

Hospice Foundation of America's Program

HELPING WIDOWED PARENTS COPE WITH PARENTING, LOSS, AND LIFE

Self-Study ONLINE Course

DESCRIPTION

Widowed parents face unique and often overwhelming challenges as they cope the loss of a spouse/partner, while helping their children grieve and adapting to life as a sole parent. Dr. Yopp co-leads the Widowed Parent Program at the University of North Carolina, which exists to support and learn about this subset of the grieving population that has been overlooked and underserved. Dr. Yopp, who also authored *The Group: Seven Widowed Fathers Reimagine Life* (Oxford University Press), will present on recent research efforts to learn about these bereaved families and on clinical efforts designed specifically to support widowed parents.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self- study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

- RELEASE DATE:** Program originally premiered September 17, 2019
ON DEMAND: to registered individuals for 1 year after purchase
LENGTH: 90 minutes
CE HOURS: 1.5 hours for a wide variety of professional boards
CE FEE: One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each.
CONTENT LEVEL: The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE: The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:

<http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page>

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

For current prices, please refer to HFA's website at www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing.

MULTIPLE VIEWER REGISTRATION

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are \$12 per additional participant per course. **Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates.** Contact HFA at 202-457-5811 or email us at educate@hospicefoundation.org to register the additional participants.

MATERIALS AREA

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Understand the research findings on the psychosocial functioning of widowed parents
2. Describe the four broad challenges faced by widowed parents
3. Describe how models like the Dual Process Model can be relevant to supporting widowed parents
4. Utilize research-based interventions that help support widowed parents

PROGRAM OUTLINE

Bereavement needs specific to widowed parents (12 minutes)

- Widowed Parent Program at UNC.
- Panelist experiences with this population.

Why Widowed Parents? (10 minutes)

- Not uncommon; statistics
- Vulnerabilities
- Impact on Families

Research on Widowed Parenthood (15 minutes)

- Dr. Sandler and colleagues' work with the Family Bereavement Program at Arizona State University
- Findings from UNC study examining psychosocial functioning of widowed fathers

Making Sense of What We Know (10 minutes)

- Four broad challenges that widowed parents must face

Working Directly with Families in Which One Parent has an Advanced Illness (13 minutes)

- Strategies on working with families
- Short film made for health care professionals

Working Directly with Widowed Parents (20 minutes)

- Acknowledge unique aspects of widowed parenthood

- Describe the Dual Process Model (Stroebe & Schut, 1999; 2010) and its relevance for widowed parents
- Support group for parents
- www.widowedparent.org

Questions and Answer Segment (10 minutes)

CONTINUING EDUCATION

This program is available for 1.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each. A complete list of board approvals for this course is posted to HFA's website (at www.hospicefoundation.org).

COURSE COMPLETION REQUIREMENTS

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at <https://educate.hospicefoundation.org>).

*A complete list of board approvals is posted on HFA's website at www.hospicefoundation.org.

EXPERT PANELIST

Justin M. Yopp, PhD, is a psychologist and Clinical Associate Professor of Psychiatry at the University of North Carolina in Chapel Hill. Dr. Yopp directs the pediatric psycho-oncology consultation service within UNC's Comprehensive Cancer Support Program. He also co-leads the Widowed Parent Program at UNC and is co-author of "*The Group: Seven Widowed Fathers Reimagine Life*." Prior to coming to UNC, Dr. Yopp worked at St. Jude Children's Research Hospital in Memphis, Tennessee.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, Mercy College

BIBLIOGRAPHY/REFERENCES:

Other Organization's Websites:

Widowed Parent www.widowedparent.org

Peer-reviewed Journal/resource:

Edwards TP, Yopp JM, Park EM, Deal AM, Biesecker BB, Rosenstein DL. Widowed parenting self-assessment scale: A new measure. *Death Studies*. 2017 (Jun)

McClatchey, I.S. (2017). Fathers Raising Motherless Children: Widowed Men Give Voice to Their Lived Experiences. In OMEGA: Journal of Death and Dying, Vol. 76, Issue 4, pp. 307-327.

Sandler, I., Tein, J.Y., Cham, H., Wolchik, S., and Ayers, T. (2016). Long-term Effects of the Family Bereavement Program (FBP) on Spousally-Bereaved Parents. In *Development and Psychopathology*, Vol 28, Issue 3, p. 801-818.

Expert resources:

Our program presenter is an expert resource (see bio, above)

Textbook references:

Rosenstein, D. and Yopp, J. (2018). *The Group: Seven Widowed Fathers Reimagine Life*. Oxford University Press.

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES
PLEASE CONTACT**

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