

## HELPING MOURNERS DEAL WITH JEALOUSY, GUILT AND SHAME IN BEREAVEMENT

### DESCRIPTION:

Grieving people may experience surprising and unsettling emotions after a death including jealousy, guilt and shame. This webinar will offer interventive strategies to help grieving individuals recognize, validate, and resolve such complicated reactions.

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### PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

<b>LIVE DATE:</b>	October 17, 2017
<b>TIME:</b>	Noon to 1:30pm ET
<b>ON DEMAND:</b>	Available for 30 days*
<b>LENGTH:</b>	90 minutes
<b>CEs:</b>	1.5 hours for a wide variety of professional boards
<b>CE FEE:</b>	\$9.00 per participant+ (individual registration includes 1 CE certificate)
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.**

**\*Registrants have access to the live webinar program and may access on-demand viewing for 30 days following the live event (until November 16, 2017). Registrations purchased after the live event date may be viewed on-demand for 30 days from the purchase date.**

**+CEs must be completed in the 30-day window.**

**All programs are available for purchase for one year following the live date.**

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### TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

[http://media01.commpartners.com/CP/browser\\_test/iframe.html](http://media01.commpartners.com/CP/browser_test/iframe.html)

**Technical Questions?** Please contact CommPartners at 1-800-274-9390 or via e-mail at: [hospice@commpartners.com](mailto:hospice@commpartners.com).

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## **PROGRAM FEES/MATERIALS:**

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

NON-MEMBERS:	HFA MEMBERS:	
\$46.00	\$34.50	Individual Registration
\$130.00	\$97.50	Multiple-Viewer Registration

\*If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

## **HOW TO REGISTER:**

Register directly online, on HFA's website: [www.hospicefoundation.org](http://www.hospicefoundation.org).

## **REGISTRATION POLICY:**

### **Individual Registration**

Provides one person, the registrant, access to the webcast for personal viewing.

### **Multi-Viewer Registration**

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people.

## **MATERIALS AREA:**

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

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## **LEARNING OBJECTIVES:**

At the conclusion of this webinar, participants will be able to:

1. Identify six different types of guilt experienced by individuals who are bereaved;
  2. Describe the ways that jealousy and envy can be evident in grief;
  3. Explain the relationships between shame and disenfranchised grief;
  4. List and describe three types of interventive strategies that can be used with individuals struggling with difficult emotions.
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## **PROGRAM OUTLINE:**

- I. Introduction: The Difficult Emotions of Grief
- II. Experiencing the Difficult Emotions of Grief
  - A. Guilt
    1. Guilt in grief
    2. Types of guilt
      - a. Causation
      - b. Moral
      - c. Role
      - d. Survivor
      - e. Grief
      - f. Recovery
  - B. Envy and Jealousy

1. The nature of jealousy
  2. Sources of jealousy
  - C. Shame
    - 1 Understanding shame
    - 2 Shame and disenfranchised grief
- III. Interventions
- A. Validation
  - B. Interventive Strategies
  - C. Therapeutic Ritual

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### **CONTINUING EDUCATION (CE) CREDITS:**

This program is valid for 1.5 hours of CE credit. The CE cost is \$9 per certificate\*. CE credits for the live event are available for 30-days, until November 16, 2017. CE credits for the on-demand viewing must be completed in the 30-day window following registration purchase date. For sites that purchased year-long access, last possible date to receive CE credits is October 16, 2018.

A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

\*An individual registration includes 1 CE certificate

\*\*An Unlimited CE package is available for multi-viewer registrations. If purchased, the program organizer will be provided with a unique payment code to distribute to their attendees to use in place of payment online.

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### **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

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### **EXPERT PANELISTS:**

**Kenneth J. Doka, PhD, MDiv**, is a professor of gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*<sup>®</sup> book series, its *Journeys* newsletter, and numerous other books and publications. Dr. Doka was elected president of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the board of directors of the International Work Group on Death, Dying and Bereavement and served as chairperson from 1997-1999. The Association for Death Education and Counseling presented him with an Award for Outstanding Contributions in the Field of Death Education in 1998. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. He has been the keynote speaker at conferences throughout North

America as well as Europe, Asia, Australia, and New Zealand, and is a frequent guest on television and radio news programs. Dr. Doka is an ordained Lutheran minister.

**Dale G. Larson, PhD**, is a Professor of Counseling Psychology at Santa Clara University, where he directs graduate studies in health psychology. He is a Fulbright Scholar, a Fellow in the American Psychological Association, and member of the International Work Group on Death Dying and Bereavement. Dale authored the award-winning book, *The Helper's Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness*, and was Senior Editor and a contributing author for *Finding Our Way: Living with Dying in America*, the Robert Wood Johnson funded national newspaper series that reached 7 million Americans. His scholarly publications on grief and loss, grief counseling, stress and stress management in health professionals, and self-concealment and secrets are widely cited, both in the scientific literature and in the popular media. He was the recipient of the Association for Death Education and Counseling Death Educator Award in 2016.

#### **REVIEWER:**

**Lynda Shand, CHPN, CNE, RN, PhD**, *Associate Professor*, The College of New Rochelle

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**CE Credits for this program may only be obtained through HFA.** CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

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#### **SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

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#### **CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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#### **FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

#### **CONTACT INFORMATION**

Hospice Foundation of America

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