Hospice Foundation of America

Product Catalog

Improving care and knowledge for over 30 years!
## PRODUCTS

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### ORDERING INFORMATION

**ORDER ONLINE:** Visit [www.hospicefoundation.org](http://www.hospicefoundation.org) and click on the red "Explore HFA products and programs" button on our homepage. Log into your Hospice Foundation of America account to complete your order purchase.

**HFA ORDER FORM:** Complete the enclosed order form and fax, email, or mail it:

- **FAX to:** (202) 457-5815
- **SCAN and EMAIL to:** educate@hospicefoundation.org
- **MAIL to:** HFA, 1707 L Street NW, Suite 220, Washington, DC 20036

**CALL** us at 800-854-3402

*Non-DVD or print materials will be available for download via your HFA account at hospicefoundation.org

**Prices current as of February 2019 and subject to change.**
Become an HFA member and receive exclusive discounts on continuing education programs, HFA publications, and access to members-only content.

HFA has served the hospice, bereavement, and end-of-life care fields for more than 30 years. Join us and other like-minded provider organizations and professionals today!

**Membership Benefits:**

- **Discounts.** Receive up to 25% off HFA educational programs and products including webinars, *Living with Grief*® programs, self-study courses, books, DVDs, *Journeys* special issues, and more.

- **Content.** Exclusive access to members-only resource portal, providing content on bereavement, grief, volunteering, and caregiving:
  - Three supplementary *Journeys* articles per month.
  - Three previous HFA programs per month.
  - Complimentary content on hospice care and bereavement counseling available for use on your own brochures and publications

- **Partnership.** You'll be associated with a valued leader that has served the hospice, bereavement, and end-of-life care communities for more than 30 years.

- **Information.** We'll keep you informed on what's new in the hospice and bereavement fields.

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Annual Dues</th>
<th>Additional Locations</th>
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<tbody>
<tr>
<td>Individual</td>
<td>$50</td>
<td>n/a</td>
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<tr>
<td>Hospice Organization:</td>
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<td></td>
</tr>
<tr>
<td>Volunteer</td>
<td>$125</td>
<td>n/a</td>
</tr>
<tr>
<td>Organization w/ ADC &lt;150</td>
<td>$250</td>
<td>$25 per location</td>
</tr>
<tr>
<td>Organization w/ ADC ≥ 150</td>
<td>$350</td>
<td>$45 per location</td>
</tr>
<tr>
<td>Non-Hospice Organization:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-Profit</td>
<td>$350</td>
<td>$45 per location</td>
</tr>
<tr>
<td>For-Profit</td>
<td>$625</td>
<td>$65 per location</td>
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FEATURING EXPERTS Brian de Vries, PhD, Kenneth J. Doka, PhD, MDiv, and Patricia Murphy, PhD, APN, FAAN, FPCN

HOSTED BY Frank Sesno, Director, School of Media and Public Affairs, The George Washington University

America is aging at a rapid rate with 10,000 people in the U.S. turning 65 every day. Medicare is expected to include 80 million enrollees by 2040. The vast majority of this growing population will likely face multiple losses—spouse, partner, independence, identity—and complex medical care needs. How can mental health professionals, healthcare providers, clergy, bereavement counselors, and the wider community support the growing number of aging Americans through their losses and healthcare challenges in later life? Aging America panelists integrate their expertise to deliver an in-depth discussion on innovative programs and new approaches to support older adults.

Released March 12, 2019!

For more information:
Call (202) 457-5811
or
Email educate@hospicefoundation.org

Sponsorships Available!
Learn more on page 12

26 years of Living with Grief®

HFA has had the pleasure of producing 26 years of Living with Grief®. Dive into the history of this program with HFA’s self-study programs.

How do HFA’s Self-Study programs work?

ONLINE COURSES:
Step 1 – Register/purchase the course.
Step 2 – View the course online through the link in your confirmation email or in your account.
Step 3 – Read the PDF chapters provided (if applicable).
Step 4 – Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

Each self-study is valid for CE credit for a wide variety of professional boards*. CE credits are available for 1-year from purchase.

*Please verify CE availability with your professional board and/or refer to HFA’s list of Board Approvals, located at www.hospicefoundation.org.
Transforming Loss: Finding Potential for Growth
1.5 hours | 2 CE credits
This is an inspirational program about positive change and action by the bereaved in the aftermath of loss.

When Grief is Complicated
2 hours | 2.5 CE credits
This program is designed to assist counselors and others working with the bereaved understand, assess and assist individuals who may be experiencing complicated forms of bereavement.

