



## PROVIDING HOPE AND HEALING TO THOSE COPING WITH TRAUMA AND LOSS

### DESCRIPTION:

Trauma comes to all of us but we can all use tools of self-care and self-awareness to heal our trauma and become more whole than we've ever been. In this webinar, James S. Gordon, MD, a Harvard-educated psychiatrist and author of the new book *The Transformation: Discovering Wholeness and Healing After Trauma* will help bereavement professionals and clinicians embrace a hopeful and life-affirming evidence-based approach to healing psychological trauma. Participants will learn how to incorporate techniques of self-care into their work as well as into their own lives. Dr. Gordon will also guide them in creating comprehensive programs that integrate self-care and group support with the therapeutic approaches they are already offering.

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### PROGRAM DETAILS

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

<b>LIVE DATE:</b>	October 29, 2019
<b>TIME:</b>	noon – 1:30pm ET
<b>ON-DEMAND:</b>	through October 28, 2020
<b>LENGTH:</b>	90 minutes
<b>CEs:</b>	1.5 hour for a variety of professional boards
<b>CE FEE:</b>	\$25 per certificate
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians, counselors and others working in or providing counseling in the hospice, palliative care, counseling, hospital, or nursing home environments.

\*CE credits are included in the price of registration for the in-person event and for the live webcast  
**This program will be live on the air date, recorded and made available for on demand viewing.**

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### CONTINUING EDUCATION (CE) CREDITS

This program is valid for 1.5 hours of CE credit for the following professional boards. The CE cost is \$25 per certificate. CE credits are available until October 28, 2020.

- **National Association of Social Work Boards (NASW)**  
This program is approved by the National Association of Social Workers for 1.5 Social Work continuing education contact hours. **Approval expires 9/30/2020\***. Accepted/recognized in all states except ID, MI, NJ, NY, OR, & WV.  
*\*Program and online CE process must be completed prior to expiration for NASW CE credit to be awarded.*
- **Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation**  
This continuing nursing education activity was approved by the Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.  
*Note: Alabama nurses are responsible for reporting their hours to the Alabama Board of Nursing. When doing so,*

please leave the "provider number" field blank on your individual transcript; however all other information must be completed.

- **National Board for Certified Counselors (Approval for LIVE course only)**  
*Providing Hope and Healing to Those Coping with Trauma and Loss* has been approved by NBCC for NBCC credit. TAPS Institute for Hope and Healing® is solely responsible for all aspects of the program.
- **Commission for Case Manager Certification (CCMC)**  
This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs).
- **Association for Death Education and Counseling (ADEC)**  
Pre-approval for *Providing Hope and Healing to Those Coping with Trauma and Loss* is granted by the Association for Death Education and Counseling's (ADEC) Distance Education Committee for 1.5 contact hours to count toward certification/re-certification for ADEC's Certified Thanatologist (CT) and Fellow in Thanatology (FT).
- **The American Institute of Health Care Professionals, Inc. and the American Academy of Grief Counseling**  
This continuing education program has been approved by The American Institute of Health Care Professionals, Inc. & The American Academy of Grief Counseling for 1.5 contact hours of continuing education credits.
- **Academy of Professional Funeral Service Practice (APFSP)**  
Approved for 1.5 Contact Hours (APFSP Category A, 0.15 CEUs, Instructor Led/Web).
- **Association of Professional Chaplains**  
Continuing Chaplaincy Education Credits (CCEs) are no longer required; a Certificate of Attendance will be issued for use in reporting continuing education hours
- **Certificate of Attendance**

\*Approval numbers will be provided on CE certificate

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## TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

[http://eventcenter.commpartners.com/se/Meetings/BrowserTest\\_New.aspx?account.id=CommPart](http://eventcenter.commpartners.com/se/Meetings/BrowserTest_New.aspx?account.id=CommPart)

**Technical Questions?** Please contact CommPartners at 1-800-274-9390 or via e-mail at: [TAPS@commpartners.com](mailto:TAPS@commpartners.com).

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## REGISTRATION

There is no registration fee for this program.

Register directly online at <https://providinghope.eventbrite.com>, or contact TAPS Institute for Hope and Healing® at 800-959-5277 or email [Institute@taps.org](mailto:Institute@taps.org).

Course materials will be emailed to registered users and will also be available on the TAPS Institute for Hope and Healing® website at <https://www.taps.org>. Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. *Information will be posted and/or emailed as soon as they become available.*

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## LEARNING OBJECTIVES

At conclusion, participants will be able to:

1. Begin to develop an understanding of mind-body medicine
  2. Discuss the psychobiology of trauma
  3. Understand the efficacy of self-expression, self-care, and group support in healing from trauma and loss
  4. Explore implementation of mind-body medicine techniques through the Mind-Body Skills Group
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## PROGRAM OUTLINE

- I. Provide background of current biomedical model vs. “New Medicine” (10 minutes) II. Explore the psychobiology of trauma (20 minutes)
  - III. Understand the efficacy of self-expression, self-care, and group support in healing from trauma and loss (25 minutes)
  - IV. Explore the implementation of mind-body medicine techniques through the Mind-Body Skills Group, and specific examples such as the use in Kosovo, Gaza, and with VISN-8 (25 minutes)
  - V. Question and Answer Session (10 minutes)
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## COURSE COMPLETION REQUIREMENTS

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from the approved list of boards\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on the TAPS Institute for Hope and Healing® CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

\*A complete list of board approvals for this webinar program will be posted to this document (see above). Please check back for updates on the approval status for each board.

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## EXPERT PANELIST

### **James S. Gordon, PhD**

A world-renowned expert on trauma, Dr. James S. Gordon, author of *The Transformation: Discovering Wholeness and Healing After Trauma*, is the founder and executive director of The Center for Mind-Body Medicine (CMBM) in Washington, D.C., where he has created and implemented what may well be the world’s largest and most effective program for healing population-wide trauma. He and his 130 international faculty have brought this program to populations as diverse as refugees from wars in the Balkans, the Middle East, and Africa; New York City firefighters and U. S. military personnel and veterans and their families; student/ parent/teacher school shooting survivors; and Native American children and their families—as well as stressed out professionals, stay-at-home mothers, inner-city children, White House officials, health professionals and medical students, and people struggling with emotional and physical illnesses.

## REVIEWER

**Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, Mercy College**

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## COPYRIGHT NOTICE

The TAPS Institute for Hope and Healing® program is copyrighted. Its use and dissemination is restricted and unauthorized duplication is prohibited.

CE Credits for this program may only be obtained through TAPS Institute for Hope and Healing®. CE instructions will be provided prior to the live air date and to attendees at the end of the program.

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## SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact TAPS Institute for Hope and Healing® via email at [Institute@taps.org](mailto:Institute@taps.org) or call 800-959-TAPS (8277).

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## CONFLICT OF INTEREST

Planners (Panelist and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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## FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact TAPS Institute for Hope and Healing®  
3033 Wilson Blvd., 3rd Floor, Arlington, VA 22201  
[Institute@taps.org](mailto:Institute@taps.org) / 800-959-TAPS (8277)

*Presented by Boeing*

