



TRAUMA-INFORMED HOSPICE CARE

DESCRIPTION:

This presentation will discuss what trauma-informed care means, how it started, and what it looks like in end-of-life care. Trauma sources, symptoms, principles, and treatments are unique within hospice care and how they can be addressed using a trauma and end-of-life framework is multi-disciplinary and agency-wide.

PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts' questions that they will discuss and answer during the program's Q & A session.

LIVE DATE:	June 13, 2023
TIME:	Noon to 1:30pm ET
ON DEMAND:	Available for 1 year; until June 12, 2024
LENGTH:	90 minutes
CEs:	1.5 hours for a wide variety of professional boards
CE FEE:	Included with registration
CONTENT LEVEL:	The program is mainly for professionals already working in the field but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home, or faith community environments

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us/> and click “support”

PROGRAM FEES/MATERIALS:

Registration includes continuing education and on-demand viewing for 1 year from live date. As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

ADVANCE PURCHASE Single Webinar Registration

Individual Viewer: Member: \$27.30 | Non-member: \$39.00

Organizational Viewing*: Member: \$152.60 | Non-member: \$218.00
Organizational + Community Access License+: Member: \$187.60 | Non-member: \$268.00

SAME DAY Single Webinar Registration and ON-DEMAND Purchase

Individual Viewer: Member: \$34.30 | Non-member: \$49.00
Organizational Viewing*: Member: \$175.00 | Non-member: \$250.00
Organizational + Community Access License+: Member: \$210.00 | Non-member: \$300.00

FULL PROGRAM PACKAGE (10 programs)

Registration includes 9 webinars + *Living with Grief*® 2023

Individual Viewer: Member: \$245.70 | Non-member: \$351.00
Organizational Viewing*: Member: \$1,398.60 | Non-member: \$1,998.00
Organizational + Community Access License+: Member: \$1,748.60 | Non-member: \$2,498.00

**Organizational viewing registration provides access to an unlimited number of staff within the organization per registered location.*

+Organizational + Community Access License provides access to an unlimited number of staff within the organization location and to community members within the organization's immediate geographic service area.

HOW TO REGISTER:

Register directly online, on HFA's website: <https://www.hospicefoundation.org>

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. Identify key terms related to trauma-informed care in hospice and palliative care
 2. Understand the prevalence and impact of trauma in the general population
 3. Identify patients with underlying post-traumatic stress and ways to meet their needs
 4. Identify improved patient outcomes when incorporating trauma-informed care in your organization
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PROGRAM OUTLINE:

- I. Intro-3 minutes
 - a. Introductions
 - b. Objectives
- II. What is trauma and trauma-informed care (TIC)-7 minutes
 - a. Definitions/statistics
 - b. TIC principles and key assumptions

- c. TIC history
 - d. TIC impact
 - III. Sources of trauma-15 minutes
 - a. Populations
 - b. Medical
 - c. Grief
 - d. Racial/intergenerational
 - IV. Trauma in the brain and body-10 minutes
 - a. Symptoms
 - b. Triggers
 - V. Interventions-10 minutes
 - a. Stepwise
 - b. Barriers to treatment
 - VI. Hospice of the Western Reserve TIC-5 minutes
 - a. History
 - b. Practices
 - c. Education
 - VII. Q&A-5 minutes
 - a. Questions
 - b. Closing
 - VIII. Conclusion/Question and Answer Session (10 minutes)
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CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 continuing education contact hours. CE hours are available for 1 year, until June 12, 2024.

A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at educate.hospicefoundation.org).

*A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

EXPERT PANELISTS:

Amber Ash, LISW-S, LMSW, is a pediatric hospice and palliative care social worker and co-chair of the Trauma Informed Care Committee at Hospice of the Western Reserve in Cleveland, Ohio. She also has experience providing end-of-life care to adults and has served as a clinical supervisor. Amber has served as a field educator for social work students at Case Western

Reserve's Mandel School of Applied Social Sciences and Cleveland State University. Additionally, she was a field educator for the Department of Counseling, School and Educational Psychology at The State University of New York at Buffalo, as well as the School of Nursing at The State University of New York at Buffalo. Amber earned her Bachelor of Science degree in social work from Niagara University and her Master of social work degree with a concentration in health, mental health and disabilities from The State University of New York at Buffalo.

Christina Axelrod, MT-BC, CT, has been a Music Therapist for Hospice of the Western Reserve for 12 years and stepped into the role of Internship Director in 2015. Christina graduated from State University of New Paltz in 2007 and is currently enrolled in the Clinical Mental Health program at Cleveland State for her counseling license. In 2021, Christina became co-chair of the Trauma-Informed Care Committee and has a focus on trauma at end-of-life in her current role and her studies.

REVIEWER:

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

BIBLIOGRAPHY/REFERENCES:

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Elizabeth S. Ricks-Aherne, Cara L. Wallace & Nancy Kusmaul (2020) Practice Considerations for Trauma-Informed Care at End of Life, *Journal of Social Work in End-of-Life & Palliative Care*, 16:4, 313-329, DOI: [10.1080/15524256.2020.1819939](https://doi.org/10.1080/15524256.2020.1819939)

Chelsea Brown, Sarah Peck, Jessi Humphreys, Laura Schoenherr, Naomi Tzril Saks, Bridget Sumser, Giovanni Elia. (2020). COVID-19 Lessons: The Alignment of Palliative Medicine and Trauma-Informed Care, *Journal of Pain and Symptom Management*, Volume 60, Issue 2, 2020, Pages e26-e30.

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CE certificates for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity. None of the planners or presenters for this educational activity have relevant financial relationships to disclose with ineligible companies.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

CONTACT INFORMATION

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