Hospice Foundation of America's Program

LIVING WITH GRIEF®

A SHIFTING LANDSCAPE FOR END-OF-LIFE ETHICS

Online CE Course

DESCRIPTION

Hospice Foundation of America's 30th annual program uses a case study approach to review and explore well-established ethical principles of end-of life care in the presence of emerging legal, social, and technological change. A panel of experts will act as an ethics committee, discussing the ethical principles illustrated by six case studies and providing recommendations for resolution. Cases studies will include topics such as futile treatment, communication, opioid usage, concurrent care, voluntarily stopping eating and drinking, medical aid in dying and more.

PROGRAM DETAILS

This educational program combines a moderated discussion, informative interviews, and additional complimentary learning materials.

RELEASE DATE:	Program originally premiered April 11, 2023
ON DEMAND:	Viewing available to registered individuals for 6 months after purchase.
LENGTH:	120 minutes + selected chapters of HFA's companion book (PDF format; approx. 30min reading time)
CE HOURS:	2.5 hours
CONTENT LEVEL:	The program is mainly for professionals already working in the field but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	The course is useful to health professionals, psychologists, counselors, clergy, social workers, nurses, and other health care workers, educators, and community members who support older adults.

HOW THE ONLINE COURSE WORKS

Step 1 - Register/purchase the course
Step 2 - View the course online through the link in your confirmation email or in your account.
Step 3 – Complete the online exam and evaluation

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION AND COURSE MATERIALS

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

Course materials include the online program video, slides, and viewer guide. All course materials are accessible online immediately after registering.

Self-Study Chapters (PDF format) include:

Chapter 8: Providing Ethical Guidance to Surrogate Decision Makers (Van Scoy, Lauren Jodi and VanDyke, Erica)
Chapter 13: *Voices:* Ethics in Grief Counseling (Anewalt, Patti)

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Describe the ethical principles surrounding end-of-life care and how they apply to patient and family care;
2. Identify four prevailing and emerging challenges for hospice and palliative care providers and staff and how those challenges should be ethically addressed.
3. Describe the basic requirements of the Hospice Medicare Benefit and identify how they may enhance or impede ethical practice.
4. Discuss the ways that factors such as patient's age, medical history, diagnosis, capacity, cultural values can influence and at times, complicate ethical practice and decision making.
5. Identify strategies to navigate ethical dilemmas that may arise during grief counseling.
6. Describe how both ethical and unethical practices can create moral distress, influencing the grief reactions of families, hospice and palliative staff, and volunteers and how an ethics committee can help educate staff and families while guiding ethical practice.

PROGRAM OUTLINE

Part 1 (70 mins)

- Introduction (3 mins)
- Basics of Biomedical Ethics and End-of-Life Care (10 mins)
    a. Beauchamp and Childress Ethical Principles
        i. Beneficence
        ii. Nonmaleficence
        iii. Autonomy
        iv. Justice
    b. Medicare Hospice Benefit
        i. History
        ii. Restrictions
        iii. Changes in industry (profit status)
- Case #1 – Communication challenges in hospice care (12 mins)
    a. Issues of disclosure on admission, diagnosis and prognosis
    b. Cultural sensitivity
    c. Providing equitable and just care
- Case #2 - Medical Aid in Dying (15 mins)
    a. Compliance with MAiD laws
    b. Staff ethics training
    c. Development of ethics committees
- Case #3 – Pediatric hospice care (15 mins)
    a. Concurrent care
    b. Consent vs. assent
    c. Futile treatment
- Case #4 – Limitations of the Medicare Hospice Benefit (15 mins)
    a. Dialysis patients
    b. Care rationing
    c. Lessons from COVID-19

INTERMISSION (5 mins)

Part 2 (50 mins)

- Case #5 – Pain Management (15 mins)
    a. Fear of opioid use
    b. Training of family caregivers
    c. Palliative sedation
- Case #6 – Voluntary Stopping Eating and Drinking (15 mins)
    a. Issues for dementia patients
    b. Surrogacy
    c. Moral distress for hospice team members
- Case #7 – Ethics of Grief Counseling (15 mins)

a. Trauma informed bereavement care
b. Responsibility of providing access to quality grief counseling -
c. Tele-counseling

