

GRIEF THROUGH THE LENS OF THE BODY



DESCRIPTION:

Traditional counseling approaches pay little attention to the physical manifestations of grief and yet our bodies are not separate from our thoughts and hearts. Grievers experience a wide range of physical reactions such as heart palpitations, shoulder tension, stomachaches and headaches. This webinar will focus on ways to integrate the body in the grief narrative. Working collaboratively with clients to help them notice, track and regulate their physical sensations can relieve discomfort and help them develop useful resources in their grief journey.

PROGRAM DETAILS:

This presentation features an experienced professional offering her own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the expert talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the expert questions that she will discuss and answer during the program's Q & A session.

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|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| LIVE DATE: | January 5, 2021 |
| TIME: | Noon to 1:30pm ET |
| ON DEMAND: | Available for 1 year; until January 4, 2022 |
| LENGTH: | 90 minutes |
| CEs: | 1.5 hours for a wide variety of professional boards |
| CE FEE: | Included with registration |
| CONTENT LEVEL: | The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced. |
| TARGET AUDIENCE: | Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments |

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us/> and click “support”

PROGRAM FEES/MATERIALS:

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

Individual Registration

(one viewer per program)

Member: \$17.40

Non-member: \$29.00

Organizational Registration

(2+ viewers)

Member: \$75

Non-member: \$125.00

How To REGISTER:

Register directly online, on HFA's website: <https://www.hospicefoundation.org>

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

TBA

PROGRAM OUTLINE:

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CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 hours of CE credit. CE credits are available for 1 year, until January 4, 2022.

A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at educate.hospicefoundation.org).

*A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

EXPERT PANELISTS:

Maria Georgopoulos, LMHC, FT, is Director of the Bereavement Services Department at Calvary Hospital. She is responsible for 32 bereavement support groups in the Bronx, Brooklyn and Manhattan that serve hundreds of adults, children and teenagers each year; leads a team of 7 bereavement counselors, and spearheads Calvary's efforts to expand the Hospital's professional learning programs in the New York area. Prior to Calvary, Ms. Georgopoulos worked in the mental health profession in other settings including The American Red Cross of Greater New York after 9/11. In addition to her work in bereavement, Ms. Georgopoulos is a licensed mental health counselor with a private practice in NYC and provides counseling for diverse populations of people with varying difficulties.

MODERATOR:

Kenneth J. Doka, PhD, MDiv, is Senior Bereavement Consultant to HFA and recipient of the 2019 Lifetime Achievement Award from the Association for Death Education and Counseling. He serves as editor of HFA's *Living with Grief*® book series and its *Journeys* bereavement newsletter. He is a prolific author, editor, and lecturer; past president of the Association for Death Education and Counseling (ADEC); and a member and past chair of the International Work Group on Death, Dying, and Bereavement (IWG). In 2018, the IWG presented Doka with the Herman Feifel Award for outstanding achievement in thanatology. He received an award for Outstanding Contributions in the Field of Death Education from ADEC in 1998. Doka is an ordained Lutheran minister and a licensed mental health counselor in the state of New York.

REVIEWER:

Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, Mercy College

BIBLIOGRAPHY/REFERENCES:

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CE Credits for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

CONTACT INFORMATION

Hospice Foundation of America

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