

**LIVING WITH GRIEF®**  
**A SHIFTING LANDSCAPE FOR END-OF-LIFE ETHICS**



**DESCRIPTION:**

Hospice Foundation of America's 30th annual program uses a case study approach to review and explore well-established ethical principles of end-of life care in the presence of emerging legal, social, and technological change. A panel of experts will act as an ethics committee, discussing the ethical principles illustrated by six case studies and providing recommendations for resolution. Cases studies will include topics such as futile treatment, communication, opioid usage, concurrent care, voluntarily stopping eating and drinking, medical aid in dying and more.

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**PROGRAM DETAILS:**

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

- LIVE DATE:** April 11, 2023  
**TIME:** Noon-2:00 pm **Eastern Time** (please adjust to your time zone accordingly)  
**ON DEMAND:** Available for 1 year; until April 10, 2024  
**LENGTH:** 2 hours  
**CEs:** 2 hours for a wide variety of professional boards  
**CE FEE:** Included with registration  
**CONTENT LEVEL:** The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.  
**TARGET AUDIENCE:** Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.**

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**TECHNICAL REQUIREMENTS**

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

**Technical Questions?** Please go to <https://zoom.us/> and click “support”

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**PROGRAM FEES/MATERIALS:**

**Registration includes continuing education and on-demand viewing for 1 year from live date.** As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

### **ADVANCE PURCHASE Single Webinar Registration**

Individual Viewer: Member: \$27.30 | Non-member: \$39.00  
Organizational Viewing\*: Member: \$152.60 | Non-member: \$218.00  
Organizational + Community Access License+: Member: \$187.60 | Non-member: \$268.00

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### **SAME DAY Single Webinar Registration and ON-DEMAND Purchase**

Individual Viewer: Member: \$34.30 | Non-member: \$49.00  
Organizational Viewing\*: Member: \$175.00 | Non-member: \$250.00  
Organizational + Community Access License+: Member: \$210.00 | Non-member: \$300.00

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### **FULL PROGRAM PACKAGE (10 programs)**

#### **Registration includes 9 webinars + *Living with Grief*® 2023**

Individual Viewer: Member: \$245.70 | Non-member: \$351.00  
Organizational Viewing\*: Member: \$1,398.60 | Non-member: \$1,998.00  
Organizational + Community Access License+: Member: \$1,748.60 | Non-member: \$2,498.00

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*\*Organizational viewing registration provides access to an unlimited number of staff within the organization per registered location.*

*+Organizational + Community Access License provides access to an unlimited number of staff within the organization location and to community members within the organization's immediate geographic service area.*

#### **HOW TO REGISTER:**

Register directly online, on HFA's website: <https://www.hospicefoundation.org>

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

#### **MATERIALS AREA:**

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

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#### **LEARNING OBJECTIVES:**

At the conclusion of this webinar, participants will be able to:

1. Describe the ethical principles surrounding end-of-life care and how they apply to patient and family care;
2. Identify four prevailing and emerging challenges for hospice and palliative care providers and staff and how those challenges should be ethically addressed.
3. Describe the basic requirements of the Hospice Medicare Benefit and identify how they may enhance or impede ethical practice.
4. Discuss the ways that factors such as patient's age, medical history, diagnosis, capacity, cultural values can influence and at times, complicate ethical practice and decision making.
5. Identify strategies to navigate ethical dilemmas that may arise during grief counseling.

6. Describe how both ethical and unethical practices can create moral distress, influencing the grief reactions of families, hospice and palliative staff, and volunteers and how an ethics committee can help educate staff and families while guiding ethical practice.
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## **PROGRAM OUTLINE:**

### Part 1 (70 mins)

Introduction (3 mins)

Basics of Biomedical Ethics and End-of-Life Care (10 mins)

a. Beauchamp and Childress Ethical Principles

i. Beneficence

ii. Nonmaleficence

iii. Autonomy

iv. Justice

b. Medicare Hospice Benefit

i. History

ii. Restrictions

iii. Changes in industry (profit status)

Case #1 – Communication challenges in hospice care (12 mins)

a. Issues of disclosure on admission, diagnosis and prognosis

b. Cultural sensitivity

c. Providing equitable and just care

Case #2 - Medical Aid in Dying (15 mins)

a. Compliance with MAiD laws

b. Staff ethics training

c. Development of ethics committees

Case #3 – Pediatric hospice care (15 mins)

a. Concurrent care

b. Consent vs. assent

c. Futile treatment

Case #4 – Limitations of the Medicare Hospice Benefit (15 mins)

a. Dialysis patients

b. Care rationing

c. Lessons from COVID-19

INTERMISSION (5 mins)

### Part 2 (50 mins)

Case #5 – Pain Management (15 mins)

a. Fear of opioid use

b. Training of family caregivers

c. Palliative sedation

Case #6 – Voluntary Stopping Eating and Drinking (15 mins)

a. Issues for dementia patients

b. Surrogacy

c. Moral distress for hospice team members

Case #7 – Ethics of Grief Counseling (15 mins)

a. Trauma informed bereavement care

b. Responsibility of providing access to quality grief counseling -

c. Tele-counseling

Conclusion (5mins)

a. Final thoughts from panel

b. CE instructions

## COURSE COMPLETION REQUIREMENTS AND CE INFORMATION:

Participants must attend the entire 2 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline of April 10, 2024. CE instructions for attendees are as follows.