Conclusion (5mins)

a. Final thoughts from panel
b. CE instructions

CONTINUING EDUCATION

This program is valid for 2.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 2-hour program (online-streaming video) and read the selected pdf book chapters (approximately reading time is 30-minutes). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

MODERATOR:

Frank Sesno, Director of Strategic Initiatives, The George Washington University School of Media & Public Affairs, a former anchor for CNN, and a longtime moderator of the *Living with Grief*® program. He is an Emmy-award winning journalist and creator of PlanetForward.org, a user-driven web and television project that highlights innovations in sustainability, and he is the author of *Ask More: The Power of Questions to Open Doors, Uncover Solutions and Spark Change.*

EXPERT PANELISTS

Karen Bullock, PhD, LCSW, FGSA, APHSW-C, is the Ahearn Endowed Professor in the Boston College School of Social Work. Her practice interests include health disparities and health equity in serious illness care; aging and gerontology; and hospice, palliative, and end-of-life care decision making. Her research focuses on cancer care, social support for older adults, diversity, equity, and cultural factors influencing health care outcomes. She has served as Principal Investigator and/or Co-Investigator for over $5 million in federal grant funding focused on equity and inclusion for workforce development, aging, and health network sustainability. Dr. Bullock is a John A. Hartford Faculty Scholar and serves on several national boards and committees, including the Social Work Hospice & Palliative Care Network (SWHPN) as vice-chair and the immediate past chair of the American Cancer Society (ACS) Oncology Social Work Research Peer Review Committee. She is a member of the National Academies of Sciences, Engineering and Medicine Roundtable Committee on Quality Care for People with Serious Illness and a member of the Center to Advance Palliative Care (CAPC)
Faculty Advisory Council.

Kenneth J. Doka, PhD, MDiv, is Senior Vice President, Grief Programs at Hospice Foundation of America (HFA) and the recipient of the 2019 Lifetime Achievement Award from the Association of Death Education and Counseling (ADEC). A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*® book series, its *Journeys* newsletter, and numerous other books and publications. He has been a panelist on HFA's *Living with Grief*® program for 29 years. Dr. Doka is a past president of ADEC, a former board member of the International Work Group on Death, Dying and Bereavement, and an Advisory Board member to the Tragedy Assistance Program for Survivors (TAPS). He is the recipient of The International Work Group on Death, Dying, and Bereavement's prestigious Herman Feifel Award and ADEC's Award for Outstanding Contributions in the Field of Death Education. In 2006, he was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. Dr. Doka is an ordained Lutheran minister.

Timothy W. Kirk, PhD, HEC-C, is Department Chairperson and Professor of Philosophy at the City University of New York, York College, specializing in healthcare ethics with an emphasis on hospice and palliative care. He also holds an appointment in the Division of Medical Ethics at NYU Langone Medical Center. Dr. Kirk is a board-certified ethics consultant with MJHS Hospice & Palliative Care, one of the largest hospice and palliative care programs in New York State, and consults nationally with hospice and palliative care organizations. Together with Bruce Jennings, he is editor of Hospice Ethics (Oxford University Press, 2014).

Wendy Walters, LICSW, HEC-C, has been in direct clinical practice for over 30 years, with the bulk of that experience in end-of-life care. She spent the first 17 years of her career in hospice work, ultimately returning to UAB in 2006. She joined the UAB Hospital Ethics Committee in 2009 and began taking ethics consults for the hospital, returning to graduate school at Albany Medical School's Alden March Bioethics Institute for advanced training in clinical ethics. Wendy has developed a number of different programs for UAB, including a bereavement program, beginning a local chapter of Schwartz Rounds, developing the Psychosocial and Spiritual Grand Rounds as well as Ethics Case Conferences. Wendy has been in a full-time ethics consultant role since 2016.

REVIEWER

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer,* Hospice Foundation of America

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity. *No individual with the ability to control the content of this activity has any relevant financial relationship with ineligible companies to disclose.*

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES, CONTACT:

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