

## MANAGING CHALLENGING HOSPICE DILEMMAS

### DESCRIPTION:

Using a case study approach, this online course addresses frequent but difficult medical and ethical situations that every hospice professional encounters. Case studies and best practice presentations include:

- Providing hospice care to patients with mental health conditions.
- Use and discontinuation of artificial nutrition and hydration in hospice, including communication with families and patients.
- Effective pain relief at the end of life using non-opioids, including use of non-opioids for patients with substance abuse disorder.

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### PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts' questions that they will discuss and answer during the program's Q & A session.

<b>LIVE DATE:</b>	December 10, 2024
<b>TIME:</b>	Noon to 1:30pm ET
<b>ON DEMAND:</b>	Available for 6 months; until June 10, 2025
<b>LENGTH:</b>	90 minutes
<b>CEs:</b>	1.5 hours
<b>CONTENT LEVEL:</b>	The program is mainly for professionals already working in the field but is practical for all levels of education – entry level, intermediate or advanced.
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home, or faith community environments

**This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.**

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### TECHNICAL REQUIREMENTS

To view the program, you will need a computer and screen, reliable internet access, and speakers.

TEST LINK for live program Audio and Video: <https://zoom.us/test>

**Technical Questions?** Please go to <https://zoom.us/> and click “support”

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### PROGRAM FEES/MATERIALS:

**Registration includes continuing education and on-demand viewing for 6 months from live date.**

#### Single Webinar Registration

Individual Viewer: Member: FREE | Non-member: \$35.00  
Organizational Viewing: Member: FREE | Non-member: \$135.00

## HOW TO REGISTER:

Register directly online, on HFA's website: <https://www.hospicefoundation.org>

## MATERIALS AREA:

Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." *Information will be posted to your account as they become available.*

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## LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. Discuss pain management principles for patients with substance use disorders at the end of life
  2. Compare and contrast adjuvant analgesics used in the management of pain
  3. Understanding the ethical implications and considerations related to withdrawal of care.
  4. Recognizing cachexia vs. reversible weight loss.
  5. Describe common and serious adverse effects of antipsychotics and their management in the hospice setting
  6. Identify strategies for using antipsychotics in patients with inability to take oral medications and/or with impaired gastrointestinal absorption
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## PROGRAM OUTLINE:

### Justin Kullgren, PharmD, FAAHPM (20 min)

1. Challenges of managing pain in patients with substance use disorders (3 min)
2. Strategies to manage pain in patients with substance use disorders (4 min)
3. Discuss the safe use of non-opioid agents in the management of pain in patients with substance use disorder, including but not limited to, NSAIDs, corticosteroids, gabapentin, pregabalin, duloxetine, desipramine, ketamine, and lidocaine (13 min)

### Angela Novas, MSN, RN, CRNP, ACHPN (20 min)

1. Introduction (1 min)
2. Ethical implications and considerations related to withdrawal of care (10 min)
3. Cachexia vs. reversible weight loss (8 min)
4. Summary (1 min)

### Daniel Shalev, MD (20 min)

Case Study: A patient with delirium at home being treated with haloperidol who develops worsening agitation due to akathisia.

1. Adverse effects of antipsychotics with an alternate vignette of the same case in which the patient develops an acute dystonic reaction.
2. Strategies for dosing psychiatric medications in patients who either cannot swallow or cannot absorb, including information about buccal absorption of oral dissolvable medications and alternative medication administration routes, including intramuscular, subcutaneous, and intravenous.

### Question and Answer Session (30 min)

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## CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 continuing education contact hours. CE hours are available for 6 months, until June 10, 2025.

A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org) on the program's registration page.

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### **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5-hour program. Partial credit is not awarded. Participants must also complete the entire CE process online which includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

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### **EXPERT PANELISTS:**

**Justin Kullgren, PharmD, FAAHPM**, is Specialty Practice Pharmacist in Palliative Medicine. As a Pain and Palliative Care Clinical Pharmacy Specialist at The Ohio State University Wexner Medical Center James Cancer Hospital, Justin works with the palliative interdisciplinary team on pain and symptom management, prevention and treatment of adverse drug events, medication dosing, and monitoring and disease state management. Dr. Kullgren enjoys the opportunity to provide educational presentations to the palliative care interdisciplinary team. Justin is a Past President for the Society of Pain and Palliative Care Pharmacists and a Fellow of AAHPM.

**Angela Novas, MSN, RN, CRNP, ACHPN**, is Senior Medical Officer for Hospice Foundation of America. Angela graduated from The George Washington University, Washington DC with an MSN in Nursing/Adult-Gerontology Primary Care Nurse Practitioner (ANCC). She completed postgraduate studies in palliative and hospice care, including Practical Aspects of Palliative Care (PAPC), from Harvard Medical School, received her Palliative Care Certificate from University of Colorado, and completed her Board Certification as an Advanced Certified Hospice & Palliative Care Nurse (ACHPN).

**Daniel Shalev, MD**, is Assistant Professor of Medicine in the Division of Geriatrics and Palliative Medicine and Assistant Professor of Medicine in Psychiatry in the Department of Psychiatry. Dr. Shalev completed psychiatry residency at Columbia University followed by fellowship training in Consultation-Liaison Psychiatry (psychiatric care of individuals with medical and surgical illnesses) and in Hospice and Palliative Medicine and maintains triple board certification. Clinically, Dr. Shalev provides palliative and psychiatric care to patients at Weill Cornell with serious medical illnesses. In addition to his clinical endeavors, Dr. Shalev directs an active research program focused on improving mental health outcomes for individuals with serious medical illnesses. He has published and presented widely and teaches clinicians and students locally and nationally. He serves as psychosocial associate editor for the *Journal of Pain and Symptom Management*.

### **MODERATOR:**

**Adrienne Jones-Adamczyk MBE, RN, ACNP-BC, ACHPN, HEC-C**, *Senior Clinical Ethics Specialty Program Director* at Banner University Medical Center- Phoenix

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### **BIBLIOGRAPHY/REFERENCES:**

- St Marie B, Broglio K. Managing Pain in the Setting of Opioid Use Disorder. *Pain Manag Nurs*. 2020 Feb;21(1):26-34. doi: 10.1016/j.pmn.2019.08.003. Epub 2019 Oct 21. PMID: 31648905; PMCID: PMC6980723.
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- Nickels, K., Kullgren, J., Mitchell, M.T. et al. Cancer Pain Management in Patients with Opioid Use Disorder. *Curr Addict Rep* 11, 475–491 (2024). <https://doi.org/10.1007/s40429-024-00577-9>
  - Akdeniz M, Yardımcı B, Kavukcu E. Ethical considerations at the end-of-life care. *SAGE Open Med.* 2021 Mar 12;9:20503121211000918. doi: 10.1177/20503121211000918. PMID: 33786182; PMCID: PMC7958189.
  - Doka, K. J., Jennings, B., Kirk, T.W., and Tucci, A.S. (Eds.). (2023). *End-of-Life Ethics in a Changing World*. Hospice Foundation of America.
  - Center for Practical Bioethics: [www.practicalbioethics.org](http://www.practicalbioethics.org)
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#### **SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

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#### **CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity. None of the planners or presenters for this educational activity have relevant financial relationships to disclose with ineligible companies.

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#### **FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

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