



WHY AREN'T YOU CRYING? UNDERSTANDING GRIEVING STYLES

DESCRIPTION:

Many individuals believe that if an individual does not show or share sadness or express other emotions, that individual is not in touch with or is suppressing grief. In fact, grief reactions are highly individual and varied. Many men, and women, may express their grief in more *instrumental* ways, showing grief in more cognitive or active manifestations. This session explores the different patterns or styles of grief, emphasizing that each of these patterns have their own distinct advantages and disadvantages. Professionals would benefit from this session in two major ways. First it challenges professionals to move beyond affect to explore the many ways that individuals cope with loss. Second, the webinar offers specific interventive strategies that are effective with different patterns.

PROGRAM DETAILS

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

LIVE DATE:	July 17, 2018
TIME:	noon – 1:30pm ET
ON DEMAND:	through July 16, 2019
LENGTH:	90 minutes
CEs:	1.5 hours for a variety of professional boards
CE FEE:	\$8 per certificate
TARGET AUDIENCE:	Health care clinicians, social service clinicians, counselors and others working in or providing counseling in the hospice, palliative care, counseling, hospital, or nursing home environments.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

http://eventcenter.commpartners.com/se/Meetings/BrowserTest_New.aspx?account.id=CommPart

Technical Questions? Please contact CommPartners at 1-800-274-9390 or via e-mail at: TAPS@commpartners.com.

REGISTRATION

There is no registration fee for this program.

Register directly online at <https://whyareyoucrying.eventbrite.com>, or contact TAPS Institute for Hope and Healing at 202-588-TAPS (8277) or email Institute@taps.org.

Course materials will be emailed to registered users and will also be available on TAPS Institute for Hope and Healing 's website at <https://www.taps.org>. Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. *Information will be posted and/or emailed as soon as they become available.*

LEARNING OBJECTIVES

At the conclusion of this webinar, participants will be able to:

1. Describe instrumental, intuitive, blended and dissonant patterns of grief;
 2. Describe the theoretical and research basis for a continuum of grieving styles;
 3. Discuss the ways that each pattern can facilitate or complicate the grieving process;
 4. Identify and discuss pathways to grieving patterns including, gender, culture, and temperament;
 5. Discuss the effect of development on grieving patterns;
 6. Describe interventive techniques suitable for each pattern.
-

PROGRAM OUTLINE

- I. Introduction: Styles of Grief
 - A. Myths about Men and Grief
 - B. Theoretical and Research Perspectives
 - II. Styles of Grief
 - A. Intuitive
 - B. Instrumental
 - C. Blended
 - D. Dissonant
 - E. Styles and Development
 - III. Pathways to Patterns
 - A. Gender
 - B. Temperament
 - C. Culture
 - D. Other
 - IV. Interventive Strategies
 - V. Conclusion, Q & A
-

CONTINUING EDUCATION (CE) CREDITS

This program is valid for 1.5 hours of CE credit for the following anticipated professional boards. The CE cost is \$8 per certificate. CE credits are available until July 16, 2019.

- **National Association of Social Work Boards (NASW)**

This program is Approved by the National Association of Social Workers for 1.5 Social Work continuing education contact hours. **Approval expires 6/30/2019***. Accepted/recognized in all states except ID, MI, NJ, NY, OR, and WV.

**Program and online CE process must be completed prior to expiration for NASW CE credit to be awarded.*

- **Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation**

This continuing nursing education activity was approved by the Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Note: Alabama nurses are responsible for reporting their hours to the Alabama Board of Nursing. When doing so, please leave the "provider number" field blank on your individual transcript; however all other information must be completed.

- **National Board for Certified Counselors (NBCC approval for LIVE program only)**

Why Aren't You Crying? Understanding Grieving Styles has been approved by NBCC for NBCC credit. TAPS Institute for Hope and Healing is solely responsible for all aspects of the program. NBCC approval for live program only.

- **Commission for Case Manager Certification (CCMC)**

This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs).

- **Association for Death Education and Counseling (ADEC)**

Pre-approval for TAPS Institute for Hope and Healing's, "Why Aren't You Crying? Understanding Grieving Styles" is granted by the Association for Death Education and Counseling's (ADEC) Distance Education Committee for 1.5 hours contact hours to count toward certification/re-certification for ADEC's Certified Thanatologist (CT) and Fellow in Thanatology (FT).

- **The American Institute of Health Care Professionals, Inc. and the American Academy of Grief Counseling**

This continuing education program has been approved by The American Institute of Health Care Professionals & The American Academy of Grief Counseling for 1.5 contact hours of continuing education credits.

- **Academy of Professional Funeral Service Practice (APFSP)**

Approved for 1.5 Contact Hours (APFSP Category B, 0.15 CEUs, Instructor Led/Web).

- **Association of Professional Chaplains**

Continuing Chaplaincy Education Credits (CCEs) are no longer required; a Certificate of Attendance will be issued for use in reporting continuing education hours

- **Certificate of Attendance**

*Approval numbers will be provided on CE certificate

COURSE COMPLETION REQUIREMENTS

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from TAPS Institute for Hope and Healing's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on TAPS Institute for Hope and Healing's CE site at educate.hospicefoundation.org).

*A complete list of board approvals for this webinar program will be posted to this document (see above). Please check back for updates on the approval status for each board.

EXPERT PANELISTS

Kenneth J. Doka, PhD, MDiv, is a professor of gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*® book series, its *Journeys* newsletter, and numerous other books and publications. He has been a panelist on HFA's *Living with Grief* program for 25 years. Dr. Doka is a past president of the Association for Death Education and Counseling, a board member of the International Work Group on Death, Dying and Bereavement, and an Advisory Board member to the Tragedy Assistance Program for Survivors (TAPS). The Association for Death Education and Counseling has presented him with an Award for Outstanding Contributions in the Field of Death Education. In 2006, he was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. Dr. Doka is an ordained Lutheran minister.

Terry L. Martin, PhD, is an Associate Professor of Psychology and Thanatology at Hood College in Frederick Maryland. He primarily teaches graduate courses in Thanatology and Professional Counseling. Dr. Martin taught his first course on death in 1979. After arriving at Hood College in 1989 he developed and has continued to teach several new courses as part of the M.A. in Thanatology Degree offered through Hood. Courses include: Developmental Perspectives in Thanatology, Dying and Principles of Care of the Dying, Historical and Multicultural Perspectives in Thanatology (with Dr. Dana Cable), and Orientation to Thanatology, (also with Dana Cable). He coauthored two books with Ken Doka, and has written numerous chapters and published articles dealing with bereavement. Dr. Martin has presented workshops and papers throughout North America and Europe regarding grief and mourning. He is a Licensed Clinical Professional Counselor in Maryland and works almost exclusively with death-related issues. He is married with three children and six grandchildren.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, The College of New Rochelle

COPYRIGHT NOTICE

TAPS Institute for Hope and Healing's program is copyrighted. Its use and dissemination is restricted and unauthorized duplication is prohibited. CE Credits for this program may only be obtained through TAPS Institute for Hope and Healing. CE instructions will be provided prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

CONFLICT OF INTEREST

Planners (Panelist and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact TAPS Institute for Hope and Healing

CONTACT INFORMATION

TAPS Institute for Hope and Healing
3033 Wilson Blvd., 3rd Floor / Arlington, VA 22201
Institute@taps.org / 800-959-TAPS (8277)

