

## SUPPORTING TEENS AND YOUNG ADULTS GRIEVING A SUICIDE, HOMICIDE, OR OVERDOSE DEATH



### DESCRIPTION:

The type of death can be an important factor that influences the way teens and young adults grieve. This presentation will discuss grief after death due to suicide, homicide, or overdose. We will explore some of the special circumstances and challenges teens and young adults experience, including the impact on family dynamics, societal stigma associated with these types of death, and related intense emotions. We will share ideas for providing support and ideas for how professionals and clinicians can support teens and young adults in coping with these difficult grief reactions.

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### PROGRAM DETAILS:

This presentation features an experienced professional offering her own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the expert talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the expert questions that she will discuss and answer during the program's Q & A session.

<b>LIVE DATE:</b>	March 8, 2022
<b>TIME:</b>	Noon to 1:30pm ET
<b>ON DEMAND:</b>	Available for 1 year; until March 7, 2023
<b>LENGTH:</b>	90 minutes
<b>CEs:</b>	1.5 hours for a wide variety of professional boards
<b>CE FEE:</b>	Included with registration
<b>CONTENT LEVEL:</b>	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.**

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### TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

**Technical Questions?** Please go to <https://zoom.us/> and click “support”

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## PROGRAM FEES/MATERIALS:

**Registration includes continuing education and on-demand viewing for 1 year from live date.** As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

### **Advance Purchase Single Webinar Registration**

Individual Viewer: Member: \$23.80 | Non-member: \$34.00  
Organizational Viewing\*: Member: \$105.00 | Non-member: \$150.00

### **Same Day Single Webinar Registration and On-Demand Purchase**

Individual Viewer: Member: \$27.30 | Non-member: \$39.00  
Organizational Viewing\*: Member: \$112.00 | Non-member: \$160.00

*\*Organizational viewing registration provides access to an unlimited number of staff within the organization per registered location.*

## HOW TO REGISTER:

Register directly online, on HFA's website: <https://www.hospicefoundation.org>

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

## MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

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## LEARNING OBJECTIVES:

1. Explain the special circumstances, challenges, and impact that deaths due to suicide, homicide, or overdose have on grieving teenagers and young adults.
  2. Discuss how family dynamics, and societal stigma impact the grief experience of teenagers and young adults grieving deaths due to suicide, homicide, or overdose.
  3. Describe strategies for providing care and support to teenagers coping with these difficult situations.
  4. Identify strategies for providing care and support to young adults coping with these difficult situations.
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## PROGRAM OUTLINE:

- I. How Type of Death Affects the Grief Experience of Teens and Young Adults (15 minutes)
  - Suicide
  - Homicide
  - Overdoes
- II. Special Circumstances and Challenges of Stigmatized Deaths (25 minutes)
  - Experience of grief
  - Grief reactions
  - Complicating factors
  - Stigma/shame/hindsight bias
- III. Impact of Family Dynamics on the Grief Experience (15 minutes)

- Role that the family plays

#### IV. Strategies and Modes of Support (25 minutes)

- Best ways to help
- What to do and say

#### V. Question and Answer session (10 minutes)

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### **CONTINUING EDUCATION (CE) CREDITS:**

This program is valid for 1.5 hours of CE credit. CE credits are available for 1 year, until March 7, 2023.

A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

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### **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

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### **EXPERT PANELISTS:**

**Pamela Gabbay, EdD, MA, FT**, has spent the last 25 years working with grieving families and nationwide bereavement organizations. Currently, she is the Director of Operations and Training for The Compassionate Friends. She is also a co-founder of The Satori Group and a national trainer for The American Foundation for Suicide Prevention (AFSP). Dr. Gabbay is the co-author of Understanding and Supporting Bereaved Children, A Practical Guide for Professionals. She also serves on the Advisory Board for the Tragedy Assistance Program for Survivors (TAPS). In her previous role as the Director of the Mourning Star Center for Grieving Children, Pamela worked extensively with local communities and with grieving adults, children, and their families. She also created and served as the Camp Director for Camp Erin - Palm Springs, a bereavement camp for children in Southern California. Previously, Dr. Gabbay was an adjunct faculty member at Brandman University. She served two terms on the Board of Directors of the National Alliance for Children's Grief (NACG) and was the President of the Southern California Chapter of the Association for Death Education and Counseling. She is currently serving on the Credentialing Council of ADEC. Each year, Dr. Gabbay presents and conducts trainings at multiple national conferences, including the National Alliance for Children's Grief (NACG), The Compassionate Friends (TCF), the TAPS Institute for Hope and Healing, the Association for Death Education and Counseling (ADEC), and Hospice Foundation of America (HFA). She was awarded the Fellow in Thanatology (FT) by the Association for Death Education and Counseling. She earned her Master of Arts degree in Cognitive Psychology from Claremont Graduate University and her Doctorate in Organizational Leadership from Brandman University.

**Andy McNeil, MA, LPC**, has served in non-profit leadership in a variety of settings throughout his career. He is a co-founder and an executive partner with The Satori Group, LLC, a national education, management, and consulting company, providing education and consultation to non-profit organizations. He has served as the Chief Executive Officer for The National Alliance for Grieving Children, the Executive Director for The Amelia Center at Children's of Alabama, and the Director of Grief Counseling Services and Director of Development for Hospice of Martin and St. Lucie (now Treasure Health) in South Florida. In his current work with The Satori Group, Andy serves as Senior Advisor to Youth Programs for the Tragedy Assistance Program for Survivors (TAPS), Advisor to Programs for HealGrief and Actively Moving Forward, and Consultant and Advisor for The Compassionate Friends. He has strong experience in leadership, fundraising, business development, building key relationships, and providing education and consultation in non-profit management. He is the co-author of *Understanding and Supporting Bereaved Children: A Practical Guide for Professionals*. He has served as a consultant to non-profits across the United States, providing strategic planning, fundraising support, board management, and organizational development. Andy has many years of experience providing counseling and offering support groups to children, teenagers, and adults grieving the death of someone in their life. Andy lectures extensively on support group facilitation, grief and bereavement, non-profit management, and leadership. He is a trainer for the American Foundation for Suicide Prevention and the Boys and Girls Clubs of America. He is on the Board of Directors for the Association for Death Education and Counseling (ADEC) and is a member of the International Workgroup on Death, Dying, and Bereavement. Andy holds a Bachelor of Arts in Religion from Palm Beach Atlantic University and a Master of Arts in Counseling from The University of Alabama at Birmingham.

#### **REVIEWER:**

**Angela Novas, MSN, RN, CRNP**, *Senior Medical Officer*, Hospice Foundation of America

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#### **BIBLIOGRAPHY/REFERENCES:**

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#### **SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

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#### **CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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#### **FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

##### **CONTACT INFORMATION**

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