



## UNDERSTANDING & APPLYING MODERN GRIEF THEORY

### DESCRIPTION

The grief theory landscape has changed significantly over the last 50 years. However, despite this evolution, many clinicians are only familiar with the early foundations of grief theory.

Presented by [whatsyourgrief.com](http://whatsyourgrief.com) mental health professionals Litsa Williams and Eleanor Haley, this session explores the most prominent grief theories to have emerged from the fields of psychology and thanatology, beginning with Freud and working forward to the most current evidence-based models of grief.

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### PROGRAM DETAILS

This event features experienced professionals offering their own expertise on the topic. The educational program will include: PowerPoint, didactic presentation, music slide shows, clinical application via anecdotal storytelling, self-awareness exercises, and questions and answers.

<b>LIVE DATE:</b>	September 14, 2018
<b>TIME:</b>	10:00 am - 4:00 pm ET
<b>ON DEMAND:</b>	online recording available from 9/18/18 through 9/13/19
<b>CEs:</b>	5 hours for a variety of professional boards
<b>CE FEE:</b>	\$75 per certificate
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians, counselors and others working in or providing counseling in the hospice, palliative care, counseling, hospital, or nursing home environments.

**This program will be live on the air date, recorded and made available for on-demand viewing. The recorded program will be available approximately a day after the live event.**

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### CONTINUING EDUCATION (CE) CREDITS

This program is valid for 5 hours of CE credit for the following anticipated professional boards. The CE cost is \$75 per certificate.

- **National Association of Social Work Boards (NASW)**  
This program is Approved by the National Association of Social Workers for 5 Social Work continuing education contact hours. **Approval expires 8/31/2019\***. Accepted/recognized in all states except ID, MI, NJ, NY, OR, and WV.  
*\*Program and online CE process must be completed prior to expiration for NASW CE credit to be awarded.*
- **Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation**  
This continuing nursing education activity was approved by the Alabama State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.  
*Note: Alabama nurses are responsible for reporting their hours to the Alabama Board of Nursing. When doing so, please leave the "provider number" field blank on your individual transcript; however all other information must be completed.*

- **Commission for Case Manager Certification (CCMC)**  
This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs).
- **Association for Death Education and Counseling (ADEC)**  
Pre-approval for TAPS Institute for Hope and Healing's, "Understanding and Applying Modern Grief Theory" is granted by the Association for Death Education and Counseling's (ADEC) Distance Education Committee for 5 contact hours to count toward certification/re-certification for ADEC's Certified Thanatologist (CT) and Fellow in Thanatology (FT).
- **The American Institute of Health Care Professionals, Inc. and the American Academy of Grief Counseling**  
This continuing education program has been approved by The American Institute of Health Care Professionals & The American Academy of Grief Counseling for 5.0 contact hours of continuing education credits.
- **Academy of Professional Funeral Service Practice (APFSP)**  
Approved for 5 Contact Hours (APFSP Category A, 0.5 CEUs, Instructor Led).
- **Association of Professional Chaplains**  
Continuing Chaplaincy Education Credits (CCEs) are no longer required; a Certificate of Attendance will be issued for use in reporting continuing education hours
- **Certificate of Attendance**

\*Approval numbers will be provided on CE certificate

### **TECHNICAL REQUIREMENTS (ON-DEMAND VIEWING)**

To view the online; on-demand program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

### **REGISTRATION**

There is no registration fee for this program.

Register directly online at <https://modern grief.eventbrite.com>, or contact TAPS Institute for Hope and Healing at 202-588-TAPS (8277) or email [Institute@taps.org](mailto:Institute@taps.org).

