

Hospice Foundation of America's Program

**MORAL DISTRESS IN HEALTHCARE  
IN THE WAKE OF COVID-19**

Self-Study ONLINE Course

**DESCRIPTION**

The impact of moral distress during the COVID-19 pandemic presents unique challenges and opportunities for healthcare workers across disciplines.

This webinar will discuss the fundamental issues related to moral distress using evidence-based literature and case examples from hospice and palliative care. We will use examples of distress unveiled during COVID-19 to better understand the impact of moral distress and trauma among healthcare providers. We will discuss the importance for all healthcare providers and leaders to understand the impact of moral distress on not only their colleagues but also their patients & families.

A primary aim of the webinar is to provide strategies and considerations for individuals, teams, and institutions to mitigate the harmful effects of moral distress. Including, the capacity to identify your own moral distress; team strategies to mitigate distress; and institutional obligations such as debriefings, to normalize and provide support for ongoing moral dilemmas.

**PROGRAM DETAILS**

Hospice Foundation of America has taken its popular webinar program and created a self- study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

- RELEASE DATE:** Program originally premiered September 14, 2021
- ON DEMAND:** to registered individuals for 1 year after purchase
- LENGTH:** 90 minutes
- CE HOURS:** 1.5 hours for a wide variety of professional boards
- CE FEE:** One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each.
- CONTENT LEVEL:** The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
- TARGET AUDIENCE:** The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**HOW THE ONLINE SELF-STUDY PROGRAM WORKS**

**Step 1** - Register/purchase the course

**Step 2** - View the course online through the link in your confirmation email or in your account.

**Step 3** - Follow the instructions provided to receive your CE certificate\*.

\*An evaluation and a short exam are a part of this process.

**TECHNICAL REQUIREMENTS**

To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:

<http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page>

## REGISTRATION INFORMATION/FEES

Register directly online, on HFA's website: [www.hospicefoundation.org](http://www.hospicefoundation.org). To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org).

For current prices, please refer to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

**There are no refunds on registration.** \*Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

## REGISTRATION POLICY

### INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing.

### MULTIPLE VIEWER REGISTRATION

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are \$12 per additional participant per course. **Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates.** Contact HFA at 202-457-5811 or email us at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) to register the additional participants.

## MATERIALS AREA

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

## LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Define the impact of moral distress during COVID-19
2. Identify a variety of possible reactions to moral distress
3. Learn to identify moral distress in yourself and others.
4. Identify individual, team and institutional strategies for mitigating moral distress on a team and institutional level

## PROGRAM OUTLINE

- I. Introduction and overview (15 minutes)
- II. Evidence of moral distress in the time of COVID-19 – highlight data (20 minutes)
- III. History: Moral distress has always been with us. (20 minutes)
- IV. Morals, ethics and obligation of individual, team, institutions to create a moral community. (20 minutes)
- V. Conclusion; Question and Answer Session (15 minutes)

## CONTINUING EDUCATION

This program is available for 1.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each. A complete list of board approvals for this course is posted to HFA's website (at [www.hospicefoundation.org](http://www.hospicefoundation.org)).

## COURSE COMPLETION REQUIREMENTS

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at <https://educate.hospicefoundation.org>).

\*A complete list of board approvals is posted on HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

## EXPERT SPEAKERS

**Vickie Leff, MSW, LCSW, BCD, APHSW-C**, is the Executive Director of the APHSW organization. She has over 35 years of clinical practice experience in healthcare including oncology, palliative care and hospice. Vickie served on the board of SWHPN for many years, developing and implementing their educational and mentorship programs. She also serves as a subject matter expert and presenter to several national educational organizations & institutions. Vickie has published articles in *Health Affairs*, *JPSM* and other journals related to moral distress and resilience, in addition to providing blog posts for PalliMed. She also works with Project ECHO related to hospice and palliative care resilience initiatives. She is an Adjunct Instructor at the UNC School of Social Work in Chapel Hill. Vickie received her MSW from Simmons School of Social Work in Boston in 1984 and a BA in Political Science from Ithaca College.

**Billy Rosa, PhD, MBE, ACHPN, FAANP, FAAN**, is Chief Research Fellow, Department of Psychiatry and Behavioral Sciences, Memorial Sloan Kettering (MSK) Cancer Center, New York. He received his BSN magna cum laude from NYU Rory Meyers College of Nursing (2009); was valedictorian of his MSN class, Hunter College (2014); and completed his PhD and Master of Bioethics as an RWJF Future of Nursing Scholar at the University of Pennsylvania (2020). Dr. Rosa spent one year with the Human Resources for Health Program in Rwanda, East Africa (2015-2016), contributing to the curriculum content for the first Masters-prepared nursing cohort in the country and completed MSK's interprofessional hospice and palliative medicine clinical fellowship (2017). He is the editor of four books and has contributed more than 150 academic publications. Dr. Rosa has been recognized with numerous distinctions, including the international Spirit of Renewal Award from Sigma (2017); national Public Health Service Award for Distinguished Practice in Nursing from the American Nurses Association (2020); and the national Advanced Certified Hospice and Palliative Nurse of the Year Award from the Hospice & Palliative Credentialing Center (2021). He was most recently named to the Crain's New York Business Notable in Health Care 2021 list. He serves on the editorial boards for the *Journal of Hospice and Palliative Nursing*, *Journal of Pain and Symptom Management*, and *American Journal of Nursing*, and as a board/committee member for multiple global health and palliative care organizations. Dr. Rosa is an International Council of Nurses Global Nursing Leadership Institute Scholar, an American Psychosocial Oncology Society Health Equity Scholar, and the International Association for Hospice & Palliative Care U.S.A. Advocacy Focal Point. He is a Fellow of the American Academy of Nursing, the American Association of Nurse Practitioners, the American College of Critical Care Medicine, and the New York Academy of Medicine.

## MODERATOR

**Rev. Carla Cheatham, PhD, MDiv**, began her career in psychosocial services with an MA in Psychology, certification in trauma therapy, PhD in Health & Kinesiology, and MDiv before working 10 years as an interfaith healthcare chaplain and bereavement coordinator. Carla is a national keynote speaker and consultant focusing on emotionally intelligent and resilient professionals and organizations, Chair of NHPCOs Ethics Advisory Council, former Leader for NHPCO's Spiritual Caregivers Community, Adjunct Professor at Seminary of the Southwest, and Assistant Professor for University of Maryland's MS in

Palliative Care. She publishes books and videos about resilience, communication, boundaries, grief, healthy leadership, service recovery, and emotionally competent professionals.

## REVIEWER

**Lynda Shand, CHPN, CNE, RN, PhD**, *Associate Professor*, Mercy College

## BIBLIOGRAPHY/REFERENCES:

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***Jones-Bonofiglio, K. (2020). Health Care Ethics through the Lens of Moral Distress. Springer Nature Publishing.***

## COPYRIGHT NOTICE

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**CE Certificates for this program may only be obtained through HFA.** CE instructions will be provided to attendees at the end of the program, and may also be located in the “Viewer Guide.”

## SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

## CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

## FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

### PLEASE CONTACT

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