Managing Conflict, Finding Meaning - Supporting Families at Life's End
2 hours
This program addresses methods, strategies, and practices that can be used to provide support to terminally ill patients, their families, and close networks as they cope with impending death.

The Longest Loss: Alzheimer’s Disease and Dementia
2.5 hours
Through a combination of candid, compelling interviews and in-studio discussions, experts will identify how medical and social service professionals can best improve care for patients, families and themselves while coping with loss and grief associated with these progressive illnesses.

Helping Adolescents Cope with Loss
2.5 hours
This program focuses exclusively on the issues that adolescents face as they cope with loss and explores the ways that healthcare workers, hospices, educators, social workers, counselors, clergy, and other professionals can assist adolescents as they cope with loss.

Improving Care for Veterans Facing Illness and Death
2 hours, 45 min
Designed to assist health and human service professionals in enhancing their sensitivities and understanding of veterans and to provide professionals with new interventions to better serve dying veterans and their families.
### #grief: Social Media and Mourning

**On Demand:** through August 20, 2019

*Kelly Rossetto, PhD, Boise State University and Michelle Post, MA, LMFT, CTBS*

This webinar reviews the strengths and limitations of social media – offering sage advice to counselors on ways to monitor and utilize social media with their clients.

### Exploring Complementary Pain Management Techniques in End-of-Life Care

**On Demand:** through September 17, 2019

*Michelle Sproat, DNP, APRN, FNP-BC, NP-C, JD; moderated by Marian Grant, ACNP-BC, ACHPN, FPCN, RN*

This webinar focuses on the concept of "total pain" and highlights techniques such as aromatherapy and massage, to further support dying patients.

### Supporting Disenfranchised Grievers

**On Demand:** through October 15, 2019

*Kenneth Doka, PhD, MDiv and Dale Larson, PhD*

The webinar explores the contexts and causes of disenfranchised grief as well as complications arising from disenfranchisement. A strong emphasis is on interventive strategies that can enfranchise grief.

### Put Your Own Oxygen Mask on First: Self-Care for Hospice and Palliative Care Professionals

**On Demand:** through November 12, 2019

*Kathleen Bixby, MSN, RN, CHPN and Kathleen Burkhart, MSN, ANP-C, FAANP*

In this webinar, participants explore individual and systemic sources of stress that they may experience as they deal with clients who are dying as well as individual and organizational strategies for self care.

### Cultural and Spiritual Competency in End-of-Life Care

**On Demand:** through January 20, 2020

*Nora Luna, MEd, Kristopher Halsey, DDiv, PhD; moderated by The Rev. Paul A. Metzler, DMin*

Webinar attendees will learn ways to respect a client’s culture and spirituality while empowering them to use their spiritual strengths to cope with illness, loss, and grief.
2018-2019 Webinars
Program Schedule

Funerals and Beyond: Using Rituals to Support Grieving Youth
On Demand: through February 18, 2020
Pamela Gabbay, EdD, FT and Brad Speaks
Rituals can be a powerful tool to help children and adolescents deal with loss. This webinar explores the ways that funerals and therapeutic ritual can support grieving youth.

Using Meditation to Help Grievers Cope with Challenging Emotions
Live: March 19, 2019 | On Demand: through March 18, 2020
Heather Stang, MA, C-IAYT
This webinar explores how meditation can help with the physical and emotional reactions to grief, and how it can help bereaved people cope with difficult emotions. *Not included in webinar package.

Passed and Present: New Techniques to Help Grievers Keep Memories Alive
Live: April 9, 2019 | On Demand: through April 8, 2020
Allison Gilbert
This webinar will provide innovative ways to help individuals remember and celebrate their loved ones who have died. This program is not included in webinar packages. CEs not available for this webinar.

Managing Difficult Family Dynamics During Illness and Death
Live: May 21, 2019 | On Demand: through May 20, 2020
Karla Washington, PhD and Sheila Otten, LCSW
This webinar assists hospice and other professionals in assessing difficult families and offers strategies for effectively working with such families as they cope with illness and loss.

Best Practices in Counseling Survivors of Sudden and Traumatic Loss
Live: June 18, 2019 | On Demand: through June 17, 2020
Bret Moore, PsyD, ABPP and Terese Rando, PhD, BCETS, BCBT
In this webinar, participants explore factors unique factors in sudden and traumatic loss as well as effective strategies for assisting survivors of such devastating death.
Webinars are live on the air date, recorded and made available for on-demand viewing. The recorded program will be available approximately one day after the live event. Registrants have access to the live webinar program and may access on-demand viewing for one year following the live event.

