

Living with Grief[®]:
AGING AMERICA: COPING WITH LOSS, DYING, AND DEATH IN LATER LIFE

PROGRAM INFORMATION

DESCRIPTION:

America is aging at a rapid rate with 10,000 people in the U.S. turning 65 every day. Medicare is expected to include 80 million enrollees by 2040. The vast majority of this growing population will likely face multiple losses—spouse, partner, independence, identity—and complex medical care needs. How can mental health professionals, healthcare providers, clergy, bereavement counselors, and the wider community support the growing number of aging Americans through their losses and healthcare challenges in later life? Aging America panelists will integrate their expertise to deliver an in-depth discussion on innovative programs and new approaches to support older adults.

PROGRAM DETAILS:

This educational program combines a moderated discussion, informative interviews, and additional complimentary learning materials. Some registered sites may choose to use this program as a community outreach/engagement event.

- TARGET AUDIENCE:** Health professionals, psychologists, counselors, clergy, social workers, nurses, and other health care workers, educators, and community members who support older adults.
- CONTENT LEVEL:** The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
- RELEASE DATE:** March 12, 2019
- ON DEMAND:** to registered organizations through March 11, 2020
- LENGTH:** 2 hrs, plus 30-min post-program discussion at individual viewing locations
- CEs:** 2.5 hours of credit for a wide variety of professional boards
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PROGRAM REGISTRATION AND FEES:

Registration for each site (viewing location) includes online access to the program until March 11, 2020, one DVD* of the program, one companion book, 25 viewer guides for the audience, as well as online access to all support materials needed for hosting an event. Registration fees are as follows:

- **\$150.00** - Webcast + DVD (Non-Member Price)
- **\$112.50** - Webcast + DVD (HFA Member Price)

*DVDs will ship late February 2019

HOW TO REGISTER:

Online at: <https://hospicefoundation.org/HFA-Products/Living-with-Grief-2019>

By phone at: 202-457-5811

By email, fax, or mail via editable PDF by [clicking here](#) (direct link below)

(<https://hospicefoundation.org/hfa/media/Files/Registration-Form-Aging-America.pdf>)

LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. Describe both strengths and challenges that older persons face as they deal with loss in later life;
 2. Describe the ways that loss and grief may affect the health of older persons;
 3. Discuss constraints to older person's utilization of support groups and counseling and assess strategies to encourage use of appropriate services;
 4. Describe factors that may complicate advance care planning and end-of-life decisions in older persons;
 5. Describe the ways ensuring the ethical principles of autonomy, beneficence and justice should be balanced in complex cases involving older adults;
 6. Discuss how comprehensive care planning can help manage chronic illness and improve outcomes for older adults.
 7. Discuss life review and other interventive strategies to assist dying and bereaved persons in later life.
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PROGRAM OUTLINE:

- I. Loss in Later Life (60 minutes)
 - A. A Developmental, Cultural and Demographic Overview
 - B. Professional Responses to the Grief of Older Persons: A Pattern of Neglect
 - C. Disenfranchised Grief in Later Life
 - D. Surviving Later Life Losses
 1. Facilitating Factors
 2. Complicating Factors
 3. Interventive Strategies
 - E. Resilience in Later Life and the Value of Rituals
 - II. Dying in Later Life (60 minutes)
 - A. Advance Care Planning and Older Adults
 - B. Ethical Issues in Care and Treatment
 - C. Dying, Hospice, and Older Persons
 1. Complicating Factors for Optimal Care
 2. Potential Barriers to Care
 3. New Approaches to Medical Management in a Range of Settings
 - D. The Value of Life Review and Reminiscence
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CONTINUING EDUCATION (CE) CREDITS:

Offering and publicizing the availability of CEs will help you attract interested learners. This program is valid for 2.5 hours of CE credit; until March 11, 2020. The CE cost is \$21 per certificate.

A complete list of professional board approvals is posted on HFA's website at <https://hospicefoundation.org/HFA-Products/Living-with-Grief-2019>. Nursing, social work, family physician, counselor, nursing home administrator, funeral director, and more board approvals are available.

Registered organizations will have web access to print an official Certificate of Attendance for this course. Note: The Certificate of Attendance is not accepted by professional boards.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 2.5-hour program (2-hour video presentation plus 30-minute post-program discussion). Partial credit is not awarded.