- 1 - Go to [educate.hospicefoundation.org](https://educate.hospicefoundation.org) and create an account
- 2 - Enter the Course Code (Provided at the end of the program)
- 3 - Enter the Site ID (Same as your order number from your purchase of the program)
- 4 - Complete the exam. The exam must be completed at 80% or above to pass (the exam may be re-taken, if necessary)
- 5 - Choose the board from which they wish to receive credit
- 6 - Fill out the evaluation form
- 7 - Print or email your CE certificate immediately

\*A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](https://www.hospicefoundation.org).

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## MODERATOR:

**Frank Sesno**, is Director of Strategic Initiatives, The George Washington University School of Media & Public Affairs, a former anchor for CNN, and a longtime moderator of the *Living with Grief*<sup>®</sup> program. He is an Emmy-award winning journalist and creator of PlanetForward.org, a user-driven web and television project that highlights innovations in sustainability, and he is the author of *Ask More: The Power of Questions to Open Doors, Uncover Solutions and Spark Change*.

## EXPERT PANELISTS:

**Karen Bullock, PhD, LCSW, FGSA, APHSW-C**, is the Ahearn Endowed Professor in the Boston College School of Social Work. Her practice interests include health disparities and health equity in serious illness care; aging and gerontology; and hospice, palliative, and end-of-life care decision making. Her research focuses on cancer care, social support for older adults, diversity, equity, and cultural factors influencing health care outcomes. She has served as Principal Investigator and/or Co-Investigator for over \$5 million in federal grant funding focused on equity and inclusion for workforce development, aging, and health network sustainability. Dr. Bullock is a John A. Hartford Faculty Scholar and serves on several national boards and committees, including the Social Work Hospice & Palliative Care Network (SWHPN) as vice-chair and the immediate past chair of the American Cancer Society (ACS) Oncology Social Work Research Peer Review Committee. She is a member of the National Academies of Sciences, Engineering and Medicine Roundtable Committee on Quality Care for People with Serious Illness and a member of the Center to Advance Palliative Care (CAPC) Faculty Advisory Council.

**Kenneth J. Doka, PhD, MDiv**, is Senior Vice President, Grief Programs at Hospice Foundation of America (HFA) and the recipient of the 2019 Lifetime Achievement Award from the Association of Death Education and Counseling (ADEC). A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*<sup>®</sup> book series, its *Journeys* newsletter, and numerous other books and publications. He has been a panelist on HFA's *Living with Grief*<sup>®</sup> program for 29 years. Dr. Doka is a past president of ADEC, a former board member of the International Work Group on Death, Dying and Bereavement, and an Advisory Board member to the Tragedy Assistance Program for Survivors (TAPS). He is the recipient of The International Work Group on Death, Dying, and Bereavement's prestigious Herman Feifel Award and ADEC's Award for Outstanding Contributions in the Field of Death Education. In 2006, he was grandfathered in as

a Mental Health Counselor under New York's first state licensure of counselors. Dr. Doka is an ordained Lutheran minister.

**Timothy W. Kirk, PhD, HEC-C**, is Department Chairperson and Professor of Philosophy at the City University of New York, York College, specializing in healthcare ethics with an emphasis on hospice and palliative care. He also holds an appointment in the Division of Medical Ethics at NYU Langone Medical Center. Dr. Kirk is a board-certified ethics consultant with MJHS Hospice & Palliative Care, one of the largest hospice and palliative care programs in New York State, and consults nationally with hospice and palliative care organizations. Together with Bruce Jennings, he is editor of Hospice Ethics (Oxford University Press, 2014).

**Wendy Walters, LICSW, HEC-C**, has been in direct clinical practice for over 30 years, with the bulk of that experience in end-of-life care. She spent the first 17 years of her career in hospice work, ultimately returning to UAB in 2006. She joined the UAB Hospital Ethics Committee in 2009 and began taking ethics consults for the hospital, returning to graduate school at Albany Medical School's Alden March Bioethics Institute for advanced training in clinical ethics. Wendy has developed a number of different programs for UAB, including a bereavement program, beginning a local chapter of Schwartz Rounds, developing the Psychosocial and Spiritual Grand Rounds as well as Ethics Case Conferences. Wendy has been in a full-time ethics consultant role since 2016.

#### **REVIEWER:**

**Angela Novas, MSN, RN, CRNP**, *Senior Medical Officer*, Hospice Foundation of America

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#### **BIBLIOGRAPHY/REFERENCES:**

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#### **SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

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#### **CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity. *No individual with the ability to control the content of this activity has any relevant financial relationship with ineligible companies to disclose.*

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#### **FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

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