**Registration Options**

**Individual** - for one viewer at a single location (includes 1 CE certificate per program)

**Multi-Viewer** - for two or more viewers at a single location (to add additional locations contact HFA)

**Multi-Viewer with CEs** - for two or more viewers at a single location and unlimited CEs for your audience

### Single Webinar

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Members</th>
<th>Non-Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual Viewer (includes 1.5 CEs)</td>
<td>$34.50</td>
<td>$46.00</td>
</tr>
<tr>
<td>Multi-Viewer Site</td>
<td>$97.50</td>
<td>$130.00</td>
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</table>

### Webinar Package

*Includes all 8 webinars to streamline your registration process*

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Members</th>
<th>Non-Members</th>
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</thead>
<tbody>
<tr>
<td>Individual Viewer</td>
<td>$244.85</td>
<td>$326.47</td>
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<tr>
<td>Multi-Viewer Site</td>
<td>$645.22</td>
<td>$860.29</td>
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### Continuing Education

<table>
<thead>
<tr>
<th>Registration Type</th>
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</thead>
<tbody>
<tr>
<td>Individual</td>
<td>First 1.5 CE certificate is included with purchase of Individual Viewer webinar.</td>
</tr>
<tr>
<td>Multi-Viewer Site</td>
<td>$9 per certificate</td>
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### Unlimited CE Packages (Multi-Viewer Sites ONLY)

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<tr>
<th></th>
<th>Member</th>
<th>Non-Members</th>
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</thead>
<tbody>
<tr>
<td>Per Webinar</td>
<td>$146.63</td>
<td>$195.50</td>
</tr>
<tr>
<td>All 8 Webinars</td>
<td>$393.75</td>
<td>$525.00</td>
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</table>

CEs must be completed before the expiration date, one year from the live event. A link to the approved boards list is available on the program information webpage.

To learn more visit: www.hospicefoundation.org/ShopHFA
HFA offers a range of informational programs available to enhance your background and knowledge base. The programs below do not have CEs available.

<table>
<thead>
<tr>
<th>Program</th>
<th>Online Access</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supporting Individuals with Intellectual and Developmental Disabilities</td>
<td>$15</td>
</tr>
<tr>
<td>This program focuses on the critical challenges of providing and accessing optimal end-of-life care and bereavement support for this population.</td>
<td></td>
</tr>
<tr>
<td>End-of-Life Ethics: A Case Study Approach</td>
<td>$20</td>
</tr>
<tr>
<td>This program examines the ethical issues and dilemmas that emerge at the end-of-life, the principles of ethical decision-making and the effects of these decisions on staff and families.</td>
<td></td>
</tr>
<tr>
<td>Artificial Nutrition and Hydration at the End of Life</td>
<td>$15</td>
</tr>
<tr>
<td>This program explores medical, legal, ethical issues, and communication barriers that surround ANH.</td>
<td></td>
</tr>
<tr>
<td>Spirituality and End-of-Life Care</td>
<td>$20</td>
</tr>
<tr>
<td>This program discusses the differences/relationship between spirituality and religion, and addresses spirituality during illness, death &amp; grief, and life review.</td>
<td></td>
</tr>
<tr>
<td>Beyond Kübler-Ross</td>
<td>$17.50</td>
</tr>
<tr>
<td>This program takes a look at the legacy of work of Kübler-Ross, and discuss how professional understanding of grief has progressed beyond her theories.</td>
<td></td>
</tr>
<tr>
<td>Cancer and End-of-Life Care</td>
<td>$20</td>
</tr>
<tr>
<td>This program addresses care options related to cancer diagnoses as well as loss and grief reactions for patients, families and professional caregivers</td>
<td></td>
</tr>
<tr>
<td>Diversity and End-of-Life Care</td>
<td>$20</td>
</tr>
<tr>
<td>This program examines how diversity influences end-of-life decision making and the impact that culture has at the time of death and during bereavement.</td>
<td></td>
</tr>
<tr>
<td>Children and Adolescents</td>
<td>$20</td>
</tr>
<tr>
<td>This program focuses on the experience of grieving children and adolescents and the ways that hospices, schools, grief counselors, and parents can best support these populations.</td>
<td></td>
</tr>
<tr>
<td>Before and After the Death</td>
<td>$20</td>
</tr>
<tr>
<td>This program explores theoretical perspectives on loss and grief as experienced by persons throughout a life-limiting illness and by survivors after the death.</td>
<td></td>
</tr>
</tbody>
</table>
HFA’s monthly newsletter offers support and practical advice for people coping with loss and grief. Each month features articles written by experts in an easy-to-read style that speak to the many different aspects of the grieving process. Regular monthly features include expert answers to reader questions.

