Hospice Foundation of America’s Program

LIVING WITH GRIEF: TRAUMA AND LOSS
Self-Study ONLINE Course

DESCRIPTION
This program focuses on the specific issues raised when losses are sudden and traumatic, shattering the bereaved individual’s assumptions that the world is safe, benevolent, or predictable. These deaths can be the result of accidents and disasters; suicides, or overdoses; homicide and terrorism; military or service-related deaths; or the unpredictable trajectories of illnesses. In Part One of program, we explore the factors that complicate grief. In Part Two we use case studies to highlight ways that such losses can be treated. The program concludes with a discussion of vicarious traumatization and strategies for self-care.

PROGRAM DETAILS
Hospice Foundation of America has taken this popular Living with Grief® program and created a self-study course for professionals. This educational program combines a moderated discussion, informative interviews, and additional complimentary learning materials.

RELEASE DATE: Program originally premiered April 5, 2022
ON DEMAND: to registered individuals for 1 year after purchase
LENGTH: 120 minutes + selected book reading (two PDF chapters)
CE HOURS: 2.5 hours for a wide variety of professional boards
CE FEE: One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are $10 each.
CONTENT LEVEL: The program is mainly for professionals already working in the field but is practical for all levels of education — entry level, intermediate or advanced.
TARGET AUDIENCE: The course is useful to health professionals, psychologists, counselors, clergy, social workers, nurses, and other health care workers, educators, and community members who support older adults.

HOW THE ONLINE SELF-STUDY PROGRAM WORKS
Step 1 - Register/purchase the course
Step 2 - View the course online through the link in your confirmation email or in your account.
Step 3 - Read the pdf chapters provided
Step 4 - Follow the instructions provided to receive your CE certificate*. 
*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS
To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:
http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page

REGISTRATION INFORMATION/FEES
Register directly online, on HFA’s website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

For current prices, please refer to HFA’s website at https://hospicefoundation.org/Education/HFA-CE-Programs.
There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION
Provides one person, the registrant, access to the self-study course for personal viewing.

MULTIPLE VIEWER REGISTRATION
Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are $12 per additional participant per course. Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates. Contact HFA at 202-457-5811 or email us at educate@hospicefoundation.org to register the additional participants.

MATERIALS AREA
Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at https://hospicefoundation.org/Shop-HFA/My-Account. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program’s slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:
1. Define traumatic loss, vicarious traumatization and loss of one’s assumptive world
2. Indicate four selected examples of traumatic loss;
3. Describe factors common to traumatic loss as well as the specific issues raised in the varied types of traumatic losses that may potentially complicate grief;
4. Discuss possible strategies and best practices for counseling, using case studies;
5. Describe strategies to minimize and/or treat vicarious traumatization.

PROGRAM OUTLINE
I. Sudden and Traumatic Loss (60 minutes)
   A. The Nature of Traumatic Loss
   B. Selected Examples of Traumatic Loss
      1. Accidents, and disaster
      2. Suicide, and overdose deaths
      3. Homicide, and terrorism
      4. Military and service-related deaths
      5. Traumatic loss in illness
II. Traumatic Loss and Complicated Grief (30 minutes)
   A. Factors Common to Traumatic Loss
   B. Factors Unique to Specific Types of Loss
III. Treating Traumatic Losses (30 minutes)
   A. Counseling Persons with Traumatic Losses: A Case Study Approach
   B. Recognizing, Responding to, and Treating Vicarious Trauma

CONTINUING EDUCATION
This program is available for 2.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are $10 each. A complete list of board approvals for this course is posted to HFA’s website (at www.hospicefoundation.org).
COURSE COMPLETION REQUIREMENTS
Participants must view the entire 120-minute program (online-streaming video) and read the selected book chapters (available in PDF format). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America’s list of board approvals*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA’s CE site at https://educate.hospicefoundation.org).

* A complete list of board approvals is posted on HFA’s website at www.hospicefoundation.org.

MODERATOR:
Frank Sesno, Director of Strategic Initiatives, The George Washington University School of Media & Public Affairs, a former anchor for CNN, and a longtime moderator of the Living with Grief® program. He is an Emmy-award winning journalist and creator of PlanetForward.org, a user-driven web and television project that highlights innovations in sustainability, and he is the author of Ask More: The Power of Questions to Open Doors, Uncover Solutions and Spark Change.

EXPERT SPEAKERS
Jillian Blueford, PhD, LPC, NCC, CT, is a Clinical Assistant Professor for the school counseling program at the University of Denver, a Licensed Professional Counselor in the state of Colorado, and is certified in Thanatology: Death, Dying, and Bereavement. Over the years, Dr. Blueford has provided grief counseling to individuals of all backgrounds in various settings, including schools, outpatient facilities, and currently in private practice in the Denver area. Further, Dr. Blueford is a grief and loss scholar, who has conducted research and scholarship via her dissertation, peer-reviewed publications, webinars, podcast features, and several regional, national, and international presentation. Seeking that all counseling professionals are equipped and competent in grief counseling, Dr. Blueford also works with other educators and clinicians as Co-Chair of the Grief Counseling Competencies Task Force to develop key competencies for the training programs.

Kenneth J. Doka, PhD, MDiv, is Senior Vice President, Grief Programs at Hospice Foundation of America (HFA) and the recipient of the 2019 Lifetime Achievement Award from the Association of Death Education and Counseling (ADEC). A prolific author and editor, Dr. Doka serves as editor of HFA’s Living with Grief® book series, its Journeys newsletter, and numerous other books and publications. He has been a panelist on HFA’s Living with Grief® program for 28 years. Dr. Doka is a past president of ADEC, a former board member of the International Work Group on Death, Dying and Bereavement, and an Advisory Board member to the Tragedy Assistance Program for Survivors (TAPS). He is the recipient of The International Work Group on Death, Dying, and Bereavement’s prestigious Herman Feifel Award and ADEC’s Award for Outstanding Contributions in the Field of Death Education. In 2006, he was grandfathered in as a Mental Health Counselor under New York’s first state licensure of counselors. Dr. Doka is an ordained Lutheran minister.

Therese A. Rando, PhD, BCETS, BCBT, is a clinical psychologist, traumatologist, and thanatologist. She is the Clinical Director of The Institute for the Study and Treatment of Loss, which provides mental health services through psychotherapy, training, supervision, and consultation, and specializes in: loss and grief; traumatic stress; and the psychosocial care of persons with physical injury, serious acute medical conditions, or with chronic, life-threatening, or terminal illness, and their loved ones. Her current research interests focus on the course of mourning after traumatic loss; construction of a self-help program for coping with the sudden death of a loved one; development of an integrated group intervention for traumatic loss survivors; and evaluation of an intervention program for traumatized first responders after critical incidents. She is the author of Treatment of Complicated Mourning, How To Go On Living When Someone You Love Dies;
and Grief, Dying, and Death: Clinical Interventions for Caregivers; and is a co-author of Treating Traumatic Bereavement: A Practitioner’s Guide.

REVIEWER
Angela Novas, MSN, RN, CRNP, Senior Medical Officer, Hospice Foundation of America

BIBLIOGRAPHY/REFERENCES:


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HFA's program is copyrighted. Its use and dissemination is restricted and unauthorized duplication is prohibited. CE Certificates for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)
Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST
Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES, CONTACT:
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