

## Hospice Foundation of America's Program

# FIVE ESSENTIAL FRAMEWORKS FOR GRIEF SUPPORT

### Self-Study ONLINE Course

#### DESCRIPTION

Join grief experts Dr. Jillian Blueford and Dr. Kenneth Doka for an overview of grief and effective counseling techniques. Grounded in contemporary grief and loss theories and frameworks, this presentation expands to consider issues of culture, trauma, and lived experience of the bereaved, providing essential knowledge to anyone in a grief support role striving to improve their knowledge and practice.

#### PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features an experienced professional offering his own expertise on the topic. On the screen, you will see the slide presentation and will be able to see and hear the expert presenter.

<b>RELEASE DATE:</b>	Program originally premiered July 25, 2023
<b>ON DEMAND:</b>	Viewing available to registered individuals for 6 months after purchase.
<b>LENGTH:</b>	60 minutes
<b>CE HOURS:</b>	1 hour
<b>CONTENT LEVEL:</b>	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
<b>TARGET AUDIENCE:</b>	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

#### HOW THE ONLINE SELF-STUDY PROGRAM WORKS

**Step 1** - Register/purchase the course

**Step 2** - View the course online through the link in your confirmation email or in your account.

**Step 3** - Follow the instructions provided to receive your CE certificate\*.

\*An evaluation and a short exam are a part of this process.

#### TECHNICAL REQUIREMENTS

A computer and reliable internet connection. Mobile service provider charges may apply.

#### REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: [www.hospicefoundation.org](http://www.hospicefoundation.org).

**There are no refunds on registration.** \*Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

#### REGISTRATION POLICY

##### INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing and continuing education. Discounts may be available for multiple viewers. Please check HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org) for current pricing.

## MATERIALS AREA

Course materials (Video, Program Slides, and Viewer Guide) are accessible to all registered individuals online immediately after registering. Download materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>, under "Orders/Courses."

## LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Identify at least two contemporary grief frameworks or models applicable to their work setting.
2. Develop trauma-informed approaches for end-of-life patients and families.
3. Implement evidence-based strategies and interventions for patients and families experiencing anticipatory grief.

## PROGRAM OUTLINE

- I. The Nature of Grief (5 minutes)
- II. Grief Models (20 minutes)
  - A. Historical development (inc. DSM V)
  - B. Foundational Models
  - C. Continuing Bonds
- III. Cultural Values and Grief (10 minutes)
- IV. Context of Trauma (8 minutes)
- V. Interventive Strategies (8 minutes)
- IV. Question and Answer Session (9 minutes)

## CONTINUING EDUCATION

This program is valid for 1 contact hour of continuing education. View the current list of board approvals on HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org), located on the program's registration page.

## COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 60-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online before a certificate is awarded. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

## EXPERT SPEAKERS

**Jillian Blueford, PhD, LPC, NCC, CT**, is a Clinical Assistant Professor for the school counseling program at the University of Denver, a Licensed Professional Counselor in the state of Colorado, and is certified in Thanatology: Death, Dying, and Bereavement. Over the years, Dr. Blueford has provided grief counseling to individuals of all backgrounds in various settings, including schools, outpatient facilities, and currently in private practice in the Denver area. Further, Dr. Blueford is a grief and loss scholar, who has conducted research and scholarship via her dissertation, peer-reviewed publications, webinars, podcast features, and several regional, national, and international presentation. Seeking that all counseling professionals are equipped and competent in grief counseling, Dr. Blueford also works with other educators and clinicians as Co-Chair of the Grief Counseling Competencies Task Force to develop key competencies for the training programs.

**Kenneth J. Doka, PhD, MDiv**, is Senior Vice President, Grief Programs at Hospice Foundation of America (HFA) and the recipient of the 2019 Lifetime Achievement Award from the Association of Death Education and Counseling (ADEC). A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*<sup>®</sup> book series, its *Journeys* newsletter, and numerous other books and publications. He has been a panelist on HFA's *Living with Grief*<sup>®</sup> program for 29 years. Dr. Doka is a past president of ADEC, a former board member of the International Work Group on Death, Dying and Bereavement, and an Advisory Board member to the Tragedy Assistance Program for Survivors (TAPS). He is the recipient of The International Work Group on Death, Dying, and Bereavement's prestigious Herman Feifel Award and ADEC's Award

for Outstanding Contributions in the Field of Death Education. In 2006, he was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. Dr. Doka is an ordained Lutheran minister.

## REVIEWER

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

## BIBLIOGRAPHY/REFERENCES:

Blueford, J.M. and Adams, C.R. (2021), Trauma-Informed Grief Counseling With Older BIPOC Individuals. *Adultspan Journal*, 20: 111-124. <https://doi.org/10.1002/adsp.12114>

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The Association for Death Education and Counseling [www.adec.org](http://www.adec.org).  
*Association for Death Education and Counseling (2021). The Handbook of Thanatology, Third Edition: The Essential Body of Knowledge for the Study of Death, Dying, and Bereavement*. Itasca Books.

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**CE Certificates for this program may only be obtained through HFA.**

## SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

## CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

## FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES PLEASE CONTACT

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