THERAPEUTIC RESPONSE TO TRAUMA AND LOSS
IN THE COVID-19 PANDEMIC

DESCRIPTION:
The COVID-19 pandemic is presenting everyone with a variety of death and non-death losses, which are transpiring in circumstances which themselves have varying degrees of personal traumatization. These range from the suddenness of a loved one’s death; to the inability to be with them to say goodbye; to the lack of funeral rituals; to contending with life threat and potential loss of others; to the attempt to mourn the person while balancing demands of isolation, severe violation of the assumptive world, and professional and economic instability; among many others. Elements that were identified pre-COVID-19 to predict high risk for complicated mourning and failures in adaptation are now routinely found in today’s situations. This webinar will identify the issues of trauma and loss that visit us in today’s pandemic, will explore how they influence each other, will survey the short and long-term challenges that are created, and will delineate effective strategies for coping with the unique issues posed by COVID-19 trauma and loss. The focus will be on one’s work as a professional, as well as on personal self-care.

PROGRAM DETAILS:
This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program’s Q & A session.

LIVE DATE: May 27, 2020
TIME: Noon to 1:30pm ET
ON DEMAND: Available for 1 year; until May 26, 2021
LENGTH: 90 minutes
CEs: 1.5 hours for a wide variety of professional boards
CONTENT LEVEL: The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE: Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS
To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: https://zoom.us/test

Technical Questions? Please go to https://zoom.us/ and click “support”
REGISTRATION / VIEWING INSTRUCTIONS:
Eventbrite registration is required to receive viewing instructions. Please register at https://covidtrauma.eventbrite.com. An auto-generated email containing the viewing link will be sent after you register, which may end up in your junk folder.

The program will be recorded and available for on demand viewing at: https://hospicefoundation.org/Education/Therapeutic-Response-to-Trauma-and-Loss-in-the-COV

Please email educate@hospicefoundation.org if you have any questions.

LEARNING OBJECTIVES:
At the conclusion of this webinar, participants will be able to:

1. Discuss the association between trauma and loss (death and non-death) in the COVID-19 pandemic
2. Delineate at least five non-death losses found in the COVID-19 pandemic
3. Explain how trauma and loss influence one another and how that impacts the individual
4. List which previously-identified high-risk factors for complicated mourning and failure in adaptation are routinely encountered in the COVID-19 pandemic
5. Discuss how mourning the death of a loved one under current COVID-19 conditions presents short- and long-term challenges
6. Identify at least five effective strategies for coping with COVID-19 trauma and loss

PROGRAM OUTLINE:
A. Statement of problem (5 minutes)
B. Trauma and loss (death and non-death) loss in the COVID-19 pandemic (20 minutes)
C. Identification of high-risk factors commonly present in the COVID-19 pandemic (25 minutes)
D. Strategies for coping with the unique challenges posed by the trauma-loss combination in personal and professional realms (30 minutes)
E. Question and Answer Session (10 minutes)

CONTINUING EDUCATION (CE) CREDITS:
This program is valid for 1.5 hours of CE credit. CE credits are free and are available for 1 year, until May 26, 2021.

A complete list of board approvals for this webinar program is posted to HFA’s website at www.hospicefoundation.org.

COURSE COMPLETION REQUIREMENTS:
Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam
may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America’s list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA’s CE site at educate.hospicefoundation.org).

*A complete list of board approvals for this webinar program is posted to HFA’s website at www.hospicefoundation.org.

EXPERT PANELISTS:
Therese A. Rando, PhD, BCETS, BCBT, Clinical Psychologist, Thanatologist, Traumatologist

BIBLIOGRAPHY/REFERENCES:
TBA

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CE Credits for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):
Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:
Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES
Please contact Hospice Foundation of America (HFA)

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