

## THE TASKS OF MOURNING AFTER 35 YEARS: WHY THEY ARE STILL CLINICALLY RELEVANT



### DESCRIPTION:

Dr. William Worden's *Four Tasks of Mourning* model was a significant addition to the field of grief and bereavement. Join Dr. Worden, a pioneering researcher and clinician, in conversation with Dr. Kenneth Doka to discuss how this model has evolved over time and how professionals can utilize the model in a wide range of bereavement situations.

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### PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

<b>LIVE DATE:</b>	November 19, 2019
<b>TIME:</b>	Noon to 1:30pm ET
<b>ON DEMAND:</b>	Available for 1 year; until November 18, 2020
<b>LENGTH:</b>	90 minutes
<b>CEs:</b>	1.5 hours for a wide variety of professional boards
<b>CE FEE:</b>	\$9.00 per certificate
<b>CONTENT LEVEL:</b>	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.**

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### TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

[http://eventcenter.commpartners.com/se/Meetings/BrowserTest\\_New.aspx?account.id=CommPart](http://eventcenter.commpartners.com/se/Meetings/BrowserTest_New.aspx?account.id=CommPart)

**Technical Questions?** Please contact CommPartners at 1-800-274-9390 or via e-mail at: [hospice@commpartners.com](mailto:hospice@commpartners.com).

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### PROGRAM FEES/MATERIALS:

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

### **Single Webinar Registration**

Individual Viewer  
(one viewer per program)  
**Member: \$29.25**  
**Non-member: \$39.00**

Multi-Viewer - Level 1  
(2-10 viewers)  
**Member: \$82.50**  
**Non-member: \$110.00**

Multi-Viewer - Level 2  
(11-50 viewers)  
**Member: \$112.50**  
**Non-member: \$150.00**

### **Education Partner Packages**

Access 6 webinar programs *and* Living with Grief® 2020 with one registration!

Individual Package  
(one viewer per program)  
**Member: \$236.25**  
**Non-member: \$315.00**

Multi-Viewer - Level 1  
(2-10 viewers per program)  
**Member: \$420.00**  
**Non-member: \$560.00**

Multi-Viewer - Level 2  
(11-50 viewers per program)  
**Member: \$731.25**  
**Non-member: \$975.00**

### **Unlimited CE Certificate Bundle**

Living with Grief® + 6 Webinars:

**Member: \$900 / Non-member: \$810** (Individual CEs are \$9.00 per certificate)

#### **HOW TO REGISTER:**

Register directly online, on HFA's website:

<https://hospicefoundation.org/HFA-Products/Education-Partner-Package>.

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

#### **MATERIALS AREA:**

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

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#### **LEARNING OBJECTIVES:**

At the conclusion of this program participants will be able to:

1. Understand the origin of the Task Model and its evolution over 35 years
2. Compare the Task Model with other current models
3. Understand the Mediators of Mourning and how they supplement the Task Model to make it more clinically useful

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#### **PROGRAM OUTLINE:**

1. What is the origin of the Task Model of mourning? (30 minutes)
  - a. How has it evolved over the past 35 years?
  - b. Is the model still clinically relevant?
  - c. Are more tasks needed?
2. Comparison with other current models (25 minutes)
3. What are the Mediators of Mourning and how do they relate to the Task Model (25 minutes)

#### 4. Question/Answer Session (10 minutes)

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##### **CONTINUING EDUCATION (CE) CREDITS:**

This program is valid for 1.5 hours of CE credit. The CE cost is \$9 per certificate. CE credits are available for 1 year, until November 18, 2020.

A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

\*An Unlimited CE package is available for multi-viewer registrations. If purchased, the program organizer will be provided with a unique payment code to distribute to their attendees to use in place of payment online.

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##### **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

\*A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

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##### **EXPERT PANELIST:**

**J. William Worden, PhD, ABPP**, is a Fellow of the American Psychological Association and holds academic appointments at the Harvard Medical School and at the Rosemead Graduate School of Psychology in California. He is also Co-Principal Investigator of the Harvard Child Bereavement Study, based at the Massachusetts General Hospital. Recipient of five major National Institutes of Health grants, his research and clinical work over 40 years has centered on issues of life-threatening illness and life-threatening behavior. His professional interests led him to become a founding member of the Association of Death Education and Counseling and the International Work Group on Death, Dying, and Bereavement. Worden is the author of *Personal Death Awareness* and *Children & Grief: When a Parent Dies*, and is coauthor of *Helping Cancer Patients Cope*. His book *Grief Counseling & Grief Therapy: A Handbook for the Mental Health Practitioner*, now in its fourth edition, has been translated into 14 foreign languages and is widely used around the world as the standard reference on the subject.

##### **MODERATOR:**

**Kenneth J. Doka, PhD, MDiv**, is Senior Bereavement Consultant to HFA and recipient of the 2019 Lifetime Achievement Award from the Association for Death Education and Counseling. He serves as editor of HFA's *Living with Grief*® book series and its *Journeys* bereavement newsletter. He is a prolific author, editor, and lecturer; past president of the Association for Death Education and Counseling (ADEC); and a member and past chair of the International Work Group on Death, Dying, and Bereavement (IWG). In 2018, the IWG presented Doka with

the Herman Feifel Award for outstanding achievement in thanatology. He received an award for Outstanding Contributions in the Field of Death Education from ADEC in 1998. Doka is an ordained Lutheran minister and a licensed mental health counselor in the state of New York.

#### **REVIEWER:**

**Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, Mercy College**

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#### **BIBLIOGRAPHY/REFERENCES:**

##### **Other Organization's Websites:**

Association for Death Education and Counseling [www.adec.org](http://www.adec.org)

##### **Peer-reviewed Journal/resource:**

Stroebe, M., Schut, H., and Boerner, K. (2017). "Cautioning Health-Care Professionals: Bereaved Persons are Misguided Through the Stages of Grief." In *Omega*, 74(4): 455-473.

Moon, P.J. (2016). Anticipatory Grief: A Mere Concept? In *American Journal of Hospice and Palliative Medicine*, Vol. 33, Issue 5.

##### **Expert resources:**

Our program Speaker and Moderator are expert resources (see attached bios)

##### **Textbook references:**

Worden, J.W. (2018). *Grief counseling & grief therapy: A handbook for the mental health practitioner*, 5<sup>th</sup> edition. NY: Springer.

Worden, J.W. (2017). Forms of complicated grief. In K. Doka & A. Tucci, (Eds.), *When grief is complicated*. Washington, DC: Hospice Foundation of America.

Worden, J.W. (2015) Theoretical perspectives on loss and grief. In J. Stillion & T. Attig, (Eds.), *Death, dying and bereavement: Contemporary perspectives, institutions, and practices*. New York: Springer.

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**Individual Registration** - Provides one person, the registrant, access to the webcast for personal viewing.

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**CE Credits for this program may only be obtained through HFA.** CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

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#### **SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

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**CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

**CONTACT INFORMATION**

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