

## USING THE DUAL PROCESS MODEL OF COPING WITH BEREAVEMENT TO IMPROVE YOUR PRACTICE

### DESCRIPTION:

Dr. Henk Schut will elaborate on the Dual Process Model of coping with bereavement (DPM). The model will be presented in a historical perspective. What led to the development and building of the model? How did it develop over time and what are recent developments? It will also be critically considered in terms of its weaknesses and aspects that still need further exploration and empirical underpinning. The program will also discuss practical applications of the DPM for clinical practice and research, including a discussion of how the DPM can be used to help those coping with grief in the midst of COVID-19.

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### PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

<b>LIVE DATE:</b>	July 14, 2020
<b>TIME:</b>	Noon to 1:30pm ET
<b>ON DEMAND:</b>	Available for 1 year; until July 13, 2021
<b>LENGTH:</b>	90 minutes
<b>CEs:</b>	1.5 hours for a wide variety of professional boards
<b>CE FEE:</b>	\$9.00 per certificate
<b>CONTENT LEVEL:</b>	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.**

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### TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

[http://eventcenter.commpartners.com/se/Meetings/BrowserTest\\_New.aspx?account.id=CommPart](http://eventcenter.commpartners.com/se/Meetings/BrowserTest_New.aspx?account.id=CommPart)

**Technical Questions?** Please contact CommPartners at 1-800-274-9390 or via e-mail at: [hospice@commpartners.com](mailto:hospice@commpartners.com).

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## PROGRAM FEES/MATERIALS:

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

### Single Webinar Registration

Individual Viewer  
(one viewer per program)  
Member: \$29.25  
Non-member: \$39.00

Multi-Viewer - Level 1  
(2-10 viewers)  
Member: \$82.50  
Non-member: \$110.00

Multi-Viewer - Level 2  
(11-50 viewers)  
Member: \$112.50  
Non-member: \$150.00

### Education Partner Packages

Access 6 webinar programs *and* Living with Grief® 2020 with one registration!

Individual Package  
(one viewer per program)  
Member: \$236.25  
Non-member: \$315.00

Multi-Viewer - Level 1  
(2-10 viewers per program)  
Member: \$420.00  
Non-member: \$560.00

Multi-Viewer - Level 2  
(11-50 viewers per program)  
Member: \$731.25  
Non-member: \$975.00

### Unlimited CE Certificate Bundle

Living with Grief® + 6 Webinars:

Member: \$900 / Non-member: \$810 (Individual CEs are \$9.00 per certificate)

## HOW TO REGISTER:

Register directly online, on HFA's website:

<https://hospicefoundation.org/HFA-Products/Education-Partner-Package>.

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

## MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

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## LEARNING OBJECTIVES:

At the conclusion of this program participants will be able to:

1. Understand and describe the DPM in detail;
2. Critically assess the DPM in relationship to other grief models;
3. Evaluate the usefulness of the DPM and the limitations of it for grief counselling and grief therapy, as well as for normal daily interaction with bereaved persons.

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## PROGRAM OUTLINE:

- I. Historical perspective of Dual Process Model (30 minutes)
  - A. What led to the development and building of the model?
  - B. How did it develop over time and what are recent developments?
- II. Current perspective of Dual Process Model (30 minutes)

- A. Critical consideration of its strengths and weaknesses
  - B. What aspects need further exploration and empirical underpinning
- III. Application of the DPM (25 minutes)
- A. For clinical practice
  - B. For research
- IV. Question and Answer Session (5 minutes)
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### **CONTINUING EDUCATION (CE) CREDITS:**

This program is valid for 1.5 hours of CE credit. The CE cost is \$9 per certificate. CE credits are available for 1 year, until July 13, 2021.

A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

\*An Unlimited CE package is available for multi-viewer registrations. If purchased, the program organizer will be provided with a unique payment code to distribute to their attendees to use in place of payment online.

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### **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

\*A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

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### **EXPERT PANELISTS:**

**Henk Schut, PhD**, is a clinical psychologist and associate professor of Clinical Psychology at Utrecht University, the Netherlands. His research interests cover processes of coping with loss and the efficacy of bereavement care and grief therapy. Henk also supervises post-academic clinical psychologists in their research interests. With Maggie he developed the Dual Process Model of Coping with Bereavement. Henk is co-author of a number of scientific and professional articles and books on grief, bereavement and death. Henk is one of the editors of Handbook of Bereavement Research (2001), Handbook of Bereavement Research and Practice: Advances in Theory and Intervention (2009), both together with Maggie Stroebe, Wolfgang Stroebe and Bob Hansson and, together with Maggie Stroebe and Jan van den Bout, Complicated Grief: Scientific Foundations for Health Care Professionals (2012).

### **MODERATOR:**

**Kenneth J. Doka, PhD, MDiv**, is Senior Bereavement Consultant to HFA and recipient of the 2019 Lifetime Achievement Award from the Association for Death Education and Counseling.

He serves as editor of HFA's *Living with Grief*<sup>®</sup> book series and its *Journeys* bereavement newsletter. He is a prolific author, editor, and lecturer; past president of the Association for Death Education and Counseling (ADEC); and a member and past chair of the International Work Group on Death, Dying, and Bereavement (IWG). In 2018, the IWG presented Doka with the Herman Feifel Award for outstanding achievement in thanatology. He received an award for Outstanding Contributions in the Field of Death Education from ADEC in 1998. Doka is an ordained Lutheran minister and a licensed mental health counselor in the state of New York.

#### **REVIEWER:**

**Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, Mercy College**

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#### **BIBLIOGRAPHY/REFERENCES:**

##### **Other organization's websites:**

Association for Death Education and Counseling [www.adec.org](http://www.adec.org)

##### **Peer-reviewed journal/resource:**

Chow, A., Caserta, M., Lund, D., Suen, M., Xiu, D., Chan, I. and Chu, K. (2019). Dual-Process Bereavement Group Intervention for Widowed Older Adults. In *The Gerontologist*, Vol. 59, Issue 5, P. 983-994.

Tang, S. and Chow, A. (2017). How do risk factors affect bereavement outcomes in later life? An exploration of the mediating role of dual process coping. In *Psychiatry Research*, Vol. 255, September 2017, pgs. 297-303.

Stroebe, M., and Schut, H. (2016). "Overload: A Missing Link in the Dual Process Model?" In *Omega*, 74(1): 96-109..

##### **Textbook:**

Corr, C., Corr, D., and Doka, K.J. (2018). *Death & Dying, Life & Living*. New York: Cengage Learning.

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#### **COPYRIGHT NOTICE:**

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**Individual Registration** - Provides one person, the registrant, access to the webcast for personal viewing.

**Multi-Viewer Registration** - Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people.

**CE Credits for this program may only be obtained through HFA.** CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

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#### **SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

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### **CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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### **FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

#### **CONTACT INFORMATION**

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