

Hospice Foundation of America's Program

THE IMPACT OF END-OF-LIFE EXPERIENCES ON BEREAVEMENT

Self-Study ONLINE Course

DESCRIPTION

This presentation will focus on published research that describes and validates patients dreams and visions at the end of life. Dr. Kerr will explore how these near universal experiences often provide comfort and meaning as well as insight into the life led. The presentation includes videos of patients and families describing the meaningfulness of these powerful end-of-life experiences.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self- study course for professionals. The online presentation features an experienced professional offering his own expertise on the topic. On the screen, you will see the slide presentation and will be able to see and hear the expert presenter.

RELEASE DATE:	Program originally premiered July 12, 2022
ON DEMAND:	Viewing available to registered individuals for 6 months after purchase.
LENGTH:	90 minutes
CE HOURS:	1.5 hours
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION INFORMATION/FEES

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at www.hospicefoundation.org for current pricing.

MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. To understand and describe the quantify and qualitative data pertaining to patients' experiences at the end of life
2. To describe the distinction between delirium and end-of-life experiences
3. To describe the impact of end-of-life experiences on the bereaved

PROGRAM OUTLINE

1. Review the end-of-life studies pertaining to quantified data- frequency/incidence, degree of realism, comfort versus distress, changes relative to days before death, content (10 minutes)
2. Review the distinction between delirium and end of life experiences (10 minutes)
3. Describe the paradox of end-of-life processes- physical vs psychologic/spiritual processes (15 minutes)
4. Review the data which suggests end of life experiences contain elements consistent with post-traumatic growth (15 minutes)
5. Describe the case studies illustrating pediatric end of life processes (15 minutes)
6. Describe the data that describes the effects of end-of-life experiences on the bereaved (15 minutes)
7. Question and Answer Session (10 minutes)

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT SPEAKERS

Christopher Kerr, MD, PhD, is the Chief Medical Officer and Chief Executive Officer for Hospice & Palliative Care Buffalo. Alongside direct patient care, Dr. Kerr's focus is in the areas of leadership and patient advocacy. He has overseen the integration and expansion of palliative care into hospitals and developed a large home-based program for both adults and children and has published on innovative program models that are designed to better align patient/family services to the complexity of needs inherent to advanced illness. Dr. Kerr's background in research has evolved from bench science toward the human experience of illness as witnessed from the bedside, specifically patients' dreams and visions at the end of life. Although medically ignored, these near-universal experiences often provide comfort and meaning, as well as insight into the life led and the death anticipated. To date, the research team at Hospice & Palliative Care Buffalo has published multiple studies on this topic and documented over 1,500 end-of-life events, many of which are videotaped. Dr. Kerr's work was published in a recent book called *Death Is But a Dream*.

REVIEWER

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

BIBLIOGRAPHY/REFERENCES:

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Renz, M., Reichmuth, O., Bueche, D., Traichel, B., Mao, M. S., Cerny, T., & Strasser, F. (2018). Fear, Pain, Denial, and Spiritual Experiences in Dying Processes. *The American journal of hospice & palliative care*, 35(3), 478–491. <https://doi.org/10.1177/1049909117725271>

Mendoza, M. (2022, March 16). *What Impact Do End-of-Life Experiences Have on Grief?* Psychology Today. <https://www.psychologytoday.com/us/blog/understanding-grief/202203/what-impact-do-end-life-experiences-have-grief>

Kerr, C. and Mardorossian, C. (2020). *Death is But a Dream: Finding Hope and Meaning at Life's End*. Penguin Publishing Group.

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CE Certificates for this program may only be obtained through HFA.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

PLEASE CONTACT

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