



SUICIDE, GRIEF AND TRAUMA SUPPORTING VETERANS AND FAMILIES OF THE FALLEN

DESCRIPTION:

This training develops insight around the experiences of grief and loss, as compared with trauma, for veterans and military family members. Specifically, we help participants understand several reasons why the grief of veterans and military family members may be “camouflaged” (and therefore unrecognized and unaddressed), even within supportive treatment settings. To address this, we identify common barriers that may prevent veterans and military family members from discussing their experiences of grief and loss.

We argue that effective support of veterans and military families requires us to apply the right interventions at the right times. To advance this goal, drawing from decades of work with both grief and loss and trauma recovery, we identify 3 key distinctions that can help us discriminate between trauma and grief. Further, we explain why trauma must be proactively addressed and treated to allow for a healthy grief journey. Finally, we point out that while we must help those who are suffering approach (rather than avoid) both their trauma and grief, we do so with a fundamentally different goal: trauma recovery unbinds us from trauma memories, whereas healthy grief enhances connection and engagement with memories of a loved one who has died.

PROGRAM DETAILS

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

LIVE DATE: September 19, 2018
TIME: noon – 1:00pm ET
ON DEMAND: available from September 20, 2018 to through September 18, 2019
LENGTH: 1 hour (60 minutes)
CEs: 1 hour for a variety of professional boards
CE FEE: \$25 per certificate
TARGET AUDIENCE: Health care clinicians, social service clinicians, psychologists, counselors and others working in or providing counseling in the hospice, palliative care, counseling, hospital, or nursing home environments.

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

CONTINUING EDUCATION (CE) CREDITS

This program is valid for 1 hour of CE credit for the following anticipated professional boards. The CE cost is \$25 per certificate. CE credits are available until September 18, 2019.

- National Association of Social Work Boards (NASW)**
 This program is Approved by the National Association of Social Workers for 1 Clinical Social Work continuing education contact hour. **Approval expires 8/31/2019***. Accepted/recognized in all states except ID, MI, NJ, NY, OR, and WV.
**Program and online CE process must be completed prior to expiration for NASW CE credit to be awarded.*
- American Psychological Association (APA) - (Approval for LIVE course only)**
 This workshop has been reviewed and approved by the American Psychological Association's (APA) Office Continuing Education in Psychology (CEP) to offer Continuing Education (CE) credit for psychologists. Full attendance is required at the workshop to receive CE credit. Partial credit is not awarded. The CEP Office maintains responsibility for the delivery of the workshop.

 In observance of Yom Kippur, the American Psychological Association (APA) has granted access to continuing education credit for one week from the live air date of *Suicide, Grief and Trauma* (9/19/18 at Noon ET). To qualify for this extension, you must be registered for the program by Noon ET on 9/19/18 **and** apply for continuing education by Noon ET on 9/26/18. A restricted-access recording of the program will be provided by 5 pm ET on 9/20/18 to those who are registered for the program by Noon ET on 9/19/18. If you have questions regarding this extension or how to qualify, email institute@taps.org.
- Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation**
 This continuing nursing education activity was approved by the Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
Note: Alabama nurses are responsible for reporting their hours to the Alabama Board of Nursing. When doing so, please leave the "provider number" field blank on your individual transcript; however all other information must be completed.
- National Board for Certified Counselors (Approved for LIVE course only)**
Suicide, Grief and Trauma: Supporting Veterans and Families of the Fallen has been approved by NBCC for NBCC credit. TAPS Institute for Hope and Healing is solely responsible for all aspects of the program. NBCC approval for live program only.
- Commission for Case Manager Certification (CCMC)**
 This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs).
- Association for Death Education and Counseling (ADEC)**
 Pre-approval for TAPS Institute for Hope and Healing's, "Suicide, Grief and Trauma: Supporting Veterans and Families of the Fallen" is granted by the Association for Death Education and Counseling's (ADEC) Distance Education Committee for 1 contact hour to count toward certification/re-certification for ADEC's Certified Thanatologist (CT) and Fellow in Thanatology (FT).
- The American Institute of Health Care Professionals, Inc. and the American Academy of Grief Counseling**
 This continuing education program has been approved by The American Institute of Health Care Professionals & The American Academy of Grief Counseling for 1.0 contact hours of continuing education credits.
- Academy of Professional Funeral Service Practice (APFSP)**
 Approved for 1 Contact Hours (APFSP Category B, 0.1 CEUs, Instructor Led/Web).
- Association of Professional Chaplains**
 Continuing Chaplaincy Education Credits (CCEs) are no longer required; a Certificate of Attendance will be issued for use in reporting continuing education hours
- Certificate of Attendance**