Course materials will be available on TAPS Institute for Hope and Healing 's website at <https://www.taps.org>. Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. *Information will be posted as soon as they become available.*

## LEARNING OBJECTIVES

At the conclusion of this webinar, participants will be able to:

1. Learn and understand the foundations of modern grief theory put forth by Freud and Kubler-Ross.
  2. Explore the evolution of grief theory beyond Freud and Kubler-Ross, identifying the strengths and weaknesses of grief-work theories and non-grief-work theories through the most current evidence-based grief models.
  3. Consider appropriate applications of each grief theory in their practice setting, including the benefits and limitations of utilizing grief theory psycho-education with clients.
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## PROGRAM OUTLINE

- I. Welcome and Introductions
  - II. The Benefits, Applications and Limitations of Grief Theory
  - III. Introduction to Grief Work Theories
  - IV. Popular Task and Stage Based Grief Models
  - V. Dual Process Model and Two Track Model
  - VI. Continuing Bonds Theory
  - VII. Types of grief and supplemental theories
  - VIII. Grief Theory Application Activity
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## COURSE COMPLETION REQUIREMENTS

Participants must attend the entire 5-hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from TAPS Institute for Hope and Healing's list of board approvals\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on TAPS Institute for Hope and Healing's CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

\*A complete list of board approvals for this webinar program will be posted to this document (see above). Please check back for updates on the approval status for each board.

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## EXPERT PANELISTS

**Eleanor Haley, MS**, is a co-founder of the grief community What's Your Grief. Eleanor received her master's degree in counseling psychology from Loyola College in Baltimore, MD and has been working in the field of grief and loss for over 10 years. Before founding What's Your Grief, Eleanor supported patients and families in the hospital at end of life in circumstances of unexpected death, and provided ongoing grief and bereavement support in the years following the loss as the manager of family aftercare services for the Living Legacy Foundation of Maryland. Feeling frustrated with the online and print materials that were available for grievers, she founded What's Your Grief as a resource offering concrete, practical, creative, down-to-earth, and relatable grief support. What's Your Grief offers in-person support including workshops, trainings, and support groups and online support including hundreds of articles on all topics around grief and loss, a weekly podcast, a grief book club, and online courses. What's Your Grief offers a small library of print resources provided to families by a growing number hospices, hospitals, funeral homes, OPOs, and grief centers in the

US, UK, Canada and Australia. She has been interviewed as a grief expert for media outlets including NPR, The Huffington Post, The Baltimore Sun, US News, and The New York Times.

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**Litsa Williams MA, LCSW-C**, is a co-founder of the grief community What's Your Grief. Litsa received her master's degree in social work from The University of Maryland and has a master's in Philosophy for The University of Warwick (UK). Litsa has been working in the field of grief and loss for 10 years and previously worked in homeless services in Baltimore, MD. Before founding What's Your Grief, Litsa supported patients and families in the hospital at end of life in circumstances of unexpected death, and provided ongoing grief and bereavement support in the years following the loss as the director of family and community services for the Living Legacy Foundation of Maryland. Feeling frustrated with the online and print materials that were available for grievers, she co-founded What's Your Grief as a resource offering concrete, practical, creative, down-to-earth, and relatable grief support. What's Your Grief offers in-person support including workshops, trainings, and support groups and online support including hundreds of articles on all topics around grief and loss, a weekly podcast, a grief book club, and online courses. What's Your Grief offers a small library of print resources provided to families by a growing number hospices, hospitals, funeral homes, OPOs, and grief centers in the US, UK, Canada and Australia. She has been interviewed as a grief expert for media outlets including NPR, The Huffington Post, The Baltimore Sun, US News, and The New York Times.

#### REVIEWER

**Lynda Shand, CHPN, CNE, RN, PhD**, *Associate Professor*, The College of New Rochelle

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#### COPYRIGHT NOTICE

**TAPS Institute for Hope and Healing's program is copyrighted. Its use and dissemination is restricted and unauthorized duplication is prohibited.**

**CE Credits for this program may only be obtained through TAPS Institute for Hope and Healing.** CE instructions will be provided prior to the live air date and to attendees at the end of the program.

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#### SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

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#### CONFLICT OF INTEREST

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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#### FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

**Please contact TAPS Institute for Hope and Healing**

3033 Wilson Blvd., 3rd Floor  
Arlington, VA 22201  
Institute@taps.org  
800-959-TAPS (8277)

*Presented by Boeing*

