

## HELPING WIDOWED PARENTS COPE WITH PARENTING, LOSS, AND LIFE



### DESCRIPTION:

Widowed parents face unique and often overwhelming challenges as they cope the loss of a spouse/partner, while helping their children grieve and adapting to life as a sole parent. Dr. Yopp co-leads the Widowed Parent Program at the University of North Carolina, which exists to support and learn about this subset of the grieving population that has been overlooked and underserved. Dr. Yopp, who also authored *The Group: Seven Widowed Fathers Reimagine Life* (Oxford University Press), will present on recent research efforts to learn about these bereaved families and on clinical efforts designed specifically to support widowed parents.

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### PROGRAM DETAILS:

This presentation features an experienced professional offering his own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the expert talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the expert questions that he will discuss and answer during the program's Q & A session.

<b>LIVE DATE:</b>	September 17, 2019
<b>TIME:</b>	Noon to 1:30pm ET
<b>ON DEMAND:</b>	Available for 1 year; until September 16, 2020
<b>LENGTH:</b>	90 minutes
<b>CEs:</b>	1.5 hours for a wide variety of professional boards
<b>CE FEE:</b>	\$9.00 per certificate
<b>CONTENT LEVEL:</b>	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.**

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### TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

[http://eventcenter.commpartners.com/se/Meetings/BrowserTest\\_New.aspx?account.id=CommPart](http://eventcenter.commpartners.com/se/Meetings/BrowserTest_New.aspx?account.id=CommPart)

**Technical Questions?** Please contact CommPartners at 1-800-274-9390 or via e-mail at: [hospice@commpartners.com](mailto:hospice@commpartners.com).

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## PROGRAM FEES/MATERIALS:

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

### Single Webinar Registration

Individual Viewer  
(one viewer per program)  
**Member: \$29.25**  
**Non-member: \$39.00**

Multi-Viewer - Level 1  
(2-10 viewers)  
**Member: \$82.50**  
**Non-member: \$110.00**

Multi-Viewer - Level 2  
(11-50 viewers)  
**Member: \$112.50**  
**Non-member: \$150.00**

### Education Partner Packages

Access 6 webinar programs *and* Living with Grief® 2020 with one registration!

Individual Package  
(one viewer per program)  
**Member: \$236.25**  
**Non-member: \$315.00**

Multi-Viewer - Level 1  
(2-10 viewers per program)  
**Member: \$420.00**  
**Non-member: \$560.00**

Multi-Viewer - Level 2  
(11-50 viewers per program)  
**Member: \$731.25**  
**Non-member: \$975.00**

### Unlimited CE Certificate Bundle

Living with Grief® + 6 Webinars:

**Member: \$900 / Non-member: \$810** (Individual CEs are \$9.00 per certificate)

## HOW TO REGISTER:

Register directly online, on HFA's website:

<https://hospicefoundation.org/HFA-Products/Education-Partner-Package>.

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

## MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

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## LEARNING OBJECTIVES:

At the conclusion of this program participants will be able to:

1. Understand the research findings on the psychosocial functioning of widowed parents
2. Describe the four broad challenges faced by widowed parents
3. Describe how models like the Dual Process Model can be relevant to supporting widowed parents
4. Utilize research-based interventions that help support widowed parents

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## PROGRAM OUTLINE:

Bereavement needs specific to widowed parents (12 minutes)

- Widowed Parent Program at UNC.
- Panelist experiences with this population.

#### Why Widowed Parents? (10 minutes)

- Not uncommon; statistics
- Vulnerabilities
- Impact on Families

#### Research on Widowed Parenthood (15 minutes)

- Dr. Sandler and colleagues' work with the Family Bereavement Program at Arizona State University
- Findings from UNC study examining psychosocial functioning of widowed fathers

#### Making Sense of What We Know (10 minutes)

- Four broad challenges that widowed parents must face

#### Working Directly with Families in Which One Parent has an Advanced Illness (13 minutes)

- Strategies on working with families
- Short film made for health care professionals

#### Working Directly with Widowed Parents (20 minutes)

- Acknowledge unique aspects of widowed parenthood
- Describe the Dual Process Model (Stroebe & Schut, 1999; 2010) and its relevance for widowed parents
- Support group for parents
- [www.widowedparent.org](http://www.widowedparent.org)

#### Questions and Answer Segment (10 minutes)

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#### **CONTINUING EDUCATION (CE) CREDITS:**

This program is valid for 1.5 hours of CE credit. The CE cost is \$9 per certificate. CE credits are available for 1 year, until September 16, 2020.

A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

\*An Unlimited CE package is available for multi-viewer registrations. If purchased, the program organizer will be provided with a unique payment code to distribute to their attendees to use in place of payment online.

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#### **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

\*A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

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### EXPERT PANELIST:

**Justin M. Yopp, PhD**, is a psychologist and Clinical Associate Professor of Psychiatry at the University of North Carolina in Chapel Hill. Dr. Yopp directs the pediatric psycho-oncology consultation service within UNC's Comprehensive Cancer Support Program. He also co-leads the Widowed Parent Program at UNC and is co-author of "*The Group: Seven Widowed Fathers Reimagine Life*." Prior to coming to UNC, Dr. Yopp worked at St. Jude Children's Research Hospital in Memphis, Tennessee.

### REVIEWER:

**Lynda Shand, CHPN, CNE, RN, PhD**, Associate Professor, The College of New Rochelle

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### BIBLIOGRAPHY/REFERENCES:

#### Other Organization's Websites:

Widowed Parent [www.widowedparent.org](http://www.widowedparent.org)

#### Peer-reviewed Journal/resource:

Edwards TP, Yopp JM, Park EM, Deal AM, Biesecker BB, Rosenstein DL. Widowed parenting self-assessment scale: A new measure. *Death Studies*. 2017 (Jun)

McClatchey, I.S. (2017). Fathers Raising Motherless Children: Widowed Men Give Voice to Their Lived Experiences. In *OMEGA: Journal of Death and Dying*, Vol. 76, Issue 4, pp. 307-327.

Sandler, I., Tein, J.Y., Cham, H., Wolchik, S., and Ayers, T. (2016). Long-term Effects of the Family Bereavement Program (FBP) on Spousally-Bereaved Parents. In *Development and Psychopathology*, Vol 28, Issue 3, p. 801-818.

#### Expert resources:

Our program Speaker and Moderator are expert resources (see attached bios)

#### Textbook references:

Rosenstein, D. and Yopp, J. (2018). *The Group: Seven Widowed Fathers Reimagine Life*. Oxford University Press.

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### COPYRIGHT NOTICE:

**HFA's program is copyrighted. Its use and dissemination is restricted and unauthorized duplication is prohibited.**

**Individual Registration** - Provides one person, the registrant, access to the webcast for personal viewing.

**Multi-Viewer Registration** - Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people.

**CE Credits for this program may only be obtained through HFA.** CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

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**SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

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**CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

**CONTACT INFORMATION**

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