

TRAUMA-INFORMED GRIEF COUNSELING



DESCRIPTION:

Although grief and trauma have its unique definitions, characteristics, and approaches, they can often intermingle in the counseling process. It is imperative that professionals have a trauma-informed approach when engaging with grieving individuals to reduce the chances of re-traumatization and support the client's growth. This program will address the principles of trauma-informed care and how to integrate this approach with grief counseling.

PROGRAM DETAILS:

This presentation features an experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts' questions that they will discuss and answer during the program's Q & A session.

LIVE DATE:	November 8, 2022
TIME:	Noon to 1:30pm ET
ON DEMAND:	Available for 1 year; until November 7, 2023
LENGTH:	90 minutes
CEs:	1.5 hours for a wide variety of professional boards
CE FEE:	Included with registration
CONTENT LEVEL:	The program is mainly for professionals already working in the field but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home, or faith community environments

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us/> and click "support"

PROGRAM FEES/MATERIALS:

Registration includes continuing education and on-demand viewing for 1 year from live date. As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

ADVANCE PURCHASE Single Webinar Registration

Individual Viewer: Member: \$27.30 | Non-member: \$39.00
Organizational Viewing*: Member: \$152.60 | Non-member: \$218.00
Organizational + Community Access License+: Member: \$187.60 | Non-member: \$268.00

SAME DAY Single Webinar Registration and ON-DEMAND Purchase

Individual Viewer: Member: \$34.30 | Non-member: \$49.00
Organizational Viewing*: Member: \$175.00 | Non-member: \$250.00
Organizational + Community Access License+: Member: \$210.00 | Non-member: \$300.00

FULL PROGRAM PACKAGE (10 programs)

Registration includes 9 webinars + *Living with Grief*® 2023

Individual Viewer: Member: \$245.70 | Non-member: \$351.00
Organizational Viewing*: Member: \$1,398.60 | Non-member: \$1,998.00
Organizational + Community Access License+: Member: \$1,748.60 | Non-member: \$2,498.00

**Organizational viewing registration provides access to an unlimited number of staff within the organization per registered location.*

+Organizational + Community Access License provides access to an unlimited number of staff within the organization location and to community members within the organization's immediate geographic service area.

HOW TO REGISTER:

Register directly online, on HFA's website: <https://www.hospicefoundation.org>

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. Identify the unique losses and trauma experienced by individuals of all cultural backgrounds.
 2. Integrate trauma-informed principles with grief counseling
 3. Apply culturally sensitive therapeutic approaches when providing services to clients and patients who have endured a loss or experienced trauma.
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PROGRAM OUTLINE:

- Introductions/ Review of Agenda and Learning Objectives (5 minutes)
- Grief Counseling (10 minutes)
 - Overview
 - Relevance among specific populations
 - Current models and theories
- Trauma-informed Care (10 minutes)

- Discussion of prevalence among specific populations (e.g., BIPOC, LGBTQ+), along with examples
 - Review of the Trauma-informed Care Principles
 - Application of Trauma-informed Grief Counseling (25 minutes)
 - Review of Models
 - Four R's of Trauma-informed Care
 - Interventions for adults
 - Discussion of Reflective Questions for Helping Professionals
 - Case Example
 - Q&A (remaining time)
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CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 continuing education contact hours. CE hours are available for 1 year, until November 7, 2023.

A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at educate.hospicefoundation.org).

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EXPERT PANELISTS:

Jillian Blueford, PhD, LPC, NCC, CT, is a Clinical Assistant Professor for the school counseling program at the University of Denver, a Licensed Professional Counselor in the state of Colorado, and is certified in Thanatology: Death, Dying, and Bereavement. Over the years, Dr. Blueford has provided grief counseling to individuals of all backgrounds in various settings, including schools, outpatient facilities, and currently in private practice in the Denver area. Further, Dr. Blueford is a grief and loss scholar, who has conducted research and scholarship via her dissertation, peer-reviewed publications, webinars, podcast features, and several regional, national, and international presentation. Seeking that all counseling professionals are equipped and competent in grief counseling, Dr. Blueford also works with other educators and clinicians as Co-Chair of the Grief Counseling Competencies Task Force to develop key competencies for the training programs.

Charmayne Adams, PhD, is an Assistant Professor and Coordinator of the Clinical Mental Health Counseling Program at the University of Nebraska at Omaha. She is a fully licensed counselor in the state of Nebraska and a nationally certified counselor through the National

Board of Certified Counselors. Her clinical background focuses on working with individuals with a history of trauma or in crisis including traumatic loss. Her research focuses on teaching about trauma, stress response and coping, systemic and emotion-focused clinical interventions, and the application of attachment theory in clinical and academic settings. Both clinically and academically Dr. Adams is focused on social justice counseling and empowering clients to examine barriers and use their strengths to overcome life's challenges.

REVIEWER:

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

BIBLIOGRAPHY/REFERENCES:

Blueford, J.M. and Adams, C.R. (2021), Trauma-Informed Grief Counseling With Older BIPOC Individuals. *Adultspan Journal*, 20: 111-124. <https://doi.org/10.1002/adsp.12114>

Hunter, L. D. (2022). Second-Line Parades: A Trauma-Informed Response to Grief. *OMEGA - Journal of Death and Dying*, 0(0). <https://doi.org/10.1177/00302228221085471>

Anna Goddard, Rebecca Witten Jones, Dorothea Esposito, Erin Janicek. Trauma informed education in nursing: A call for action, *Nurse Education Today*, Volume 101, 2021, <https://doi.org/10.1016/j.nedt.2021.104880>.

Michael W. Rabow, Chao-Hui S. Huang, Gloria E. White-Hammond, Rodney O. Tucker. Witnesses and Victims Both: Healthcare Workers and Grief in the Time of COVID-19. *Journal of Pain and Symptom Management*, Volume 62, Issue 3, 2021, Pages 647-656, <https://doi.org/10.1016/j.jpainsymman.2021.01.139>.

Doka, K. J. and Tucci, A.S. (Eds.). (2022). *Shattered: Trauma and Grief*. Washington, DC: Hospice Foundation of America.

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CE certificates for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

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