

Hospice Foundation of America's Program

PARENTING AFTER A DEATH

Self-Study ONLINE Course

DESCRIPTION

This self-study course explores the difficulties of parenting after a significant family death such as the loss of a spouse or child. Here, parents have to cope with their own loss while continuing to parent and assisting their children as they too adapt to the loss. While there is much research on bereavement, little work has focused to the formidable challenge of parenting bereaved children in the midst of their own grief. This webinar offers strategies and interventive approaches to assist parents in meeting this challenge.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

RELEASE DATE:	Program originally premiered August 16, 2016
ON DEMAND:	to registered individuals for 1 year after purchase
LENGTH:	90 minutes
CE HOURS:	1.5 hours for a wide variety of professional boards
CE FEE:	One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each.
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS:

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:

<http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page>

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

For current prices, please refer to HFA's website at www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing.

MULTIPLE VIEWER REGISTRATION

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are \$12 per additional participant per course. **Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates.** Contact HFA at 202-457-5811 or email us at educate@hospicefoundation.org to register the additional participants.

MATERIALS AREA

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Describe common parental reactions to the death of a child;
2. Discuss ways that the death of a child may affect parents' abilities to parent surviving children;
3. Describe interventive strategies to assist bereaved parents in parenting their surviving children while coping with grief;
4. Outline a theory of bereaved parenting.

PROGRAM OUTLINE

- I. Introduction: The Issue of Parenting after Loss (15 minutes)
- II. When a Child Dies (35 minutes)
 - A. Parental bereavement after the loss of a child
 - B. Challenges in parenting surviving children
 - C. Interventions
 - D. Summation: A theory of bereaved parenting
- III. Parenting Alone after the Death of a Spouse (25 minutes)
 - A. Spousal loss and raising children
 - B. Challenges to parenting
 - C. The issue of dating
 - D. Interventions
- IV. Conclusion (10 minutes)
- V. Questions and Answers (5-10 minutes)

CONTINUING EDUCATION

This program is available for 1.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each. A complete list of board approvals for this course is posted to HFA's website (at www.hospicefoundation.org).

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your

Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at <https://educate.hospicefoundation.org>).

*A complete list of board approvals is posted on HFA's website at www.hospicefoundation.org.

EXPERT SPEAKERS

Kenneth J. Doka, PhD, MDiv, is a professor of gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*[®] book series, its *Journeys* newsletter, and numerous other books and publications. Dr. Doka was elected president of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the board of directors of the International Work Group on Death, Dying and Bereavement and served as chairperson from 1997-1999. The Association for Death Education and Counseling presented him with an Award for Outstanding Contributions in the Field of Death Education in 1998. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. He has been the keynote speaker at conferences throughout North America as well as Europe, Asia, Australia, and New Zealand, and is a frequent guest on television and radio news programs. Dr. Doka is an ordained Lutheran minister.

Stephen Fleming, PhD, CPsych. In addition to his private practice with Fleming Vigna Balmer, Dr. Fleming is a Professor Emeritus in the Department of Psychology, Faculty of Health, at York University in Toronto, and a Consulting Psychologist with the Pilot Recruitment Programme at Air Canada. The author of numerous books, book chapters, articles, and presentations on the grief experience of children, adolescence, and adults, he has lectured in Canada, the United States, South America, Asia, and Europe. Dr. Fleming has qualified as an expert witness in litigation involving trauma, and he has served on the editorial boards of the *Journal of Palliative Care* and *Death Studies*. He has been the recipient of numerous awards and honours including the Noah Thorek Award for outstanding volunteer contribution to the Bereaved Families of Ontario; the Clinical Practice Award for outstanding contribution to clinical thanatology from the Association for Death Education and Counselling; the Dr. Beatrice Wickett Award for outstanding contribution to mental health education in Ontario; and the Citizen of Distinction Award from MADD Canada. Dr. Fleming served as Secretary-Treasurer of the International Work Group on Death, Dying, and Bereavement from 2005 - 2013. His co-authored book, "Parenting after the death of a child: A practitioner's guide" was published by Routledge in 2011.

Kim Ruocco, MCSW, is the Chief External Relations Officer for Suicide Prevention and Postvention for the Tragedy Assistance Program for Survivors (TAPS). Ms. Ruocco has been the keynote speaker at many national events and is regularly quoted in national newspapers articles on the topics of suicide, military culture, mental illness, PTSD, and Department of Veterans Affairs and Department of Defense policy matters. She assisted in the development of the Department of Defense Suicide prevention Office (DSPO) Postvention Toolkit and was a reviewer for the current national strategy for postvention. She and her sons were lead participants in the Sesame Street *When Families Grieve* video which is distributed internationally to families who have a recent death. Ms. Ruocco created a team of peer-professionals who provide care and comfort to nearly 5000 survivors of military suicide. Ms. Ruocco is currently the co-lead on the National Action Alliance Military and Family Task force and a member of the National Expert Advisory Panel for Research. She is also the surviving widow of Marine Corp Major John Ruocco, who died by suicide in 2005.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, The College of New Rochelle

BIBLIOGRAPHY/REFERENCES

Other organization's website:

The Compassionate Friends, www.compassionatefriends.org

Peer-reviewed Journal/resource:

Olson-Garriott, Amber N., Gamino, Louis, A., Davies, Elizabeth B., Gudmundsdottir, Maria. Having or adopting another child: Perspectives from bereaved fathers. *Professional Psychology: Research and Practice*, 2015, 46, 317-324. <http://dx.doi.org/10.1037/pro0000026>

Lichtenthal, W.G., Neimeyer, R.A., Currier, J.M., & Roberts, K. (2013). Cause of death and the quest for meaning after the loss of a child. *Death Studies*, 37, 311-342. DOI: 10.1080/07481187.2012.673533

Expert resources:

Our program Speakers are all expert resources

Textbook references:

Buckle, J., & Fleming, S.J. (2011). *Parenting after the death of a child: A practitioner's guide*. New York: Routledge.

Doka, K.J. (2014). *Helping Adolescents Cope with Loss* Washington, DC: Hospice Foundation of America

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

CONTACT INFORMATION

Hospice Foundation of America

1707 L Street NW, Suite 220

Washington, DC 20036

educate@hospicefoundation.org

1-800-854-3402 toll-free / (202) 457-5811 phone / (202) 457-5815 fax

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