



GRIEF IS A JOURNEY

DESCRIPTION:

This program is designed for bereaved individuals as well as those who help them, including volunteers, peer mentors, family members and professionals. Using the most current theories and models of grief, the presentation describes the ways that grief is experienced and processed—stressing the very individual pathways that individuals travel in grief. An emphasis of the program is on interventions that empower growth—even in the pain of grief. The program offers suggestions for self-help and explores the value of professional assistance—describing signs that professional help is needed.

PROGRAM DETAILS

This webinar presentation features experienced professional(s) offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the expert(s) talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the expert(s) questions that they will discuss and answer during the program's Q & A session.

LIVE DATE:	May 9, 2018
TIME:	noon to 1:30pm ET
ON DEMAND:	Available for 1 year; until May 8, 2019
LENGTH:	1.5 hours
CEs:	1.5 hours for a variety of professional boards
CE FEE:	\$10 per certificate
TARGET AUDIENCE:	This program is designed for bereaved individuals as well as those who help them, including volunteers, peer mentors, family members and professionals (health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments).

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

http://eventcenter.commpartners.com/se/Meetings/BrowserTest_New.aspx?account.id=CommPart

Technical Questions? Please contact CommPartners at 1-800-274-9390 or via e-mail at: TAPS@commpartners.com.

REGISTRATION

Register directly online at <https://griefjourney.eventbrite.com>, or contact TAPS Institute for Hope and Healing at 202-588-TAPS (8277) or Email Institute@taps.org.

There is no registration fee for this program. This event is open to the public. Please share this invitation with your friends and colleagues.

Course materials will be available on TAPS Institute for Hope and Healing 's website at <https://www.taps.org>. Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. *Information will be posted as soon as they become available.*

LEARNING OBJECTIVES

At the conclusion of this webinar, participants will be able to:

1. Identify long-held myths of grief and grieving;
 2. Discuss the manifestations and process of grief;
 3. Identify factors that can complicate the journey of grief within the military;
 4. Describe and evaluate strategies for coping with loss including self-help, individual counseling, peer support groups, therapeutic rituals, and memorials.
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PROGRAM OUTLINE

- I. Understanding Grief
 - A. Defining Grief
 - B. How Grief Affects Us
 - C. Styles of Grief
 - II. Resilience in Grief
 - A. Expectations of Grievers
 - B. Pattern of Resilience
 - C. Mindset and Behaviors of Resilient Grievers
 - III. Help in Grief
 - A. Self-Help
 - B. Continuing Bonds
 1. Adjusting to Life without the Person
 2. Resources for Grievers
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CONTINUING EDUCATION (CE) CREDITS

This program is valid for 1.5 hours of CE credit for the following anticipated professional boards. The CE cost is \$10 per certificate. CE credits are available for 1 year; until May 8, 2019.

- **National Association of Social Work Boards (NASW)**

This program is Approved by the National Association of Social Workers for 1.5 Social Work continuing education contact hours. **Approval expires 4/30/2019***. Accepted/recognized in all states except ID, MI, NJ, NY, OR, and WV.

**Program and online CE process must be completed prior to expiration for NASW CE credit to be awarded.*

- **Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation**

This continuing nursing education activity was approved by the Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Note: Alabama nurses are responsible for reporting their hours to the Alabama Board of Nursing. When doing so, please leave the "provider number" field blank on your individual transcript; however all other information must be completed.

- **Commission for Case Manager Certification (CCMC)**

This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs).

- **Association for Death Education and Counseling (ADEC)**

Pre-approval for TAPS Institute for Hope and Healing's, "Grief Is A Journey" is granted by the Association for Death Education and Counseling's (ADEC) Distance Education Committee for 1.5 hours contact hours to count toward certification/re-certification for ADEC's Certified Thanatologist (CT) and Fellow in Thanatology (FT).

- **The American Institute of Health Care Professionals, Inc. and the American Academy of Grief Counseling**

This continuing education program has been approved by The American Institute of Health Care Professionals, Inc. & The American Academy of Grief Counseling for 1.5 contact hours of continuing education credits

- **Academy of Professional Funeral Service Practice (APFSP)**

Approved for 1.5 Contact Hours (APFSP Category A, 0.15 CEUs, Instructor Led/Web).

- **Association of Professional Chaplains**

Continuing Chaplaincy Education Credits (CCEs) are no longer required; a Certificate of Attendance will be issued for use in reporting continuing education hours

- **Certificate of Attendance**

*Approval numbers will be provided on CE certificate

COURSE COMPLETION REQUIREMENTS

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from TAPS Institute for Hope and Healing's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on TAPS Institute for Hope and Healing's CE site at educate.hospicefoundation.org).

*A complete list of board approvals for this webinar program will be posted to this document (see above). Please check back for updates on the approval status for each board.

EXPERT PANELIST

Kenneth J. Doka, PhD, MDiv, is a professor of gerontology at the Graduate School of The College of New Rochelle and senior consultant to Hospice Foundation of America. Dr. Doka serves as editor of HFA's *Living with Grief*® book series, its *Journeys* newsletter, and numerous other books and publications. Dr. Doka has served as a panelist on HFA's *Living with Grief*® video programs for 25 years. He is a past president of the Association for Death Education and Counseling (ADEC) and received the Special Contributions Award in the field of Death Education from the Association for Death Education and Counseling. He is a member and past chair of the International Work Group on Death, Dying and Bereavement. Dr. Doka is a mental health counselor, licensed in the state of New York. Dr. Doka is an ordained Lutheran minister.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, The College of New Rochelle

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CE Credits for this program may only be obtained through TAPS Institute for Hope and Healing. CE instructions will be provided prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

CONFLICT OF INTEREST

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact TAPS Institute for Hope and Healing

CONTACT INFORMATION

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