

DEVELOPMENT AND CLINICAL USE OF THE COPING ASSESSMENT FOR BEREAVEMENT AND LOSS EXPERIENCES (CABLE) TOOL



DESCRIPTION:

The *Coping Assessment for Bereavement and Loss Experiences* (CABLE) is an instrument designed to assess potentially constructive strategies for coping with grief. This webinar will focus on the initial development and validation of CABLE, as well as practical strategies for using CABLE in clinical settings with individuals who have lost a loved one.

PROGRAM DETAILS:

This presentation features an experienced professional offering her own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the expert talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the expert questions that she will discuss and answer during the program's Q & A session.

LIVE DATE:	June 8, 2022
TIME:	Noon to 1:30pm ET
ON DEMAND:	Available until <u>May 9, 2023</u>
LENGTH:	90 minutes
CEs:	1.5 hours for a wide variety of professional boards
CE FEE:	Included with registration
CONTENT LEVEL:	The program is mainly for professionals already working in the field but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video: <https://zoom.us/test>

Technical Questions? Please go to <https://zoom.us/> and click “support”

PROGRAM FEES/MATERIALS:

Registration includes continuing education and on-demand viewing for 1 year from live date. As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

Advance Purchase Single Webinar Registration

Individual Viewer: Member: \$23.80 | Non-member: \$34.00
Organizational Viewing*: Member: \$105.00 | Non-member: \$150.00

Same Day Single Webinar Registration and On-Demand Purchase

Individual Viewer: Member: \$27.30 | Non-member: \$39.00
Organizational Viewing*: Member: \$112.00 | Non-member: \$160.00

**Organizational viewing registration provides access to an unlimited number of staff within the organization per registered location.*

HOW TO REGISTER:

Register directly online, on HFA's website: <https://www.hospicefoundation.org>

If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. Describe the development and validation of CABLE, which employed a mixed-methods (i.e., qualitative and quantitative design) research design
 2. Assess bereaved individuals' coping frequency and type of coping strategies endorsed using CABLE
 3. Apply CABLE results to case conceptualization and treatment of bereaved individuals
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PROGRAM OUTLINE:TY

- I. Research of variation in grief duration and intensity among grievers (15 minutes)
 1. Those who experience complicated grief
 2. Those who respond resiliently
 - II. What distinguishes resilient and complicated grief reactions? (20 minutes)
 1. Lack of research
 2. Lack of bereavement-specific instruments to identify coping strategies
 - III. Development of the *Coping Assessment for Bereavement and Loss Experiences (CABLE)* (20 minutes)
 1. Research methods.
 2. Assessment methods
 - IV. Usefulness of CABLE in clinical settings (25 minutes)
 1. Evaluate bereavement coping
 2. Increase and broaden the number of coping strategies
 3. Inform treatment interventions.
 - V. Question and Answer Session (10 minutes)
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CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 contact hours of CE credit. CE certificates are available until May 9, 2023.

A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at educate.hospicefoundation.org).

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EXPERT PANELISTS:

Elizabeth Crunk-Sikhuashvili, PhD, NCC, LGPC, is a mental health counselor and an Assistant Professor of Counseling at the George Washington University in Washington, DC. She provides psychotherapy to individuals and couples who are coping with a range of concerns, including grief and loss, depression and other mood disorders, anxiety, relationship concerns, breakup recovery, self-esteem, family estrangement, family of origin concerns, chronic illness, and stress. In particular, she specializes in treating diverse issues in grief and bereavement, including complicated grief, anticipatory grief, non-death loss, and life transitions. Dr. Crunk's specialized training and nine years of research experience in grief and loss equips her to help individuals navigate these challenging experiences.

REVIEWER:

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

BIBLIOGRAPHY/REFERENCES:

Servatyt-Seib, H. and Stanton Chapple, H. (2022). *Handbook of Thanatology: The Essential Body of Knowledge for the Study of Death, Dying, and Bereavement*, 3rd Edition. Routledge.

Meichsner, F., O'Connor, M., Skritskaya, N., and Shear, M.K. (2020). Grief Before and After Bereavement in the Elderly: An Approach to Care. *The American Journal of Geriatric Psychiatry*, Volume 28, Issue 5, pp. 560-569.

Crunk, A.E., Burke, L.A., Neimeyer, R.A., Robinson, E., & Bai, H. (2021) The Coping Assessment for Bereavement and Loss Experiences (CABLE): Development and initial validation. *Death Studies*, 45:9, 677-691, DOI: [10.1080/07481187.2019.1676323](https://doi.org/10.1080/07481187.2019.1676323)

Stroebe, M. & Schut, H. (2020). Bereavement in Times of COVID-19: A Review and Theoretical Framework. OMEGA—Journal of Death and Dying, 82:3, 500-522.

Morris, S., Anderson, C., Tarquini, S., & Block, S. (2020). A standardized approach to bereavement risk-screening: A quality improvement project. Journal of Psychosocial Oncology, 38:4, 406-417.

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CE Credits for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

CONTACT INFORMATION

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