*Approval numbers will be provided on CE certificate

TECHNICAL REQUIREMENTS

To view the online; on-demand program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

http://eventcenter.commpartners.com/se/Meetings/BrowserTest_New.aspx?account.id=CommPart

Technical Questions? Please contact CommPartners at 1-800-274-9390 or via e-mail at: TAPS@commpartners.com.

REGISTRATION

There is no registration fee for this program.

Register directly online at <https://suicidegrieftrauma.eventbrite.com>, or contact TAPS Institute for Hope and Healing at 800-959-5277 or email Institute@taps.org.

Course materials will be emailed to registered users and will also be available on TAPS Institute for Hope and Healing 's website at <https://www.taps.org>. Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. *Information will be posted and/or emailed as soon as they become available.*

LEARNING OBJECTIVES

At the conclusion of this webinar, participants will be able to:

- 1) Identify at least 3 symptoms that are common to both grief and trauma
 - 2) Describe 2 reasons why grief is often overlooked in clinical settings where veterans and military families are served
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PROGRAM OUTLINE

1. Learning Objectives
 - a. Identify at least 3 symptoms that are common to both grief and trauma
 - b. Describe 2 reasons why grief is often overlooked in clinical settings where veterans and military families are served
2. Background
 - a. Key task of professional healers is to differentiating human experience
 - b. Freud's work on differentiating Mourning and "Melancholia"
 - c. Consideration of how trauma may mask grief
3. Factors that obscure grief among those impacted
 - a. Review and consideration of multiple reasons that grief may be overlooked
 - b. Case examples
 - c. Unique Challenges with Suicide Loss
 - d. Descriptions of common themes among survivor experiences
 - e. Doing the right intervention at the right time
4. Interactions between Grief and Trauma

- a. How trauma impacts grief and vice versa
 - b. Case example that shows differential potential impacts of an event on survivors
5. Healing applications for working with grief and trauma
- a. Critical questions we can ask to differentiate grief from trauma
 - b. Description of what each question may help us understand
 - c. Other key ways to differentiate grief and trauma
6. Summary
- a. Reflection on treatment strategy for addressing grief and trauma
 - b. Description of next course to come on moving survivors from grief to growth
 - c. Final take-aways
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COURSE COMPLETION REQUIREMENTS

Participants must attend the entire 1-hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from TAPS Institute for Hope and Healing's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on TAPS Institute for Hope and Healing's CE site at educate.hospicefoundation.org).

*A complete list of board approvals for this webinar program will be posted to this document (see above). Please check back for updates on the approval status for each board.

EXPERT PANELIST

Shauna Springer, PhD, is the Senior Director of TAPS Suicide Prevention and Postvention Initiatives. She has particular expertise in attachment processes, trauma recovery, innovative suicide prevention approaches, close relationships, peer support program development, and working with veterans, including post-discharge adjustment and strategies for engaging veterans in behavioral health care. Prior to coming to TAPS, for eight years, she served as a front line mental health psychologist for hundreds of Veterans, helping them see their worth in the community, reconnect with their military and homefront Tribes, and build lives driven by their deepest values. Dr. Springer is a licensed Psychologist with an undergraduate degree from Harvard University and a Doctoral degree from the University of Florida.

MODERATOR

Kim Ruocco, MSW, TAPS Vice President of Suicide Prevention & Postvention

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, The College of New Rochelle

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CE Credits for this program may only be obtained through TAPS Institute for Hope and Healing. CE instructions will be provided prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

CONFLICT OF INTEREST

Planners (Panelist and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

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Presented by Boeing

