

MORAL DISTRESS IN HEALTHCARE IN THE WAKE OF COVID-19



DESCRIPTION:

The impact of moral distress during the COVID-19 pandemic presents unique challenges and opportunities for healthcare workers across disciplines.

This webinar will discuss the fundamental issues related to moral distress using evidence-based literature and case examples from hospice and palliative care. We will use examples of distress unveiled during COVID-19 to better understand the impact of moral distress and trauma among healthcare providers. We will discuss the importance for all healthcare providers and leaders to understand the impact of moral distress on not only their colleagues but also their patients & families.

A primary aim of the webinar is to provide strategies and considerations for individuals, teams, and institutions to mitigate the harmful effects of moral distress. Including, the capacity to identify your own moral distress; team strategies to mitigate distress; and institutional obligations such as debriefings, to normalize and provide support for ongoing moral dilemmas.

PROGRAM DETAILS:

This presentation features an experienced professional offering her own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the expert talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the expert questions that she will discuss and answer during the program's Q & A session.

| | |
|-------------------------|--|
| LIVE DATE: | September 14, 2021 |
| TIME: | Noon to 1:30pm ET |
| ON DEMAND: | Available for 1 year; until September 13, 2022 |
| LENGTH: | 90 minutes |
| CEs: | 1.5 hours for a wide variety of professional boards |
| CE FEE: | Included with registration |
| CONTENT LEVEL: | The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced. |
| TARGET AUDIENCE: | Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments |

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us/> and click “support”

PROGRAM FEES/MATERIALS:

Registration includes continuing education and on-demand viewing for 1 year from live date. As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

Advance Purchase Single Webinar Registration

Individual Viewer: Member: \$23.80 | Non-member: \$34.00

Organizational Viewing*: Member: \$105.00 | Non-member: \$150.00

Same Day Single Webinar Registration and On-Demand Purchase

Individual Viewer: Member: \$27.30 | Non-member: \$39.00

Organizational Viewing*: Member: \$112.00 | Non-member: \$160.00

**Organizational viewing registration provides access to an unlimited number of staff within the organization per registered location.*

HOW TO REGISTER:

Register directly online, on HFA’s website: <https://www.hospicefoundation.org>

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA’s website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on “Orders/Courses.” Materials include log-in information (viewing instructions and technical information), CE instructions, the program’s slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. Define the impact of moral distress during COVID-19
 2. Identify a variety of possible reactions to moral distress
 3. Learn to identify moral distress in yourself and others.
 4. Identify individual, team and institutional strategies for mitigating moral distress on a team and institutional level
-

PROGRAM OUTLINE:

- I. Introduction and overview (15 minutes)
 - II. Evidence of moral distress in the time of COVID-19 – highlight data (20 minutes)
 - III. History: Moral distress has always been with us. (20 minutes)
 - IV. Morals, ethics and obligation of individual, team, institutions to create a moral community. (20 minutes)
 - V. Conclusion; Question and Answer Session (15 minutes)
-

CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 hours of CE credit. CE credits are available for 1 year, until September 13, 2022.

A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at educate.hospicefoundation.org).

*A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

EXPERT PANELISTS:

Vickie Leff, MSW, LCSW, BCD, APHSW-C, is the Executive Director of the APHSW organization. She has over 35 years of clinical practice experience in healthcare including oncology, palliative care and hospice. Vickie served on the board of SWHPN for many years, developing and implementing their educational and mentorship programs. She also serves as a subject matter expert and presenter to several national educational organizations & institutions. Vickie has published articles in *Health Affairs*, *JPSM* and other journals related to moral distress and resilience, in addition to providing blog posts for PalliMed. She also works with Project ECHO related to hospice and palliative care resilience initiatives. She is an Adjunct Instructor at the UNC School of Social Work in Chapel Hill. Vickie received her MSW from Simmons School of Social Work in Boston in 1984 and a BA in Political Science from Ithaca College.

