



## COLLAGE: GRIEF, LOSS, AND EXPRESSIVE ARTS THERAPY

### DESCRIPTION:

This didactic, experiential workshop introduces collage as a transformative art therapy technique, effective in the treatment of traumatic loss. This multi-media approach highlights art therapy based theory and practices with grief/ bereavement theories of Neimeyer: Meaning Reconstruction, Worden: Task Model of Bereavement and Rynearson: Restorative Retelling. Case studies include collage images created by an art therapist in response to the suicide of her daughter as well as images created by the bereaved. The creative process and product provide learners with opportunities to explore two/three dimensional collage making as a way to piece together personal and professional experiences of loss.

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### PROGRAM DETAILS

This live, in-person, course is intended for professionals who are seeking creative and imaginative skill development in their bereavement interventions with clients.

<b>LIVE DATE:</b>	November 14, 2019
<b>TIME:</b>	10:00am – 4:00pm ET
<b>LOCATION:</b>	TAPS Institute for Hope and Healing® 3033 Wilson Boulevard, Third Floor Arlington, Virginia 22201
<b>CEs:</b>	5 hour for a variety of professional boards
<b>CE FEE:</b>	Included with registration
<b>TARGET AUDIENCE:</b>	Psychiatrists, psychologists, social workers, licensed professional counselors, marriage and family therapists, pastoral counselors, nurses, art therapists and expressive arts therapists.

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### CONTINUING EDUCATION (CE) CREDITS

This program is valid for 5 hours (unless otherwise noted) of CE credit for the following professional boards.

- **National Association of Social Work Boards (NASW)**  
*Collage: Grief, Loss, and Expressive Arts Therapy* is approved by the National Association of Social Workers for 5 Social Work continuing education contact hours. Accepted/recognized in all states except ID, MI, NJ, NY, OR, and WV.
- **Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation**  
***Pending – please check back for updates on approval status.***  
This activity has been submitted to Alabama State Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.  
*For more information regarding contact hours, please call TAPS Institute for Hope and Healing at 800-959-8277.*

- **National Board for Certified Counselors**  
*Collage: Grief, Loss and Expressive Arts Therapy* has been approved by NBCC for NBCC credit. TAPS Institute for Hope and Healing® is solely responsible for all aspects of the program.
- **Commission for Case Manager Certification (CCMC)**  
This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs). **The course is approved for 4.75 CE contact hour(s).**
- **Association for Death Education and Counseling (ADEC)**  
***Pending – please check back for updates on approval status.***
- **The American Institute of Health Care Professionals, Inc. and the American Academy of Grief Counseling**  
This continuing education program has been approved by The American Institute of Health Care Professionals, Inc. and The American Academy of Grief Counseling for 5.0 contact hours of continuing education credits.
- **Academy of Professional Funeral Service Practice (APFSP)**  
Approved for 5 Contact Hours (APFSP Category A, 0.5 CEUs, Instructor Led).
- **Association of Professional Chaplains**  
Continuing Chaplaincy Education Credits (CCEs) are no longer required; a Certificate of Attendance will be issued for use in reporting continuing education hours
- **Certificate of Attendance**

\*Approval numbers will be provided on CE certificate

## REGISTRATION

Seating is limited. Registration is \$85 and includes continuing education fees and lunch.

Register directly online at <https://artfulgrief.eventbrite.com> or contact TAPS Institute for Hope and Healing® at 800-959-5277 or email [Institute@taps.org](mailto:Institute@taps.org).

**Refund Policy:** Cancellations must be received via email to [institute@taps.org](mailto:institute@taps.org) and are eligible for a refund according to the terms below. Substitutions are allowed. Refunds cannot be credited towards future Institute events or programs.

- Before October 14: 100% refund
- October 14-31: 50% refund
- November 1-7: 25% refund
- After November 7 and no-shows: no refund

## LEARNING OBJECTIVES

At conclusion, participants will be able to:

1. Learners will be able to identify three major Grief and Bereavement Theories as applied to the Expressive Arts. (Neimeyer: Meaning Reconstruction, Worden: Task Model of Bereavement and Rynearson: Restorative Retelling Model)
2. Learners will understand the collage process and product through a Meaning Reconstruction focus on the event story and back story narrative.
3. Learners will understand how three questions support a creative process that is grounded in Rynearson's: Restorative Retelling. (How did it happen, Who am I, and Why did it happen)
4. Learners will effectively describe three creative interventions that support grief work, anchored in Neimeyer's framework of bracing, pacing and facing.

5. Learners will understand the essential elements of Art Therapy as an effective treatment modality for those suffering traumatic loss.
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### PROGRAM OUTLINE

10 – 10:15	Introductions
10:15 – 11:45	Collage: Integrating the Torn Pieces – Power Point
11:45 – 12:00	Questions and Answers
12:00 – 1:00	Lunch
1:00 – 2:00	Collage Experience/ two dimensional collage
2:00 – 2:35	Sharing, Questions and Answers
2:35 – 3:40	Collage Experiential/ three dimensional collage
3:40 – 4:00	Questions and Answers

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### COURSE COMPLETION REQUIREMENTS

Participants must attend the entire 5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from the approved list of boards\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on the TAPS Institute for Hope and Healing® CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

\*A complete list of board approvals for this webinar program will be posted to this document (see above). Please check back for updates on the approval status for each board.

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### EXPERT PANELIST

**Sharon Strouse, MA, ATR-BC, LCPAT**, is a board-certified art therapist and licensed clinical professional art therapist with 30 years of clinical experience with adults. A year after her 17-year old daughter Kristin ended her own life; Sharon immersed herself in a creative process involving collage which became the foundation for her book, *Artful Grief: A Diary of Healing*. Additional published works can be found in *Techniques of Grief Therapy: Creative Practices for Counseling the Bereaved*, *Grief and the Expressive Arts: Practices for Creating Meaning*, *Exploring Ethical Issues in Art Therapy* and *Prescriptive Memory in Grief and Loss: The Art of Dreamscaping*. She is a workshop presenter for The Tragedy Assistance Program for Survivors 2008-2018, The American Foundation for Suicide Prevention, The Association for Death Education and Counseling, The Compassionate Friends, the American Art Therapy Association and the Expressive Therapies Summit. She is a board member on the Johns Hopkins Medicine: Department of Psychiatry and Behavioral Sciences. Sharon is co-founder of The Kristin Rita Strouse Foundation ([www.krsf.com](http://www.krsf.com)) a non-profit dedicated to supporting programs that increase awareness of Mental Health through education and the arts. In addition to national workshops, she leads weekly art therapy and meditation circles for survivors of loss.

### REVIEWER

**Lynda Shand, CHPN, CNE, RN, PhD**, Associate Professor, Mercy College

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## COPYRIGHT NOTICE

The TAPS Institute for Hope and Healing® program is copyrighted. Its use and dissemination is restricted and unauthorized duplication is prohibited.

CE Credits for this program may only be obtained through TAPS Institute for Hope and Healing®. CE instructions will be provided prior to the live air date and to attendees at the end of the program.

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## SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact TAPS Institute for Hope and Healing® via email at [Institute@taps.org](mailto:Institute@taps.org) or call 800-959-TAPS (8277).

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## CONFLICT OF INTEREST

Planners (Panelist and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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## FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact TAPS Institute for Hope and Healing®  
3033 Wilson Blvd., 3rd Floor, Arlington, VA 22201  
[Institute@taps.org](mailto:Institute@taps.org) / 800-959-TAPS (8277)

*Presented by Boeing*

