

## CURRENT ISSUES IN PAIN MANAGEMENT AND END-OF-LIFE CARE

### DESCRIPTION:

Using a case study approach, this webinar will address pain management at the end-of-life, including issues surrounding the use of opioids, communication with patients and families, regulations, policy implications, and drug monitoring systems.

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### PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

<b>LIVE DATE:</b>	February 20, 2018
<b>TIME:</b>	Noon to 1:30pm ET
<b>ON DEMAND:</b>	Available for 30 days*
<b>LENGTH:</b>	90 minutes
<b>CEs:</b>	1.5 hours for a wide variety of professional boards
<b>CE FEE:</b>	\$9.00 per participant+ (individual registration includes 1 CE certificate)
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.**

**\*Registrants have access to the live webinar program and may access on-demand viewing for 30 days following the live event (until March 22, 2018). Registrations purchased after the live event date may be viewed on-demand for 30 days from the purchase date.**

**+CEs must be completed in the 30-day window.**

**All programs are available for purchase for one year following the live date.**

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### TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

[http://media01.commpartners.com/CP/browser\\_test/iframe.html](http://media01.commpartners.com/CP/browser_test/iframe.html)

**Technical Questions?** Please contact CommPartners at 1-800-274-9390 or via e-mail at: [hospice@commpartners.com](mailto:hospice@commpartners.com).

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## PROGRAM FEES/MATERIALS:

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

NON-MEMBERS:	HFA MEMBERS:	
\$46.00	\$34.50	Individual Registration
\$130.00	\$97.50	Multiple-Viewer Registration

\*If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

## HOW TO REGISTER:

Register directly online, on HFA's website: [www.hospicefoundation.org](http://www.hospicefoundation.org).

## REGISTRATION POLICY:

### Individual Registration

Provides one person, the registrant, access to the webcast for personal viewing.

### Multi-Viewer Registration

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people.

## MATERIALS AREA:

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

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## LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. Discuss assessment and management for challenging pain cases
  2. List key state and federal policies and guidelines regarding opioid use and abuse
  3. List key hospice assessment and management activities for patients at risk of opioid abuse
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## PROGRAM OUTLINE:

1. Background
  - a. Speaker introductions
  - b. Brief discussion of key principles of pain assessment and management
  - c. Brief background regarding opioid abuse and policy responses to it
2. Case 1- Mr. HG
  - a. Case background
    - i. 72 yo smoker with metastatic lung cancer
    - ii. History of IVDA, was methadone patient but now unable to go to program
    - iii. Daughter acknowledged he's using heroin again
    - iv. Hospital course
      1. Admitted for pain management
      2. Oncology had no further treatment to offer, recommended hospice
      3. Patient discharged to hospice on 3-day supply of opioids and naloxone prescription

- b. Case policy implications
    - i. Opioid abuse concerns
      - 1. CDC pain management guidelines
      - 2. 2016 Comprehensive Addiction and Recovery Act (CARA) key provisions
      - 3. Naloxone protocols
      - 4. Hospice and cancer patients excluded from current policies, growing reluctance to prescribe opioids related to abuse fears
    - c. Hospice potential actions in this case
      - i. Pain control with legal opioids
      - ii. Confirm patient's dose/compliance with previous methadone program
      - iii. Drug agreement/contract
      - iv. Limited day supply of opioids and/or lock-box in home
      - v. Involvement of full IDT for support
  - 3. Case 2- Ms. RM
    - a. Case background
      - i. 66 yo with serous carcinoma of peritoneum, now malignant ascites
      - ii. Multiple symptoms: complex pain, recurrent pressure with urge to defecate (tenesmus), xerostomia, dysgeusia, anorexia, nocturnal myoclonus and bladder spasms
    - b. Pain assessment/management process
      - i. Initial opioid pain regimen alone not successful
      - ii. Opioids rotated, adjuvant added
    - c. Hospice potential actions in this case
      - i. Provide expert pain management
      - ii. Emotional/social support in addition to symptom management
      - iii. Involvement of full IDT
  - 4. Case 3- Ms. ST
    - a. Case background
      - i. 65 yo with stage 4 CHF and chronic back/arthritis pain
      - ii. On high opioid doses for chronic pain for 2 years
      - iii. Referred to home hospice from cardiology clinic as no VAD or transplant options
    - b. Case policy implications
      - i. Concerns about potential abuse in patients with chronic pain/needing high opioid doses
      - ii. Substance abuse screening tools
      - iii. State pharmacy/drug registries
      - iv. Hospice EMR and internal education/policies
    - c. Hospice potential actions in this case
      - i. Screen for opioid/substance abuse using validated tool
      - ii. Consult state drug registry to confirm prescribing/dispensing history
      - iii. Monitor hospice opioid use and implement drug agreement/urine testing if warranted
      - iv. Involvement of full IDT for support
  - 5. Conclusion
    - a. Pain management challenging in some hospice cases
    - b. Requires pain management and support expertise, full IDT involvement
    - c. Policy and regulatory implications going forward
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## **CONTINUING EDUCATION (CE) CREDITS:**

This program is valid for 1.5 hours of CE credit. The CE cost is \$9 per certificate\*. CE credits for the live event are available for 30-days, until March 22, 2018. CE credits for the on-demand viewing must be completed in the 30-day window following registration purchase date. For sites that purchased year-long access, last possible date to receive CE credits is February 19, 2019.

A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

\*An individual registration includes 1 CE certificate

\*\*An Unlimited CE package is available for multi-viewer registrations. If purchased, the program organizer will be provided with a unique payment code to distribute to their attendees to use in place of payment online.

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## **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

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## **EXPERT PANELISTS:**

**Marian Grant, DNP, ACNP-BC, ACHPN, FPCN, RN**, is Director of Policy and Professional Engagement at The Coalition to Transform Advanced Care (C-TAC). Dr. Grant is a nurse practitioner, dually certified in Acute Care and Palliative Care/Hospice and an associate professor at the University of Maryland School of Nursing. In addition, she continues her clinical work on the University of Maryland Medical Center's Palliative Care Service. In 2015, Dr. Grant was a Robert Wood Johnson Foundation Health Policy Fellow and worked as a health policy staffer in Rep. Nancy Pelosi's (D-CA) office and at the Center for Medicare and Medicaid Innovation (CMMI) on their Medicare Care Choices Model.

**Hank Willner, MD**, Medical Adviser to Hospice Foundation of America, is Chief Medical Director at Holy Cross Home Care and Hospice, and Palliative Care Consultant at Holy Cross Hospital in Silver Spring, Maryland. He is certified both in Hospice and Palliative Medicine, and in Family Practice. Dr. Willner is a Clinical Assistant Professor of Family Practice at Georgetown University Medical School, and is a member of the Maryland State Advisory Council on Quality Care at the End of Life. He attended Yale University College and Medical School and completed his residency in Family Practice at the University of Virginia where he was the Chief Resident. From 1978-80, he served in the National Health Service Corps as a family practitioner in a large, rural, health clinic in Buckingham County, Virginia. In 1980, he founded a private, family practice in Northern Virginia where he worked until 2001, when he decided to change focus to Hospice and Palliative Medicine. Dr. Willner's special interests include the doctor-patient relationship, informed consent and bioethics.

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**CE Credits for this program may only be obtained through HFA.** CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

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**SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

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**CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

**CONTACT INFORMATION**

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