

SPIRITUAL NEEDS OF THE DYING

DESCRIPTION:

Understanding a dying person's spirituality is a critical step in helping clinicians to empower clients in utilizing their spiritual strengths in coping. The webinar defines three spiritual needs of the dying person and offers a hands-on approach to techniques such as spiritual autobiography, planning and developing rituals, life review, and assisting clients to utilize other spiritual practices such as prayer or meditation. Yet effectively meeting the spiritual needs of the dying greatly depends on the wellbeing of clinicians. Compassion fatigue can create a barrier between clinician and patient, preventing both from finding meaning in the death and dying experience. Self-reflection and awareness when caring for the dying can empower clinicians to restore themselves and fulfill the spiritual needs of those being cared for.

PROGRAM DETAILS:

This presentation features an experienced professional offering her own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the expert talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the expert questions that she will discuss and answer during the program's Q & A session.

LIVE DATE:	November 9, 2021
TIME:	Noon to 1:30pm ET
ON DEMAND:	Available for 1 year; until November 8, 2022
LENGTH:	90 minutes
CEs:	1.5 hours for a wide variety of professional boards
CE FEE:	Included with registration
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us/> and click "support"

PROGRAM FEES/MATERIALS:

Registration includes continuing education and on-demand viewing for 1 year from live

date. As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

Advance Purchase Single Webinar Registration

Individual Viewer: Member: \$23.80 | Non-member: \$34.00
Organizational Viewing*: Member: \$105.00 | Non-member: \$150.00

Same Day Single Webinar Registration and On-Demand Purchase

Individual Viewer: Member: \$27.30 | Non-member: \$39.00
Organizational Viewing*: Member: \$112.00 | Non-member: \$160.00

**Organizational viewing registration provides access to an unlimited number of staff within the organization per registered location.*

HOW TO REGISTER:

Register directly online, on HFA's website: <https://www.hospicefoundation.org>

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. Define spirituality and differentiate it from religion
 2. Describe the ways that spirituality can complicate and facilitate reactions to illness and dying
 3. Describe three spiritual needs of individuals who are dying
 4. Describe four types of rituals and three principles for therapeutic ritual that can be used to assist dying patients
 5. Explore the relationship between clinician wellbeing, including issues of compassion fatigue, and meeting spiritual needs of the dying
 6. Define tools that can be used by clinicians for self-reflection and education
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PROGRAM OUTLINE:

- I. Defining and Assessing Spirituality (10 min)
 - a. Spirituality differentiated from religion
 - b. The role of assessment and use of tools, such as spiritual autobiography
 - c. Spirituality in Children
- II. Spiritual Needs of the Dying (15 min)
 - a. Spiritual Needs
 1. To live a meaningful life
 2. To die an appropriate death
 3. To find hope beyond the grave

- b. How spirituality may both complicate and facilitate reactions to illness and end of life
 - III. Empowering Spirituality in the Dying utilizing Spiritual Strengths (15 min)
 - 1. Beliefs
 - 2. Practices
 - 3. Ritual
 - 4. The Faith Community
 - IV. Importance of clinician wellbeing in address spiritual needs of the dying (10 min)
 - a. Threat of compassion fatigue
 - b. Barriers between clinician and patient
 - V. Clinician Response (15 min)
 - a. Self-reflection
 - b. Decrease emotional labor and mitigate compassion fatigue
 - c. Patient relationship beyond death
 - VI. Tools to Support Clinicians in Meeting Spiritual Needs (15 min)
 - a. Make spiritual support more accessible for non-spiritual care providers
 - b. Helping clinicians
 - 1. Ongoing spiritual distress education
 - 2. Learn dynamics and benefits provider fulfillment
 - 3. Standardized assessments
 - 4. Goal of achieving Peace of Mind, Body, and Spirit for patient and clinician
 - VII. Question and Answer Session (10 min)
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CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 hours of CE credit. CE credits are available for 1 year, until November 8, 2022.

A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at educate.hospicefoundation.org).

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EXPERT PANELISTS:

Kenneth J. Doka, PhD, MDiv, is Senior Vice President, Grief Programs at HFA and recipient of the 2019 Lifetime Achievement Award from the Association for Death Education and Counseling. He serves as editor of HFA's *Living with Grief*® book series and its *Journeys* bereavement newsletter. He is a prolific author, editor, and lecturer; past president of the Association for Death Education and Counseling (ADEC); and a member and past chair of the International Work Group on Death, Dying, and Bereavement (IWG). In 2018, the IWG presented Doka with the Herman Feifel Award for outstanding achievement in thanatology. He received an award for Outstanding Contributions in the Field of Death Education from ADEC in 1998. Doka is an ordained Lutheran minister and a licensed mental health counselor in the state of New York.

Arion Lillard-Green, MTS, BCCC, BCPC, is a Spiritual Counselor with Goodwin House Palliative Care and Hospice in Falls Church, VA. In addition to her work as spiritual counselor, Arion is an advocate for making health education and health literacy accessible to all people through inclusion. She is also dedicated to making an impact on chronic illness within the African American community through outreach. Arion believes providers must build relationships earlier in the health continuum to truly meet the spiritual and medical needs of the dying. Most recently, Arion has served as a contributor to the development of provider resources and tools aimed to assist hospice and palliative care organizations with diversifying patient populations. She serves as a member of the National Hospice and Palliative Care Organization's Diversity Advisory Council, a commissioner on the City of Alexandria's Commission on HIV/AIDS, and consultant to organizations building programs to expand their reach to underserved communities. Prior to embarking on her hospice and palliative care career, Arion attended Indiana University (BAJ), Christian Theological Seminary (M.TS), clinical pastoral education and residency with the College of Pastoral Supervision and Psychotherapy (BCCC, BCPC). She looks forward to completing her Master of Health Administration from George Mason University this fall.

REVIEWER:

Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, Mercy College

BIBLIOGRAPHY/REFERENCES:

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<https://www.spiritualcareassociation.org/hospice>

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

CONTACT INFORMATION

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