

## Hospice Foundation of America's Program

# SUPPORTING DISENFRANCHISED GRIEVERS

## Self-Study ONLINE Course

### DESCRIPTION

This presentation describes disenfranchised grief as grief that is not openly acknowledged, socially sanctioned, or publicly mourned. The presentation explores the contexts and causes of disenfranchised grief as well as complications arising from disenfranchisement. The seminar emphasizes the cultural factors that can disenfranchise grief. A strong emphasis of the presentation is on interventive strategies that can enfranchise grief.

### PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

<b>RELEASE DATE:</b>	Program originally premiered October 18, 2018
<b>ON DEMAND:</b>	to registered individuals for 1 year after purchase
<b>LENGTH:</b>	90 minutes
<b>CE HOURS:</b>	1.5 hours for a wide variety of professional boards
<b>CE FEE:</b>	One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each.
<b>CONTENT LEVEL:</b>	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
<b>TARGET AUDIENCE:</b>	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

### HOW THE ONLINE SELF-STUDY PROGRAM WORKS

**Step 1** - Register/purchase the course

**Step 2** - View the course online through the link in your confirmation email or in your account.

**Step 3** - Follow the instructions provided to receive your CE certificate\*.

\*An evaluation and a short exam are a part of this process.

### TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:

<http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page>

### REGISTRATION INFORMATION/FEES

Register directly online, on HFA's website: [www.hospicefoundation.org](http://www.hospicefoundation.org). To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org).

For current prices, please refer to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

**There are no refunds on registration.** \*Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

## REGISTRATION POLICY

### INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing.

### MULTIPLE VIEWER REGISTRATION

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are \$12 per additional participant per course. **Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates.** Contact HFA at 202-457-5811 or email us at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) to register the additional participants.

## MATERIALS AREA

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

## LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Define *disenfranchised grief*, discuss causes of disenfranchisement, and describe five contexts of disenfranchised grief;
2. Discuss the cultural context of disenfranchised grief;
3. Discuss ways that disenfranchisement complicates the process of mourning;
4. Describe interventive strategies that are effective with disenfranchised grievers;
5. Discuss the cost of enfranchising disenfranchised grievers.

## PROGRAM OUTLINE

- I. Disenfranchised Grief (20 minutes)
  - A. Definition
  - B. Contexts
- II. The Role of Culture (15 minutes)
  - A. Culture and Attachment
  - B. Culture and Grieving Rules
- III. Disenfranchised Grief as Complicating (15 minutes)
  - A. Exacerbating Grief
  - B. Ritual
  - C. Other Issues
- IV. Interventions (20 minutes)
  - A. Assessing Empathic Failure
  - B. Countering Empathic Failure
- V. Conclusion—The Costs of Enfranchising Grief (10 minutes)
- VI. Questions and Answers (10 minutes)

## CONTINUING EDUCATION

This program is available for 1.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each. A complete list of board approvals for this course is posted to HFA's website (at [www.hospicefoundation.org](http://www.hospicefoundation.org)).

## COURSE COMPLETION REQUIREMENTS

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at <https://educate.hospicefoundation.org>).

\*A complete list of board approvals is posted on HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

## EXPERT SPEAKERS

**Kenneth J. Doka, PhD, MDiv**, is a professor of gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*® book series, its *Journeys* newsletter, and numerous other books and publications. He has been a panelist on HFA's *Living with Grief* program for 25 years. Dr. Doka is a past president of the Association for Death Education and Counseling, a board member of the International Work Group on Death, Dying and Bereavement, and an Advisory Board member to the Tragedy Assistance Program for Survivors (TAPS). The Association for Death Education and Counseling has presented him with an Award for Outstanding Contributions in the Field of Death Education. In 2006, he was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. Dr. Doka is an ordained Lutheran minister.

**Dale G. Larson, PhD**, is a Professor of Counseling Psychology at Santa Clara University, where he directs graduate studies in health psychology. He is a Fulbright Scholar, a Fellow in the American Psychological Association, and member of the International Work Group on Death Dying and Bereavement. Dale authored the award-winning book, *The Helper's Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness*, and was Senior Editor and a contributing author for *Finding Our Way: Living with Dying in America*, the Robert Wood Johnson funded national newspaper series that reached 7 million Americans. His scholarly publications on grief and loss, grief counseling, stress and stress management in health professionals, and self-concealment and secrets are widely cited, both in the scientific literature and in the popular media. He was the recipient of the Association for Death Education and Counseling Death Educator Award in 2016.

## REVIEWER

**Lynda Shand, CHPN, CNE, RN, PhD**, *Associate Professor*, The College of New Rochelle

## BIBLIOGRAPHY/REFERENCES:

### Other organization's websites:

Association for Death Education and Counseling [www.adec.org](http://www.adec.org)

### Peer-reviewed Journal/resource:

Valentine, C., Bauld, L., and Walter, T. (2016). Bereavement Following Substance Misuse: A Disenfranchised Grief. Jan. 7, 2016. OMEGA—Journal of Death and Dying.

DeGroot, J. and Vik, T. Disenfranchised Grief Following a Traumatic Death. Feb. 26, 2017. Vol. 22, Issue 4. In *Journal of Loss and Trauma*.

Wyatt, M. and Liggett, S. The Potential of Painting: Unlocking Disenfranchised Grief for People Living With Dementia. June 20, 2018. In *Illness, Crisis and Loss*.

**Expert resources:**

Our program Speakers are expert resources (see biographies, above)

**Textbook references:**

Doka, K.J. (Ed). (2002). *Disenfranchised Grief: New Directions, Challenges, and Strategies*. New York: Research Press.

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**SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)**

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at [educate@hospicefoundation.org](mailto:educate@hospicefoundation.org) or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

**CONFLICT OF INTEREST:**

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES  
PLEASE CONTACT**

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