# KEY CONSIDERATIONS FOR WORKING WITH SURVIVORS OF SUICIDE LOSS



# **DESCRIPTION:**

Suicide is now among the top 4 causes of death for some age groups in the United States and the 11<sup>th</sup> cause of death in the entire US population, leaving many bereaved survivors, including children and teens, in need of informed grief support and guidance. Join Joanne Harpel, President of Coping After Suicide, to learn the most prevalent grief reactions of suicide loss survivors; how suicide bereavement is similar yet different from other traumatic loss; how suicide loss may affect family systems; and strategies for effective grief support.

#### **PROGRAM DETAILS:**

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts' questions that they will discuss and answer during the program's Q & A session.

**RELEASE DATE:** Program originally premiered November 14, 2023 **ON DEMAND:** Available for 1 year; until November 13, 2024

LENGTH: 90 minutes

**CEs:** 1.5 hours for a wide variety of professional boards

**CONTENT LEVEL:** The program is mainly for professionals already working in the field but is

practical for all levels of education - entry level, intermediate or advanced.

TARGET AUDIENCE: Health care clinicians, social service clinicians and others working in the

hospice, palliative care, counseling, hospital, nursing home, funeral home,

or faith community environments

#### **TECHNICAL REQUIREMENTS**

To view the program, you will need a computer and screen, reliable internet access, and speakers.

## **PROGRAM FEES/MATERIALS:**

Registration includes continuing education and on-demand viewing for 1 year from live date. As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

# **ADVANCE PURCHASE Single Webinar Registration**

Individual Viewer: Member: \$27.30 | Non-member: \$45.50 Organizational Viewing: Member: \$156.00 | Non-member: \$260.00

# SAME DAY and ON-DEMAND PURCHASE Single Webinar Registration

Individual Viewer: Member: \$29.70 | Non-member: \$49.50 Organizational Viewing: Member: \$165.00 | Non-member: \$275.00

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Individual Viewer: Member: \$241.80 | Non-member: \$403.00 Organizational Viewing: Member: \$1,398.60 | Non-member: \$2,331.00

#### **How To Register:**

Register directly online, on HFA's website: <a href="https://www.hospicefoundation.org">https://www.hospicefoundation.org</a>

#### **MATERIALS AREA:**

Materials are available on HFA's website at <a href="https://hospicefoundation.org/Shop-HFA/My-Account.">https://hospicefoundation.org/Shop-HFA/My-Account.</a> From here, click on "Orders/Courses."

# **LEARNING OBJECTIVES:**

At the conclusion of this webinar, participants will be able to:

- Identify common themes in the emotional impact of suicide loss on individuals and families
- Recognize particular themes among teen survivors of suicide loss
- Describe whether and how bereavement after suicide is quantitatively and qualitatively different from bereavement after other causes of death.

#### **PROGRAM OUTLINE:**

- 1. What's so tricky about suicide? (2 mins)
- 2. What is a suicide "survivor" and how many are there? (3 mins)
- 3. Is suicide bereavement quantitatively different? (2 mins)
- 4. Are survivors at greater risk? (3 mins)
- 5. The near universality of the individual survivor experience (15 mins)
- 6. Effect on the family (15 mins)
- 7. The Dual Process Model of Grief (3 mins)
- 8. Prolonged Grief Disorder (2 mins)
- 9. Child and teen survivors of suicide loss (10 mins)
- 10. Your own views (1 min)
- 11. Questions & Answers

#### **CONTINUING EDUCATION:**

This program is valid for 1.5 continuing education contact hours. CE hours are available for 1 year, until November 13, 2024.

A complete list of board approvals for this webinar program is posted to HFA's website at <a href="https://www.hospicefoundation.org">www.hospicefoundation.org</a>.

#### **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online which includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

#### **EXPERT PANELISTS:**

**Joanne L. Harpel, MPhil, CT, JD,** is the President of Coping After Suicide, the President and CEO of Rethink The Conversation, and the former longtime Senior Director for Public Affairs and Postvention for the American Foundation for Suicide Prevention. She holds a JD from the NYU School of Law, masters from Cambridge University, and a BA from Amherst College.

#### **MODERATOR:**

Jillian Blueford, PhD, LPC, NCC, CT, is a Clinical Assistant Professor for the school counseling program at the University of Denver, a Licensed Professional Counselor in the state of Colorado, and is certified in Thanatology: Death, Dying, and Bereavement. Over the years, Dr. Blueford has provided grief counseling to individuals of all backgrounds in various settings, including schools, outpatient facilities, and currently in private practice in the Denver area. Further, Dr. Blueford is a grief and loss scholar, who has conducted research and scholarship via her dissertation, peer-reviewed publications, webinars, podcast features, and several regional, national, and international presentation. Seeking that all counseling professionals are equipped and competent in grief counseling, Dr. Blueford also works with other educators and clinicians as Co-Chair of the Grief Counseling Competencies Task Force to develop key competencies for the training programs.

# **REVIEWER:**

Angela Novas, MSN, RN, CRNP, ACHPN, Senior Medical Officer, Hospice Foundation of America

# **BIBLIOGRAPHY/REFERENCES:**

American Foundation for Suicide Prevention - www.afsp.org; https://afsp.org/ive-lost-someone/

Jordan, J. (April 29, 2020). Lessons Learned: Forty Years of Clinical Work With Suicide Loss Survivors. Frontiers in Psychology, Vol. 11. <a href="https://doi.org/10.3389/fpsyg.2020.00766">https://doi.org/10.3389/fpsyg.2020.00766</a>

Yossi Levi-Belz. (2022) <u>Growing together: interpersonal predictors of posttraumatic growth trajectory among suicide-loss survivors</u>. *Anxiety, Stress, & Coping* 35:3, pages 284-297.

Delgado, H., Goergen, J., Tyler, J., & Windham, H. (2023). A Loss by Suicide: The Relationship Between Meaning-Making, Post-Traumatic Growth, and Complicated Grief. *OMEGA - Journal of Death and Dying*, *0*(0). <a href="https://doi.org/10.1177/00302228231193184">https://doi.org/10.1177/00302228231193184</a>

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Sands, DC, Jordan JR, and Neimeyer, RA (2011). "The meanings of suicide: a narrative approach to healing," in Grief After Suicide: Understanding the Consequences and Caring for the Survivors, eds. JR Jordan and JL McIntosh (New York, NY: Routledge), 249-282.

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Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at <a href="mailto:educate@hospicefoundation.org">educate@hospicefoundation.org</a> or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

#### **CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose <u>no</u> conflict of interest relative to this educational activity. None of the planners or presenters for this educational activity have relevant financial relationships to disclose with ineligible companies.

# FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA) 1707 L Street NW, Suite 220, Washington, DC 20036 educate@hospicefoundation.org
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