, Arion attended Indiana University (BAJ), Christian Theological Seminary (M.TS), clinical pastoral education and residency with the College of Pastoral Supervision and Psychotherapy (BCCC, BCPC). She looks forward to completing her Master of Health Administration from George Mason University this fall.

MODERATOR

Rabbi Gary S. Fink, DMin, is proud to serve as Senior Vice-President of Counseling and Family Support at Montgomery and Prince George's Hospices in Maryland, leading the Chaplaincy staff and supporting the Bereavement and Volunteer Departments. He has participated as a presenter for HFA programs on *Spirituality and End-of-Life Care*, *Artificial Nutrition and Hydration at the End-of-Life*, and *Legacy and Spirituality*. Rabbi Fink earned a Doctor of Ministry degree at Howard University School of Divinity concentrating in end-of-life care and counseling, and taught for ten years in the Thanatology Graduate Program at Hood College in Frederick, MD. He served 26 years in congregational ministry, and was named Rabbi Emeritus of Oseh Shalom Congregation in Laurel, MD. Current community activities include partnering with the American Muslim Senior Society to create programs providing advanced care for life-limiting illness.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, Mercy College

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES PLEASE CONTACT

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