

Hospice Foundation of America's Program

SUPPORTING TEENS AND YOUNG ADULTS GRIEVING A SUICIDE, HOMICIDE, OR OVERDOSE DEATH

Self-Study ONLINE Course

DESCRIPTION

The type of death can be an important factor that influences the way teens and young adults grieve. This presentation will discuss grief after death due to suicide, homicide, or overdose. We will explore some of the special circumstances and challenges teens and young adults experience, including the impact on family dynamics, societal stigma associated with these types of death, and related intense emotions. We will share ideas for providing support and ideas for how professionals and clinicians can support teens and young adults in coping with these difficult grief reactions.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

RELEASE DATE:	Program originally premiered March 8, 2022
ON DEMAND:	to registered individuals for 1 year after purchase
LENGTH:	90 minutes
CE HOURS:	1.5 hours for a wide variety of professional boards
CE FEE:	One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each.
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:

<http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page>

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

For current prices, please refer to HFA's website at www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing.

MULTIPLE VIEWER REGISTRATION

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are \$12 per additional participant per course. **Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates.** Contact HFA at 202-457-5811 or email us at educate@hospicefoundation.org to register the additional participants.

MATERIALS AREA

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Explain the special circumstances, challenges, and impact that deaths due to suicide, homicide, or overdose have on grieving teenagers and young adults.
2. Discuss how family dynamics, and societal stigma impact the grief experience of teenagers and young adults grieving deaths due to suicide, homicide, or overdose.
3. Describe strategies for providing care and support to teenagers coping with these difficult situations.
4. Identify strategies for providing care and support to young adults coping with these difficult situations.

PROGRAM OUTLINE

I. How Type of Death Affects the Grief Experience of Teens and Young Adults (15 minutes)

- Suicide
- Homicide
- Overdoes

II. Special Circumstances and Challenges of Stigmatized Deaths (25 minutes)

- Experience of grief
- Grief reactions
- Complicating factors
- Stigma/shame/hindsight bias

III. Impact of Family Dynamics on the Grief Experience (15 minutes)

- Role that the family plays

IV. Strategies and Modes of Support (25 minutes)

- Best ways to help
- What to do and say

V. Question and Answer session (10 minutes)

CONTINUING EDUCATION

This program is available for 1.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration.

Additional certificates (if selecting more than one board) are \$10 each. A complete list of board approvals for this course is posted to HFA's website (at www.hospicefoundation.org).

COURSE COMPLETION REQUIREMENTS

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at <https://educate.hospicefoundation.org>).

*A complete list of board approvals is posted on HFA's website at www.hospicefoundation.org.

EXPERT SPEAKERS

Pamela Gabbay, EdD, MA, FT, has spent the last 25 years working with grieving families and nationwide bereavement organizations. Currently, she is the Director of Operations and Training for The Compassionate Friends. She is also a co-founder of The Satori Group and a national trainer for The American Foundation for Suicide Prevention (AFSP). Dr. Gabbay is the co-author of *Understanding and Supporting Bereaved Children, A Practical Guide for Professionals*. She also serves on the Advisory Board for the Tragedy Assistance Program for Survivors (TAPS). In her previous role as the Director of the Mourning Star Center for Grieving Children, Pamela worked extensively with local communities and with grieving adults, children, and their families. She also created and served as the Camp Director for Camp Erin - Palm Springs, a bereavement camp for children in Southern California. Previously, Dr. Gabbay was an adjunct faculty member at Brandman University. She served two terms on the Board of Directors of the National Alliance for Children's Grief (NACG) and was the President of the Southern California Chapter of the Association for Death Education and Counseling. She is currently serving on the Credentialing Council of ADEC. Each year, Dr. Gabbay presents and conducts trainings at multiple national conferences, including the National Alliance for Children's Grief (NACG), The Compassionate Friends (TCF), the TAPS Institute for Hope and Healing, the Association for Death Education and Counseling (ADEC), and Hospice Foundation of America (HFA). She was awarded the Fellow in Thanatology (FT) by the Association for Death Education and Counseling. She earned her Master of Arts degree in Cognitive Psychology from Claremont Graduate University and her Doctorate in Organizational Leadership from Brandman University.

Andy McNeil, MA, LPC, has served in non-profit leadership in a variety of settings throughout his career. He is a co-founder and an executive partner with The Satori Group, LLC, a national education, management, and consulting company, providing education and consultation to non-profit organizations. He has served as the Chief Executive Officer for The National Alliance for Grieving Children, the Executive Director for The Amelia Center at Children's of Alabama, and the Director of Grief Counseling Services and Director of Development for Hospice of Martin and St. Lucie (now Treasure Health) in South Florida. In his current work with The Satori Group, Andy serves as Senior Advisor to Youth Programs for the Tragedy Assistance Program for Survivors (TAPS), Advisor to Programs for HealGrief and Actively Moving Forward, and Consultant and Advisor for The Compassionate Friends. He has strong experience in leadership, fundraising, business development, building key relationships, and providing education and consultation in non-profit management. He is the co-author of *Understanding and Supporting Bereaved Children: A Practical Guide for Professionals*. He has served as a consultant to non-profits across the United States, providing strategic planning, fundraising support, board management, and organizational development. Andy has many years of experience providing counseling and offering support groups to children, teenagers, and adults grieving the death of someone in their life. Andy lectures extensively on support group facilitation, grief and bereavement, non-profit management, and leadership. He is a trainer for the American Foundation for Suicide Prevention and the Boys and Girls Clubs of America. He is on the

Board of Directors for the Association for Death Education and Counseling (ADEC) and is a member of the International Workgroup on Death, Dying, and Bereavement. Andy holds a Bachelor of Arts in Religion from Palm Beach Atlantic University and a Master of Arts in Counseling from The University of Alabama at Birmingham.

REVIEWER

Angela Novas, MSN, RN, CRNP, *Senior Medical Officer*, Hospice Foundation of America

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CE Certificates for this program may only be obtained through HFA. CE instructions will be provided to attendees at the end of the program, and may also be located in the "Viewer Guide."

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES PLEASE CONTACT

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