



Eye Movement Desensitization and Reprocessing (EMDR) Demystified

DESCRIPTION:

Eye Movement Desensitization and Reprocessing (EMDR) is the most widely, quickly disseminated, and thoroughly researched, methods of psychotherapy to appear in recent times. It is recognized as an evidence-based method of treatment for PTSD by evaluating authorities including the American Psychiatric Association, the International Society for Traumatic Stress Studies and the Veterans Administration/Department of Defense. Nonetheless, there are many misconceptions about what EMDR is, its theoretical base, and the nature of the supporting and critical research.

This presentation will describe and demonstrate aspects of EMDR, place it in a general theoretical context, and briefly summarize the current research. Participants will be presented with information to make informed choices about pursuing training, and which clients may be appropriate for EMDR treatment. Though this workshop will not prepare participants to use EMDR in full, clinical features of EMDR will be taught which may become immediately helpful in clinical practice for a wide variety of client concerns.

PROGRAM DETAILS

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

LIVE DATE: June 29, 2021
TIME: noon – 1:30pm ET
ON-DEMAND: through June 28, 2022
LENGTH: 90 minutes
CEs: 1.5 hour for a variety of professional boards
CE FEE: \$25 per certificate
TARGET AUDIENCE: Health care clinicians, social service clinicians, counselors and others working in or providing counseling in the hospice, palliative care, counseling, hospital, or nursing home environments.

*CE credits are included in the price of registration for the in-person event and for the live webcast
This program will be live on the air date, recorded and made available for on demand viewing.

CONTINUING EDUCATION (CE) CREDITS

TAPS Institute for Hope and Healing is seeking to offer continuing education credit. This program is valid for 1.5 hour of CE credit for the following anticipated professional boards. *Please check our website for updates.* The CE cost is \$25 per certificate. CE credits are available until June 28, 2022.

- **National Association of Social Work Boards (NASW)**

This program is approved by the National Association of Social Workers for 1.5 Social Work continuing education contact hours. **Approval expires 5/31/2022***. Accepted/recognized in all states except NJ, NY, NC, & WV.

**Program and online CE process must be completed prior to expiration for NASW CE credit to be awarded*

- **National Board for Certified Counselors (*Approval for LIVE course only*)**
Eye Movement Desensitization and Reprocessing (EMDR) Demystified has been approved by NBCC for NBCC credit. TAPS Institute for Hope and Healing® is solely responsible for all aspects of the program.
 *Approved for live course only on June 29, 2021.
- **Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation**
Pending – please check back for updates on approval status.
 This activity has been submitted to Alabama State Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
For more information regarding contact hours, please call TAPS Institute for Hope and Healing at 800-959-8277.
- **Commission for Case Manager Certification (CCMC)**
 This program has been submitted to The Commission for Case Manager Certification for approval. This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs).
- **Association for Death Education and Counseling (ADEC)**
The Association for Death Education and Counseling® has deemed this program as counting toward the continuing education requirements for the ADEC CT and FT programs.
- **The American Institute of Health Care Professionals, Inc. and the American Academy of Grief Counseling**
 This continuing education program has been approved by The American Institute of Health Care Professionals, Inc. & The American Academy of Grief Counseling for 1.5 contact hours of continuing education credits
- **Academy of Professional Funeral Service Practice (APFSP)**
 Approved for 1.5 Contact Hours (APFSP Category B, 0.15 CEUs, eLearning).
- **Association of Professional Chaplains**
 Association of Professional Chaplains does not pre-approve programs; a Certificate of Attendance will be issued and may be submitted to the board for use in reporting continuing education hours
- **Certificate of Attendance**

*Approval numbers will be provided on CE certificate

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us/> and click “support”

REGISTRATION

There is no registration fee for this program.

Register directly online at <https://emdrdemystified.eventbrite.com>, or contact TAPS Institute for Hope and Healing® at 800-959-5277 or email Institute@taps.org.

Course materials will be emailed to registered users and will also be available on the TAPS Institute for

Hope and Healing® website at <https://www.taps.org>. Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. *Information will be posted and/or emailed as soon as they become available.*

LEARNING OBJECTIVES

After this presentation, participants will be able to:

1. Describe the basic concept of EMDR (Eye Movement Desensitization and Reprocessing)
 2. Understand EMDR's general theoretical context in psychology and the current research
 3. Discuss the Adaptive Information Processing (AIP) Model, the theoretical understanding that guides EMDR development
 4. Examine clinical considerations in using EMDR in working with grieving clients
 5. Gain information to make informed choices about whether or not to pursue training, and which clients may be appropriate for referral for EMDR treatment (although this workshop will not prepare participants to use EMDR itself)
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PROGRAM OUTLINE

Brief Description of EMDR (20 minutes)

How it works

How it is implemented in a psychotherapeutic relationship

General Outcomes

Background and Development (20 minutes)

Scientific and professional organizations that highly recommend EMDR

Developmental/theoretical models

History and Controversies

Clinical considerations in using with bereaved clients (20 minutes)

Technical aspects

EMDR and Guilt

Training standards

Challenges facing EMDR as a comprehensive approach to treatment (20 minutes)

Question and Answer Session (10 minutes)

COURSE COMPLETION REQUIREMENTS

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary).

Attendees will be able to choose the board they wish to receive credit from (from the approved list of boards*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on the TAPS Institute for Hope and Healing® CE site at educate.hospicefoundation.org).

*A complete list of board approvals for this webinar program will be posted to this document (see above). Please check back for updates on the approval status for each board.

EXPERT PANELISTS

Howard Lipke, PhD, editorial board member, *EMDR Journal of Practice and Research*

In 1990, while he was the director of an inpatient PTSD program at a VA medical center, Dr. Lipke learned of EMDR, quickly received training from its originator, Francine Shapiro, and then began working with her to teach others. He has published and presented extensively on EMDR in scientific journals and at scientific/professional conferences. His work has included two books, *EMDR and Psychotherapy Integration* and *Don't I have the Right to Be Angry: The HEART Program for Veterans and Others Who Want to Prevent Destructive Anger*. Much of his other work on EMDR and other areas of psychology can be found at his website HowardLipke.com and in the column Trauma and World Literature, which he co-edits for the ISTSS newsletter *StressPoints*. Since retiring from the VA, Dr. Lipke has maintained a part time clinical and consulting practice.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, Mercy College

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CE Credits for this program may only be obtained through TAPS Institute for Hope and Healing®. CE instructions will be provided prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact TAPS Institute for Hope and Healing® via email at Institute@taps.org or call 800-959-TAPS (8277).

CONFLICT OF INTEREST

Planners (Panelist and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

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