A Journeys subscription is a comforting gift to a family member or friend who has lost a loved one. Bulk subscriptions provide organizations with an invaluable outreach tool to provide support to the communities they serve.

### Subscription Type

<table>
<thead>
<tr>
<th>Individual Annual Subscription</th>
<th>$25.00</th>
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<tbody>
<tr>
<td><strong>Shipping &amp; handling included</strong></td>
<td></td>
</tr>
<tr>
<td>One monthly copy of Journeys for 12 months.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Bulk Annual Subscription</th>
<th>$7.44</th>
<th>0-99 copies per month</th>
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</thead>
<tbody>
<tr>
<td>$6.82</td>
<td>100-249 copies per month</td>
<td></td>
</tr>
<tr>
<td>$6.39</td>
<td>250-499 copies per month</td>
<td></td>
</tr>
<tr>
<td>$5.47</td>
<td>500+ copies per month</td>
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| **Shipping & handling included** |
| Pricing is based on the number of copies received each month for one year. |
| For example: Your hospice would like to receive 150 copies of Journeys each month for distribution on your in-house list, You would order 150 copies at $6.82 apiece and receive 150 copies each month for 12 months. |
| 150 x $6.82 = $1,023.00 |

**Words from our Readers**

“The newsletters were very, very helpful and reassuring. I looked forward to them and [they] were always what I needed.”

“Journeys has been very helpful for our Hospice families and staff. We are grateful to have access to the important and useful information you provide.”

### Journeys Special Issues

HFA publishes Special Issues of Journeys in a range of topics, helping individuals at particularly difficult times of the year. Don’t miss out on some of the best resources available for those struggling with grief and loss.

**Journeys** special issues include:

- Newly Bereaved Issue (Large font also available*)
- Anniversary Issue
- For Kids By Kids (12 and older)
- Understanding Support Groups
- Winter Holidays
- Spring Holidays
- Caregiving and Hospice
- Spanish Issue (includes English Translation)

$43.95 Pack of 50
$53.95 Pack of 100

*Newly Bereaved Large Font Issue is sold individually for $3.99 per
Clergy to Clergy (CDs): Helping You Minister to Those Experiencing Illness, Loss, and Grief

**Topics Include:**
- Counseling Those with Life-Threatening Illness
- The Funeral Ritual: Empowering Healing
- Your Faith Community as a Source of Support
- Helping Children Cope with Loss
- Facing Illness and Grief as a Family
- Complicated Mourning
- Caring for Yourself

**CD Set**

$29.99

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**A Guide for Recalling and Telling Your Life Story**

This guide is an award-winning workbook designed to help a person tell his or her life story. Each page suggests a topic such as Family, Adult Life, and Reflections followed by space for your personal story. The companion DVD (23 minutes) offers practical suggestions from hospice workers and patients on how to use the guide as a tool to re-live the experiences of growing up and growing older.

**DVD**

$15.99 per copy

**Workbook**

$24.99 per copy

**Workbook & DVD Set**

$34.99 per set

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**A Caregiver’s Guide to the Dying Process**

This guide prepares caregivers by discussing both the physical symptoms of dying and the psychological issues that accompany the dying process. It may also be used by hospices and other end-of-life organizations as a helpful training aid for staff and volunteers.

**Single**

$7.99 each

**Box of 50**

$249.99

**Box of 100**

$345.99

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**Hospice Volunteers Brochure**

“As a volunteer, I not only have the chance to help patients and their families, I make myself feel valuable at the same time.” What do hospice volunteers do? How do I become a volunteer? Can I handle the job? These questions and others are addressed in Hospice Volunteers.

**Single Brochure**

$2.99

**Pack of 25**

$29.99

**Pack of 50**

$49.99
Hospice: Something More

This 60-minute program takes an intimate look into the hospice experiences of patients and families, including an interview with a young mother who discusses how hospice care is changing her life after her diagnosis of advanced, terminal cancer.

Audiences are afforded a rare glimpse into the lives of hospice patients in the one-hour special program, “Hospice: Something More,” available online and on DVD*. The program was produced by Hospice Foundation of America and funded by a grant from the John and Wauna Harman Foundation.