Participants must also complete the entire CE process online, before the CE deadline of March 11, 2020:

- 1 - Go to educate.hospicefoundation.org and create an account
 - 2 - Enter the Course Code (Provided at the end of the program)
 - 3 - Enter the Site ID (Same as your order number from your purchase of the program)
 - 4 - Complete the exam. The exam must be completed at 80% or above to pass (the exam may be re-taken, if necessary)
 - 5 - Choose the board from which they wish to receive credit
 - 6 - Fill out the evaluation form
 - 7 - Pay for the certificate. (If your organization has arranged to pay for certificates, participants will enter the "Discount Code," provided to you, instead of entering payment information)
 - 8 - Print or email your CE certificate immediately
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MODERATOR:

Frank Sesno is director of the School of Media and Public Affairs at The George Washington University, a former anchor for CNN, and a longtime moderator of the *Living with Grief*® program. He is an Emmy-award winning journalist and creator of PlanetForward.org, a user-driven web and television project that highlights innovations in sustainability, and he is the author of *Ask More: The Power of Questions to Open Doors, Uncover Solutions and Spark Change*.

EXPERT PANELISTS:

Kenneth J. Doka, PhD, MDiv, is *Professor of Gerontology* at the Graduate School of The College of New Rochelle and *Senior Bereavement Consultant* to Hospice Foundation of America (HFA). He serves as editor of HFA's *Living with Grief*® book series and its *Journeys* bereavement newsletter. He is a prolific author, editor, and lecturer; past president of the Association for Death Education and Counseling (ADEC); and a member and past chair of the International Work Group on Death, Dying, and Bereavement (IWG). In 2018, the IWG presented Doka with the Herman Feifel Award for outstanding achievement in thanatology. He received an award for Outstanding Contributions in the Field of Death Education from ADEC in 1998. Doka is an ordained Lutheran minister and a licensed mental health counselor in the state of New York. This is Dr. Doka's 26th year of involvement with the *Living with Grief*® program.

Brian de Vries, PhD, is Professor Emeritus of Gerontology at San Francisco State University with adjunct appointments at Simon Fraser University (in Vancouver, BC) as well as the University of Alberta (in Edmonton, AB). He received his doctorate in life-span developmental psychology from the University of British Columbia in 1988, followed by a post-doctoral fellowship at the University of Southern California. He is a fellow of the Gerontological Society of America (GSA) and former board member of the American Society on Aging and former co-Chair of the LGBT Aging Issues Network. Dr. de Vries served on the Institute of Medicine's Board on the Health of Select Populations Committee producing *The Health of Lesbian, Gay, Bisexual and Transgender People: Building a Foundation for Better Understanding* (2011). Dr.

de Vries is former editor of *Sexuality Research and Social Policy* (2007-2011) and a former associate editor of *The International Journal of Aging and Human Development* (2000-2006) and *LGBT Health* (2013-2015). He has guest edited an additional six journals. In addition, he has edited (or co-edited) five books, including *Kinship Bereavement in Later Life* (1997), *End of Life Issues* (1999), *Narrative Gerontology* (2001), *Gay and Lesbian Aging* (2004) and *Community-Based Research in LGBT Aging* (2015); he has authored or co-authored over 100 journal articles, book chapters and professional publications; he has given over 150 presentations to professional audiences on the social and psychological well-being of midlife and older LGBT persons, bereavement, and life stories. His research has been funded by several grants from the National Institutes of Health, the Ford Foundation, the Social Sciences and Humanities Research Council of Canada, the Canadian Frailty Network, among other foundations and granting agencies.

Patricia Murphy, PhD, APN, FAAN, FPCN, is recently retired as the Clinical Ethicist at University Hospital, Newark, NJ. She is an associate professor in the Rutgers-New Jersey Medical School Department of Surgery. Dr. Murphy was a member of the New Jersey Bioethics Commission, the multidisciplinary body that developed the Advance Directive and Brain Death legislation in New Jersey and the NJHA Workgroup on POLST. Dr. Murphy did a fellowship in Health Care Ethics at Georgetown University and has more than 50 publications in the area of ethics and end-of-life care and has been selected as a Project on Death in America Faculty Scholar. For more than 35 years she has worked with patients who are dying and families who are acutely grieving. All of her clinical work has been in the acute care setting and she has been a principle investigator on 2 national grants to integrate palliative care into critical care.

REVIEWERS:

Pamela Kushner, MA, MD, FAAFP, *Clinical Professor Family Medicine*, University of CA Irvine

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, The College of New Rochelle

TECHNICAL REQUIREMENTS

To view the online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please be sure to test on the SAME equipment you will use on the day of the program viewing.

COPYRIGHT NOTICE:

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CE Credits for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for your organization prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

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