



GRIEF AND YOUNG ADULTS IN MILITARY-CONNECTED FAMILIES

DESCRIPTION:

Young adults are a unique group of grievers in connection with both their developmental positioning and cohort factors. Many are also growing and learning in the particular context of higher education. In addition, young adults who are members of military-connected families can experience added layers to their grief affected by the specifics of military-connected deaths (e.g., ambiguity, deaths from a distance) as well as intersecting stereotypes about the military. Join Dr. Servaty-Seib and Dr. MacDermid Wadsworth to gain a better understanding of the themes common in the grief of young adults and the special features of grief for military-connected young adults.

PROGRAM DETAILS

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

LIVE DATE: September 15, 2020
TIME: noon – 1:30pm ET
ON-DEMAND: through September 14, 2021
LENGTH: 90 minutes
CEs: 1.5 hour for a variety of professional boards
CE FEE: \$25 per certificate
TARGET AUDIENCE: Health care clinicians, social service clinicians, counselors and others working in or providing counseling in the hospice, palliative care, counseling, hospital, or nursing home environments.

*CE credits are included in the price of registration for the in-person event and for the live webcast
This program will be live on the air date, recorded and made available for on demand viewing.

CONTINUING EDUCATION (CE) CREDITS

TAPS Institute for Hope and Healing is seeking to offer continuing education credit. This program is valid for 1.5 hour of CE credit for the following anticipated professional boards. *Please check our website for updates.* The CE cost is \$25 per certificate. CE credits are available until September 14, 2021.

- **National Association of Social Work Boards (NASW)**
This program is approved by the National Association of Social Workers for 1.5 Social Work continuing education contact hours. **Approval expires 8/31/2021***. Accepted/recognized in all states except ID, MI, NJ, NY, OR, & WV.
**Program and online CE process must be completed prior to expiration for NASW CE credit to be awarded*
- **Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation**
This continuing nursing education activity was approved by the Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
Note: Alabama nurses are responsible for reporting their hours to the Alabama Board of Nursing. When doing so, please leave the "provider number" field blank on your individual transcript; however all other information must be completed.

- **Commission for Case Manager Certification (CCMC)**
This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs).
- **Association for Death Education and Counseling (ADEC)**
Pending – please check back for updates on approval status.
- **The American Institute of Health Care Professionals, Inc. and the American Academy of Grief Counseling**
This continuing education program has been approved by The American Institute of Health Care Professionals, Inc. & The American Academy of Grief Counseling for 1.5 contact hours of continuing education credits.
- **Academy of Professional Funeral Service Practice (APFSP)**
Approved for 1.5 Contact Hours (APFSP Category A, 0.15 CEUs, Instructor Led/Web).
- **Association of Professional Chaplains**
Association of Professional Chaplains does not pre-approve programs; a Certificate of Attendance will be issued and may be submitted to the board for use in reporting continuing education hours
- **Certificate of Attendance**

*Approval numbers will be provided on CE certificate

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us/> and click “support”

REGISTRATION

There is no registration fee for this program.

Register directly online at <https://griefandyoungadults.eventbrite.com>, or contact TAPS Institute for Hope and Healing® at 800-959-5277 or email Institute@taps.org.

Course materials will be emailed to registered users and will also be available on the TAPS Institute for Hope and Healing® website at <https://www.taps.org>. Materials include log-in information (viewing instructions and technical information), CE instructions, the program’s slides, and additional program material. *Information will be posted and/or emailed as soon as they become available.*

LEARNING OBJECTIVES

At conclusion, participants will be able to:

1. List the most common death losses (e.g., who died, cause of death) experienced by young adults.
2. Describe five themes common in the grief of young adults.
3. Discuss special features of grief for military-connected young adults.

PROGRAM OUTLINE

General Factors Associated with Grief and Mourning (15 minutes)

- Culture, ethnicity, and religion
- Relationship with the person who died
- Circumstances surrounding the death
- Personal responses to loss
- External concurrent influences/stressors
- Familial communication & general functioning
- Developmental level

Emerging Adults and Death Losses (15 minutes)

- Emerging adult characteristics
- Millennial generation characteristics
- Generation Z characteristics
- College context
- Trends in the deaths experienced
- Multidimensional grief reactions

Young Adults in Military-Connected Families (10 minutes)

- Characteristics of military experience and culture
- Risk and resilience factors

Themes in the Grief of College Students and Young Adults (30 minutes)

- Isolation
- Active grief expression, memorialization, and altruistic instrumental grief
- Forced maturity
- Importance of connecting with grieving peers
- Disconnection with grief expectations
- Life transition challenges
- Existential questions
- Importance of connecting with a mentor
- Life lessons learned
- Powerful reactions
- Importance of a community of support
- Changing family relationships

Grief among military-connected young adults (10 minutes)

- Bereavement experiences of military children and youth
- Complicated grief

Question and Answer Session (10 minutes)

COURSE COMPLETION REQUIREMENTS

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from the approved list of boards*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on the TAPS Institute for Hope and Healing® CE site at educate.hospicefoundation.org).

*A complete list of board approvals for this webinar program will be posted to this document (see above). Please check back for updates on the approval status for each board.

EXPERT PANELISTS

Heather L. Servaty-Seib, PhD, HSPP, is a Dean's Fellow for Analytical Assessment in Purdue's Honors College. She is also Professor of Counseling Psychology in the Educational Studies Department of the College of Education where her primary scholarly areas include adolescent/college student bereavement, loss/gain impact of life events, and support and communication in the grieving process. Professor Servaty-Seib received her BA (honors) from Concordia College in 1992 and her Master's and PhD in Counseling Psychology from the University of North Texas in 1995 and 1997. She teaches Honors courses connected to her research—most recently courses entitled Death and Dying and Loss. Dr. Servaty-Seib is a past president of the Association for Death Education and Counseling (ADEC) and received the ADEC 2013 Death Educator Award. Much of her recent scholarship has been focused in area of college student bereavement including a co-edited volume (published by Jossey-Bass) entitled *Assisting Bereaved College Students*, an edited volume of narratives by grieving college students (published by Jessica Kingsley), and empirical articles published in journals such as *The Counseling Psychologist* and *Death Studies*. She is on the editorial boards of four academic journals including three of the top research journals of the field of thanatology.

Shelley M. MacDermid Wadsworth, PhD, is a Distinguished Professor of Human Development and Family Studies at Purdue University, where she directs the Center for Families, as well as the Military Family Research Institute, which she co-founded. Her primary research interest is the relationship between work conditions and family life, with special focus on military families. She is an author of over 140 articles and chapters. She has served on federal advisory committees for the National Academies of Science and the Department of Defense, and has testified in Congress on multiple occasions regarding military and veteran families.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, Mercy College

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact TAPS Institute for Hope and Healing® via email at Institute@taps.org or call 800-959-TAPS (8277).

CONFLICT OF INTEREST

Planners (Panelist and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

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