Watch the program for FREE at: https://hospicefoundation.org/End-of-Life-Support-and-Resources

Community Outreach Through Theater

Playwright Bryan Harnetiaux has written a trilogy of plays that provides a rich opportunity for self-examination and community dialogue on fundamental questions surrounding death and dying. Told with humor and a keen understanding of the human condition, the plays are compelling dramas about families struggling to deal honestly with the everyday problems and mysteries of mortality. Plays can be used individually or in any combination by hospices, churches, medical schools, community groups and other organizations as an educational tool and as a vehicle for creating dialogue about end-of-life issues.

$175 A single performance, one-year license for one play
$450 A single performance of each play in the trilogy, one-year license
$450 A license for one play to be used three times in one year
Other licensing combinations are also available; contact HFA for details.

To receive a perusal packet of information or to obtain a licensing agreement, please contact Lisa Veglahn at lveglahn@hospicefoundation.org or by calling 202-457-5811.
HFA Booklets

Understanding Hospice, 22 pages
This booklet dispels the all-too-common myths surrounding hospice as well as the hospice philosophy of care, hospice care in a nursing home, how to access hospice care, and how and when to talk to a physician about receiving hospice care.

Single: $4.99  Pack of 50: $75

Returning to Work After a Loss, 20 pages
The bereaved often find themselves returning to work shortly after a loss due to employment policies and/or income needs. This booklet addresses the trepidation that many griever feel on their first day back in the workplace, the potential insensitivity of well-meaning or unknowing colleagues, and provides other tips to help workers make the often uncomfortable transition back to work more bearable.

Single: $4.99  Pack of 50: $75

Supporting a Friend or Loved One with Advanced Illness, tri-fold
This tri-fold gives helpful tips for providing support and is useful for those unfamiliar with or uncomfortable around serious and advanced illness.

Single: $2.50  Pack of 50: $37.50

Understanding Grief, 22 pages
This useful booklet draws on articles from Journeys - A Newsletter to Help in Bereavement to provide support, validation, and guidance while navigating the grief journey, addressing grief in the immediate aftermath of a death, and grief during the holidays and anniversaries.

Single: $4.99  Pack of 50: $75
Why Invest in HFA?

Investing in HFA through a program sponsorship or newsletter advertisement allows HFA to continue its focus on compassionate, mission-driven projects that improve how we live and die. It also provides you with the opportunity to:

- Build your brand through product exclusivity
- Target your advertising to a captive audience
- Make a statement of your support for the hospice philosophy of care by aligning with an organization devoted to it
- Enhance your exposure

Living with Grief

Aging America: Coping with Loss, Dying, and Death in Later Life

America is aging at a rapid rate with 10,000 people in the U.S. turning 65 every day. The vast majority of this growing population will likely face multiple losses—spouse, partner, independence, identity—and complex medical care needs. Aging America panelists integrate their expertise to deliver an in-depth discussion on innovative programs and new approaches to support older adults.

Sponsorships begin at $250 and includes a site registration

Special Thanks to Our Living with Grief Sponsors

Professional Education Webinars

Each year, HFA offers live professional education webinars featuring experienced professional who offer their expertise on the program topic. Webinar participants include a concentrated group of individuals, each of whom has an interest in topics dealing with loss, bereavement, and end-of-life care.

Webinar underwriting begins at $2,500

Journeys Newsletter

Published monthly, Journeys is distributed to 41,000 grieving families and individuals a month and offers support and practical advice on coping with loss. This publication is available for individual or bulk subscription and is circulated through community hospice bereavement programs.

Sponsorships begins at $5,000

Visit https://hospicefoundation.org/Education/Become-a-Sponsor to learn more

Why Invest in HFA?
About HFA

Hospice Foundation of America is a 501(c)(3) nonprofit organization. HFA meets its mission by providing programs for professional development, public education and information; funding research, producing publications, and by providing information on issues related to hospice and end-of-life care. Our programs for healthcare professionals are designed to improve care of those with terminal illness and those experiencing the process of grief, and are offered on a national basis. Our programs for the public are designed to assist individual consumers of health care who are coping with issues of caregiving, terminal illness, and grief.

Educational Programs

HFA improves the quality of hospice care by providing excellent resources and support to professionals. All programs are available for purchase separately. Continuing education credits are available for each program from a variety of boards and available for one year following the live date. A list of approved boards is available online at www.hospicefoundation.org. Individual registrations are intended for viewing by one person and cannot be shared. One CE certificate fee is included in individual registration. Multi-viewer registrations are intended for program viewing by more than one person at a single location. CEs are purchased separately from the program for multi-viewer registrations.