

COVID-19 LOSSES AND GAINS OF TEENAGERS



DESCRIPTION:

The impact of COVID-19 on adolescents (ages 13-18) continues to be significant. Many young people have experienced the deaths of those close to them, sometimes multiple deaths in their family or community. The non-death losses for this age group are myriad, as many important life experiences and milestones have been modified or missed altogether. Most of the current research on the pandemic has either not focused on adolescents or has been conducted outside the United States. Dr. Servaty-Seib and Dr. Malone will review the existing research that does exist on the psychosocial impacts of COVID-19 for adolescents and will also report findings from their current study focused on assessing adolescents' perceptions of losses and gains associated with the pandemic. Going beyond symptoms, an emphasis on loss/gain perceptions can suggest direction for facilitating grief and enhancing resilience and possible transformative insights and growth. By capturing adolescent voices, this gain/loss framework will provide important information and interventive strategies for counselors and other mental health providers, teachers, and parents.

PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

LIVE DATE:	April 6, 2021
TIME:	Noon to 1:30pm ET
ON DEMAND:	Available for 1 year; until April 5, 2022
LENGTH:	90 minutes
CEs:	1.5 hours for a wide variety of professional boards
CE FEE:	Included with registration
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us> and click "support"

PROGRAM FEES/MATERIALS:

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

Individual Registration

(one viewer per program)

Member: \$17.40

Non-member: \$29.00

Organizational Registration

(2+ viewers)

Member: \$75

Non-member: \$125.00

HOW TO REGISTER:

Register directly online, on HFA's website: <https://www.hospicefoundation.org>

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. Articulate the psychosocial burden of COVID-19 on teenagers
2. Understand perceived losses experienced by teenagers during the pandemic
3. Explain perceived gains as potential for transformative and growth-inducing insight
4. Describe possible supportive actions and coping strategies to be provided by caring adults
5. Identify individual demographic factors that may be related to teenagers' perceived gains and losses associated with COVID-19.

PROGRAM OUTLINE:

- Teenagers and non-death loss (7 minutes)
 - Types of non-death loss
 - Impact on teenagers (physical, social, emotional, cognitive)
- Gain/loss framework as applied to pandemic (20 minutes)
 - Assumptions
 - Subscales of the Perceived Impact of Life Events Scale
 - Original version
 - Young adult/adolescent version
 - Application to young adults...and now teenagers
 - Life events/experiences researched thus far
- Grief-related concepts and their definitions (10 minutes)
 - Disenfranchised grief
 - Ambiguous grief
 - Indefinite loss

- International studies so far (5 minutes)
 - Mostly underscore the challenges and burdens caused by COVID-19
 - Rationale for current study (10 minutes)
 - Research questions
 - Method
 - Participants
 - Procedure
 - Questions/instruments
 - Preliminary findings (8 minutes)
 - Quantitative findings
 - Qualitative themes
 - Clinical and Research Implications (20 minutes)
 - Coping strategies for teenagers
 - Guidance for parents, teachers, clinicians
 - Gain/loss framework
 - practical statements and questions
 - applied to different modes/levels of intervention
 - sensitivity required with regard to discussion of gains
 - Critical need for balanced approach in research--losses and yet also possible points of gain and growth.
 - Question/Answer Session (10 minutes)
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CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 hours of CE credit. CE credits are available for 1 year, until April 5, 2022.

A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at educate.hospicefoundation.org).

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EXPERT PANELISTS:

Heather L. Servaty-Seib, PhD, HSPP, is a Dean's Fellow for Analytical Assessment in Purdue's Honors College. She is also Professor of Counseling Psychology in the Educational Studies Department of the College of Education where her primary scholarly areas include

adolescent/college student bereavement, loss/gain impact of life events, and support and communication in the grieving process. Professor Servaty-Seib received her BA (honors) from Concordia College in 1992 and her Master's and PhD in Counseling Psychology from the University of North Texas in 1995 and 1997. She teaches Honors courses connected to her research—most recently courses entitled Death and Dying and Loss. Dr. Servaty-Seib is a past president of the Association for Death Education and Counseling (ADEC) and received the ADEC 2013 Death Educator Award. Much of her recent scholarship has been focused in area of college student bereavement including a co-edited volume (published by Jossey-Bass) entitled *Assisting Bereaved College Students*, an edited volume of narratives by grieving college students (published by Jessica Kingsley), and empirical articles published in journals such as *The Counseling Psychologist* and *Death Studies*. She is on the editorial boards of four academic journals including three of the top research journals of the field of thanatology.

Pamela A. Malone, PhD, LCSW-S, Fellow in Thanatology maintains a private clinical practice in which she provides individual, couples, and family therapy. Her clinical experience spans over 30 years in a variety of settings. She is a clinical supervisor for master's level clinicians specifically for hospice social workers. Dr. Malone is an Assistant Professor-in-Practice at the University of Texas at Arlington School of Social Work where her favorite course to teach is Death and Dying. Research, presentations, and publications focus on loss and grief during adolescence. Her book, *Counseling Adolescents through Loss, Grief, and Trauma* is published by Routledge and available at Amazon.

REVIEWER:

Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, Mercy College

BIBLIOGRAPHY/REFERENCES:

Website

Actively Moving Forward: <https://healgrief.org/actively-moving-forward/>

Peer-reviewed journal/resources

Branquinho, C., Kelly, Cl, Arevala, L.C., Santos, A., & de Matos, M.G. (2020). "Hey, we also have something to say": A qualitative study of Portuguese adolescents' and young people's experiences under COVID-19. *Journal of Community Psychology*, 1-13.

Caffo, E., Scandroglio, F., & Asta, L. (2020). Debate: COVID-19 and psychological well-being of children and adolescents in Italy. *Child and Adolescent Mental Health*, 25(3), 167-168.

Stavridou, A., Stergiopoulou, A.A., Panagouli, E., Mesiris, G., Thirios, A., Mougiakos, T., Troupis, T., Psaltopoulou, T. Tsolia, M., Sergentanis, T.N., & Tsitskia, A. (2020). Psychosocial consequences of COVID-19 in children, adolescents and young adults: A systematic review. *Psychiatric and Clinical Neurosciences* 74(11), 615-616.

Textbook

Harris, D.L. (2020). (Ed.) *Non-death loss and grief: Context and clinical implications*. NY: Routledge.

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CE Credits for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

CONTACT INFORMATION

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