ABOUT THE PROGRAM

Helping Adolescents Cope with Loss focuses exclusively on the issues that adolescents face as they cope with loss. Adolescence, broadly defined, from middle school years to emerging adulthood, is a significant developmental period during which adolescents form identity, independence, and intimacy. Illness and loss profoundly influences these processes. Moreover, adolescent encounters with loss are likely to be traumatic – deaths by accident, suicide, and homicide. This program explores the ways that healthcare workers, hospices, educators, social workers, counselors, clergy, funeral directors, and other professionals can assist adolescents as they cope with loss.

METHOD OF PRESENTATION / PROGRAM MATERIALS / FEES

Hospice Foundation of America has taken the award-winning HFA Living With Grief® program and created a self-study course for professionals. The self-study course is available in both DVD and ONLINE formats. As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase. All self-study courses are for one individual only.

**DVD COURSE.** The DVD course may be completed at your convenience, at home. All materials are sent to you via mail. Materials contain a full-length DVD of HFA's program, a copy of HFA's Living With Grief companion textbook, learning objectives, panel information and a participant evaluation and exam.

**HOW THE SELF-STUDY DVD PROGRAM WORKS:**

- **Step 1** - Register for the course.
- **Step 2** - View the DVD in its entirety (2 hrs, 35min).
- **Step 3** - Read the 3 selected chapters of HFA's companion book.
- **Step 4** - Follow the instructions provided to receive your CE certificate online. An evaluation form and a short exam are a part of this online process.

**ONLINE COURSE.** The ONLINE course may be completed at your convenience, directly online. All materials are available to you immediately after registering for the course (at www.hospicefoundation.org). Materials contain the full-length Online Video, three selected chapters of HFA’s companion book (posted online only), learning objectives, panel information and a participant evaluation and exam. A link to the materials is also available in your receipt for the program.

Please note: Use this test page ([http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page](http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page)) to see if you support our video player. Please ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. HFA is not responsible for any charges you may incur from your mobile service provider.

**HOW THE ONLINE SELF-STUDY PROGRAM WORKS:**

- **Step 1** - Register for the course. The online video and program information are then available to you on the Download area online.
- **Step 2** - View the ONLINE Video in its entirety (2 hrs, 35min).
Step 3 - Read the 3 selected chapters of HFA's companion book (located online).
Step 3 - Follow the instructions provided to receive your CE certificate online. An evaluation form and a short exam are a part of this online process.

REGISTRATION INFORMATION
Register directly online, on HFA’s website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

REGISTRATION FEES
For current prices, please see HFA’s website at www.hospicefoundation.org.

There are no refunds for registration after 30 days after registration is complete (or after materials are shipped). *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA and all program materials must be shipped back to HFA’s main office, at the cost of the individual sender, before the refund is granted.

MODERATED BY
Frank Sesno, Director of the School of Media and Public Affairs at The George Washington University

EXPERT PANELISTS
- Tashel Bordere, PhD, MS, Associate Professor, Child and Family Development, University Center of Central Missouri
- Kenneth J. Doka, PhD, MDiv, Professor of Gerontology, The College of New Rochelle, and Senior Consultant, Hospice Foundation of America
- Pamela Gabbay, MA, FT, Director, The Mourning Star Center of VNA California and Camp Director, Camp Erin Children’s Bereavement Camp
- Stacy F. Orloff EdD, LCSW, ACHP-SW, Vice President, Palliative Care and Community Programs, Suncoast Hospice
- Donna L. Schuurman, EdD, FT, Chief Executive Officer, The Dougy Center for Grieving Children & Families
- Carol Wogrin, PsyD, RN, Clinical Psychologist

REVIEWERS
Pamela Kushner, MA, MD, FAAFP and JoAnne Reifsnyder, PhD, RN

TARGET AUDIENCE
The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced. The information provided by the expert panel will be useful to clergy, counselors, nurses, nursing home administrators, social workers, case managers, psychologists, physicians, funeral directors, marriage and family therapists, caregivers, and those working with death, dying, grief or bereavement.

CONTINUING EDUCATION
Helping Adolescents Cope with Loss is available for 3 credits of continuing education. CE credits are available to participants online only (after completing the course). CE credits are included in the cost of registration. A complete list of board approvals for this course is posted to HFA’s website (at www.hospicefoundation.org).

COURSE COMPLETION REQUIREMENTS:
Participants must view the entire 2.5-hour program (DVD or ONLINE video) and read the 3 selected book chapters (approximately reading time is 30-minutes). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to
go online, two codes will be issued to you and verified online; a Site # (same as your Order #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America’s list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA’s CE site at https://educate.hospicefoundation.org).

*A complete list of board approvals is posted on HFA’s website at www.hospicefoundation.org.

**LEARNING OBJECTIVES**

**AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:**

1. Identify three key developmental issues encountered in adolescence and indicate the ways that encounters with death, grief, and loss can complicate adolescent development;
2. Recognize that care and counseling must be developmentally appropriate and culturally competent in working with and understanding grieving and ill adolescents and their intimate networks;
3. Describe the ways that the developmental issues of adolescence can both complicate and facilitate the ability of the adolescent to cope with life-threatening illness and identify issues that should be addressed in providing developmentally appropriate and culturally competent care for adolescents as well as their peers and siblings in life-threatening illness;
4. Discuss the ways that adolescents experience grief and cope with loss, noting the ways that schools and other professionals can offer strategies to help adolescents cope with loss;
5. Describe the ways that sudden and traumatic deaths complicate the grieving process, noting strategies and processes for schools and other organizations to respond to a tragedy or traumatic loss such as an accident, suicide, or violent event;
6. Discuss the value and approaches of interventive strategies for grieving adolescents, such as peer support groups, bibliotherapy, individual counseling, and expressive therapies.

**AGENDA / SEGMENT HIGHLIGHTS**

The program will run 2.5-hours in length, with a brief intermission about halfway through. Segment summaries will be as outlined below:

**PART I:**

- **ADOLESCENCE: THE DEVELOPMENTAL & CULTURAL CONTEXT**
- **ADOLESCENT ENCOUNTERS WITH DEATH**

**PART II:**

- **HELPING ADOLESCENTS COPE WITH LOSS**
- **SUPPORTING STAFF WORKING WITH ADOLESCENTS**

**COPYRIGHT NOTICE:**

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**SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)**

This is based on individual location(s).

**CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

Please contact Hospice Foundation of America (HFA)

**CONTACT INFORMATION**

Hospice Foundation of America