

Hospice Foundation of America's Program

SUPPORTING PEOPLE WITH IDD AND OTHER COGNITIVE DISABILITIES IN DEVELOPING ADVANCE CARE PLANS

Self-Study ONLINE Course

DESCRIPTION

Having a cognitive disability *does not mean* one is incapacitated in all decision making. People with intellectual/developmental disabilities (IDD) or other cognitive disabilities can be supported to develop advance directives, including identifying their clear wishes or values and choosing someone to honor their care preferences. This webinar will address best practices, strategies, and resources for supporting people with IDD or other cognitive disabilities in developing advance directives.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features an experienced professional offering his own expertise on the topic. On the screen, you will see the slide presentation and will be able to see and hear the expert presenter.

RELEASE DATE: Program originally premiered February 28, 2023

ON DEMAND: Viewing available to registered individuals for 6 months after purchase.

LENGTH: 90 minutes

CE HOURS: 1.5 hours

CONTENT LEVEL: The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.

TARGET AUDIENCE: The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at www.hospicefoundation.org for current pricing.

MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

- 1) Recognize tools for capturing people's wishes and vision for their care when planning with someone with I/DD or other cognitive disability.
- 2) Discuss the continuum of decision-making authority and its relevance to people who live with disabilities.
- 3) Describe strategies disability service providers can employ to start and engage in advance care planning with people who use their services.
- 4) Identify options for naming a healthcare power of attorney for people who have few non-paid supports in their lives.

PROGRAM OUTLINE

- I. Guiding Assumptions (3 min)
 - a. We presume competence and capability until we know otherwise
 - b. Having limited capacity for decision making does not mean we cannot plan with people
- II. Issues of capacity and supporting someone with I/DD to choose a healthcare power of attorney (7 min)
- III. Continuum of decision-making authority (8 min)
- IV. Readiness model; the application of culture to advance care planning (10 min)
- V. Tools for understanding what is important to a person and what their vision is; and what to do if someone doesn't use words to communicate; or uses words in an atypical way that makes it hard to understand what they're saying. (12 min)
- VI. Tips for starting the conversation; and what to when the person has few non-paid supports. (10 min)
- VII. Question and Answers Session (40 min)

CONTINUING EDUCATION

This program is valid for 1.5 contact hours of continuing education. View the current list of board approvals on HFA's website at www.hospicefoundation.org, located on the program's registration page.

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

EXPERT SPEAKERS

Leigh Ann Kingsbury, MPA, is the CEO and Principal Consultant of InLeadS Consulting. For more than 30 years she has strived to use best practices in supporting people who live with disabilities, including people with physical disabilities, people who live with intellectual and developmental disabilities, older adults, and people living with Alzheimer's disease and other dementias. Leigh Ann's passion is helping people with disabilities develop advance directives to ensure each person can remain in charge of their lives when faced with complex healthcare situations and/or the end of their lives. Leigh Ann is a charter member of the Learning Community for Person Centered Practices, has served as the Executive and Regional Director of two non-profit human services agencies; recently facilitated a legislative Alzheimer's Task Force for the Ohio Department of Aging, and currently supports Home and Community Based Services' Waiver Re-

design efforts for Indiana’s Division of Disability and Rehabilitative Services and the Family and Social Services Administration. In partnership with Mary Beth Lepkowsky, Leigh Ann developed and co-leads the facilitator course “Person Centered Approaches to Healthcare Decision Making” and is the author of People Planning Ahead: A Guide to Communicating Healthcare and End of Life Wishes.

Mary Beth Lepkowsky is an experienced trainer, facilitator, coach, and person-centered practitioner. For nearly 40 years she has supported social workers and other helping professionals to do their best work serving individuals and families. She is an Advance Care Planning Facilitator and owner of Helen Sanderson Associates USA, an international training and development consultancy.

REVIEWER

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

BIBLIOGRAPHY/REFERENCES:

- 1) End of Life and People with Intellectual and Developmental Disability (2022, Stancliffe, Wiese, McCallion and McCarron, Eds.)
- 2) REMAP: A Framework for Goals of Care Conversations (Childers, Back, Tulskey and Arnold, Oct. 2017; Journal of Oncology Practice)
- 3) What’s Wrong with Advance Care Planning? (Morrison, Meier, Arnold; JAMA; Oct. 2021)
- 4) Navigating End-of-Life Needs for Persons with Intellectual Disabilities and Their Caregivers (Moore and Kates, 2022, Journal of Hospice and Palliative Care Nursing)
- 5) Intellectual Disabilities and Decision Making at End of Life (2016, Kirkendall, Linton and Farris)

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CE Certificates for this program may only be obtained through HFA.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES PLEASE CONTACT

Hospice Foundation of America (HFA)

1707 L Street NW, Suite 220

Washington, DC 20036

educate@hospicefoundation.org

1-800-854-3402 toll-free / (202) 457-5811 phone / (202) 457-5815 fax

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