Billy Rosa, PhD, MBE, ACHPN, FAANP, FAAN, is Chief Research Fellow, Department of Psychiatry and Behavioral Sciences, Memorial Sloan Kettering (MSK) Cancer Center, New York. He received his BSN magna cum laude from NYU Rory Meyers College of Nursing (2009); was valedictorian of his MSN class, Hunter College (2014); and completed his PhD and Master of Bioethics as an RWJF Future of Nursing Scholar at the University of Pennsylvania (2020). Dr. Rosa spent one year with the Human Resources for Health Program in Rwanda, East Africa (2015-2016), contributing to the curriculum content for the first Masters-prepared nursing cohort in the country and completed MSK's interprofessional hospice and palliative medicine clinical fellowship (2017). He is the editor of four books and has contributed more than 150 academic publications. Dr. Rosa has been recognized with numerous distinctions, including the international Spirit of Renewal Award from Sigma (2017); national Public Health Service Award for Distinguished Practice in Nursing from the American Nurses Association (2020); and the national Advanced Certified Hospice and Palliative Nurse of the Year Award from the Hospice & Palliative Credentialing Center (2021). He was most recently named to the Crain's New York Business Notable in Health Care 2021 list. He serves on the editorial boards for the *Journal of Hospice and Palliative Nursing*, *Journal of Pain and Symptom Management*, and

American Journal of Nursing, and as a board/committee member for multiple global health and palliative care organizations. Dr. Rosa is an International Council of Nurses Global Nursing Leadership Institute Scholar, an American Psychosocial Oncology Society Health Equity Scholar, and the International Association for Hospice & Palliative Care U.S.A. Advocacy Focal Point. He is a Fellow of the American Academy of Nursing, the American Association of Nurse Practitioners, the American College of Critical Care Medicine, and the New York Academy of Medicine.

MODERATOR:

Rev. Carla Cheatham, PhD, MDiv, began her career in psychosocial services with an MA in Psychology, certification in trauma therapy, PhD in Health & Kinesiology, and MDiv before working 10 years as an interfaith healthcare chaplain and bereavement coordinator. Carla is a national keynote speaker and consultant focusing on emotionally intelligent and resilient professionals and organizations, Chair of NHPCOs Ethics Advisory Council, former Leader for NHPCO's Spiritual Caregivers Community, Adjunct Professor at Seminary of the Southwest, and Assistant Professor for University of Maryland's MS in Palliative Care. She publishes books and videos about resilience, communication, boundaries, grief, healthy leadership, service recovery, and emotionally competent professionals.

REVIEWER:

Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, Mercy College

BIBLIOGRAPHY/REFERENCES:

Social Work Hospice & Palliative Care Network

<https://www.swhpn.org/>

Guan, T., Nelson, K., Otis-Green, S., Rayton, M., Schapmire, T., Wiener, L., & Zebrack, B. (2021). Moral Distress Among Oncology Social Workers. *JCO oncology practice*, 17(7), e947–e957. <https://doi.org/10.1200/OP.21.00276>

Jameton A. *Nursing Practice: The Ethical Issues*. Englewood Cliffs, NJ: Prentice-Hall; 1984:6.

Rosa, W. E., Anderson, E., Applebaum, A. J., Ferrell, B. R., Kestenbaum, A., & Nelson, J. E. (2020). Coronavirus Disease 2019 as an Opportunity to Move toward Transdisciplinary Palliative Care. *Journal of palliative medicine*, 23(10), 1290–1291. <https://doi.org/10.1089/jpm.2020.0306>

Rosa, W. E., Schlak, A. E., & Rushton, C. H. (2020). A blueprint for leadership during COVID-19. *Nursing management*, 51(8), 28–34. <https://doi.org/10.1097/01.NUMA.0000688940.29231.6f>

Rushton, C.H. (2018). *Moral resilience: Transforming moral suffering in healthcare*. New York: Oxford University Press.

Wiener, L., Rosenberg, A. R., Pennarola, B., Fry, A., & Weaver, M. (2021). Navigating the terrain of moral distress: Experiences of pediatric end-of-life care and bereavement during COVID-19. *Palliative & supportive care*, 19(2), 129–134. <https://doi.org/10.1017/S1478951521000225>

Jones-Bonofiglio, K. (2020). *Health Care Ethics through the Lens of Moral Distress*. Springer Nature Publishing.

COPYRIGHT NOTICE:

HFA's program is copyrighted. Its use and dissemination is restricted and unauthorized duplication is prohibited.

CE Credits for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

CONTACT INFORMATION

Hospice Foundation of America
1707 L Street NW, Suite 220, Washington, DC 20036
educate@hospicefoundation.org
1-800-854-3402 toll-free / (202) 457-5811 phone
(202) 457-5815 fax

