

Hospice Foundation of America's Program

DEMENTIA: THE IMPACT OF ISOLATION ON FAMILIES

Self-Study ONLINE Course

DESCRIPTION

The COVID-19 pandemic has thrust us all into lives of social isolation, but few people have experienced the negative unintended consequences more than persons living with dementia (PLWD) and their families. In this session, we review the unique impact that social isolation has on persons with cognitive impairments and the challenges this poses for family members as they care for PLWD either in community or care settings, and discuss strategies to support them.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

RELEASE DATE:	Program originally premiered June 8, 2021
ON DEMAND:	Viewing available to registered individuals for 6 months after purchase.
LENGTH:	90 minutes
CE HOURS:	1.5 hours
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at www.hospicefoundation.org for current pricing.

MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Evaluate the current research on the impact of isolation on PLWD in both community (home, adult day programs) and care facilities due to COVID-19 restrictions.
2. Examine approaches to family caregiver support that have been beneficial or non-beneficial in clinical practice during the COVID-19 pandemic, to date.
3. Apply palliative care practice principles for care and support of PLWD and their families to address and mitigate the impact of social isolation, including but not limited to creative engagement, interfacing with professional caregivers and guidance in Goals of Care discussions.

PROGRAM OUTLINE

- I. Impact of COVID-19—the necessity of quarantine, the unintended consequences of isolation (15 minutes)
 - a. Lessons learned from earlier disasters (Hurricane Katrina/Superstorm Sandy)
 - b. The intersection of social isolation impacts and the disease progression trajectory of cognitive impairment
- II. Unique impact of social isolation on persons with cognitive impairment (20 minutes)
 - a. Community based impact (senior centers, adult day centers) for PLWD & families
 - b. Care facility impact for PLWD & families
- III. Impact on families-anxiety, guilt, anger/"post"-traumatic growth, finding strength & meaning (15 minutes)
- IV. Clinical best practices learned to date - "what matters most" (20 minutes)
- V. Update on current research of PLWD, agencies/facilities, family caregivers (10 minutes)
 - a. Policy advocacy and implications for policy change.
- VI. Question and Answer Session (10 minutes)

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT SPEAKERS

Katherine Supiano, PhD, LCSW, FGSA, FT, APHSW-C, is an Associate Professor in the College of Nursing, and the director of Caring Connections: A Hope and Comfort in Grief Program at the University of Utah College of Nursing. She teaches *Interdisciplinary Approaches to Palliative Care* for graduate students in Pharmacy, Social Work and Nursing, *Geriatric Care Management* and in the Interprofessional Education Program. Dr. Supiano's research is in clinical interventions in complicated grief, suicide survivorship and prison hospice. She has been a practicing clinical social worker and psychotherapist for over 30 years. Her clinical practice has included care of older adults with depression and multiple chronic health concerns, family therapy, end-of life care, and bereavement care. Dr. Supiano is a Fellow in the Gerontological Society of America, a Fellow of Thanatology, and a founding member of the Social Work Hospice and Palliative Care

Network. She received her PhD in Social Work at the University of Utah as a John A. Hartford Foundation Doctoral Fellow.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, Mercy College

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CE Certificates for this program may only be obtained through HFA.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

PLEASE CONTACT Hospice Foundation of America (HFA)

1707 L Street NW, Suite 220, Washington, DC 20036

educate@hospicefoundation.org

1-800-854-3402 toll-free / (202) 457-5811 phone / (202) 457-5815 fax

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